

DIANA RIVADELO TAMONDONG-LACHICA, MD

CURRICULUM VITAE



Dr. Tamondong-Lachica's work centers around providing safe and quality health care for patients from all over. She is a prime mover of the Program for Healthcare Quality and Patient Safety, a flagship program of the UP College of Medicine, that led a multi-million project that assists the Department of Health (DOH), PhilHealth, and other stakeholders in formulating evidence-based policies and standards for hospitals to unify strategies and programs on patient safety nationwide towards clear and common targets. She is leading the formulation of clinical practice guidelines on Lifestyle Interventions that is expected to be the first in her country and explicitly designed to help providers and patients in lower resource areas. She has served as a consultant for the DOH on several occasions, sharing her expertise on evidence-based medicine (EBM), public health, and health policy. As an educator, she emphasizes the value of lifelong learning to her students and the importance of EBM to be able to give the best care to patients. As a researcher, she has published numerous manuscripts since 2013 on the impact of the quality of care provided to patient outcomes in the Philippines, United States, and other countries.

EDUCATION

College: University of the Philippines Manila,
Bachelor of Science in Public Health
1998 - 2002
Graduated Cum Laude and Valedictorian

Postgraduate: University of the Philippines College of Medicine
Doctor of Medicine
2002 - 2007
Graduated Cum Laude and Class Valedictorian

Philippine General Hospital
Internship Program
May 2006 - April 2007

Residency Training Department of Medicine - Philippine General Hospital 2008-2010
Chief Resident, Department of Medicine 2011

CURRENT AFFILIATIONS/EMPLOYMENT/POSITIONS

Position	Institution/Organization
Associate Professor 1 April 2016-present	University of the Philippines, College of Medicine Philippine General Hospital, Section of Adult Medicine <i>Promotes the practice of General Internal Medicine and its role in primary care. Actively involved in the training of residents as part of the Executive Committee and Training Core for the Department of Medicine.</i>
Course Coordinator MED 292 Clinical Elective in Medicine August 2018-present	University of the Philippines College of Medicine <i>Clinical rotation in internal medicine or any of its sub-specialties aimed at providing an in-depth appreciation of disease states, clinical decision making and patient care</i>

Overall Coordinator 2019-present	Quality Improvement and Patient Safety in the Department of Medicine (IM-QuIPS) <i>Committee under the UP PGH Department of Medicine that aims to develop strategies to standardize clinical practice, based on best available evidence and foster a culture of patient safety</i>
Member March 2019-present	Philippine General Hospital Quality Improvement and Patient Safety Committee (PGH QuIPS) <i>Committee that oversees quality improvement and patient safety initiatives in the Philippine General Hospital</i>
Chief Medical Officer	QURE Healthcare, Inc <i>US-based results-driven research and consulting firm committed to furthering health care quality. QURE's core technology platform, Clinical Performance and Value (CPV®) vignettes, is a validated measure of clinical practice used to reduce variation, raise quality, and lower cost of healthcare.</i>
AdHoc Committee Member (Policy Unit Coordinator) May 2016-present	Program for Healthcare Quality and Patient Safety (UPCM) <i>A Program with high level expertise and state-of-the-art facilities to develop the clinical competencies of health professionals; promote research development, policy formulation through transdisciplinary approach towards safer patient care and better health outcomes</i>
Fellow Member, 2016-present	Philippine College of Physicians, Most Outstanding Resident in IM Committee
Editor-in-Chief Journal of the Association of Philippine Medical Colleges 2016-present	Journal of the Association of Philippine Medical Colleges (JAPMC) <i>Peer-reviewed semi-annual publication of the Association of Philippine Medical Colleges Foundation, Incorporated (APMCFI). JAPMC intends to feature innovative, relevant and quality original manuscripts from faculty and students of the APMC member schools. The journal covers topics on biomedical and clinical sciences, medical education, medical informatics, medical humanities, and public health.</i>
Member June 2018-present	Drug Price Advisory Council of the Department of Health <i>A dedicated body composed of experts in health, trade and pharmaceutical policy from relevant institutions, who shall provide technical assistance to the DOH in setting mechanisms for the implementation of the maximum drug retail price as stipulated in the Cheaper Medicines Act.</i>
Project Lead April 2021-present	Philippine Guidelines on Periodic Health Examination (PHEX): Effective Screening for Diseases Among Apparently Healthy Filipinos <i>Developed in 2004 to guide health providers and patients on preventive health screening. As new evidence on preventive screening emerges and the enactment of the Universal Healthcare law, there is an urgent need to update the current existing outdated guidelines. In this light, the Department of Health and the Institute of Clinical of Epidemiology of the UP Manila National Institute of Health have recently concluded the PHEX Phase 1 updates that include 16 recommendations on some basic screening tests.</i> <i>The PHEX Phase 2 updates are currently underway and will include more comprehensive screening strategies and preventive interventions. Our task force aims to provide cost-effective and equitable recommendations on Lifestyle Interventions that will promote health and prevent disease.</i>

PRIOR AFFILIATIONS/EMPLOYMENT

Sept 2012-2013

Consultant, Interim Support Group (Quality of Care)

Health Policy Development Program, UP School of Economics

- Oct 2012-April 2014 Consultant Staff, The Medical City Center for Wellness and Aesthetics and Department of Internal Medicine, Ortigas Avenue, Pasig City
Vice-Chair, Clinical Pathways and Guidelines Committee, The Medical City
Lecturer, Ateneo School of Medicine and Public Health, Pasig City
Lecturer and Part-time Assistant Professor I, Department of Physiology and
Department of Medicine, San Beda College of Medicine, Mendiola, Manila
Lecturer, Topnotch Board Prep
- 2014-2015 Member, Advocacy Committee, Philippine College of Physicians
- 2013-2020 Member, Residency Training Program Committee, Philippine College of Physicians
- 2016-2020 Member, Primary Care Committee, Philippine College of Physicians
- 2016-2020 President, Philippine Society of General Internal Medicine (PSGIM)
An organization of general internists dedicated to the assurance of competent, compassionate and holistic care for adult Filipino. Our mandate is to advocate General Internal Medicine as a viable practice and as a core medical competency
- 2013-2020 Member of Board of Trustees, PSGIM
- 2018- 2021 Project Development Officer III, UP College of Medicine Patient Safety Project
Under the Advancing Health through Evidence-Assisted Decisions with Health Policy and Systems Research (AHEAD-HPSR) Program of the Department of Health

PUBLICATIONS

- 2021** Strong, J, Weems L, Burgon T, Branch J, Martin J, Paculdo D, **Tamondong-Lachica D**, Cruz J and Peabody J. "Initiative to Improve Evidence-Based Chronic Obstructive Pulmonary Disease Hospitalist Care Using a Novel On-Line Gamification Patient Simulation Tool: A Prospective Study." *Healthcare*, vol. 9, no. 10, Sept. 2021, p. 1267. DOI.org (Crossref), <https://doi.org/10.3390/healthcare9101267>.
- Peabody J, Schrecker J, Heltsley R, Paculdo D, de Belen E, **Tamondong-Lachica D**, Acelajado MC, Ouenes O, Kennedy T, Jeter E. Randomized Trial to Improve Primary Care Patient Management and Patient Outcomes Using a Drug–Drug Interaction Test: Confirmation of the DECART Simulated Patient Clinical Utility Trial Results. *Diagnostics*. 2021; 11(7):1266.
<https://doi.org/10.3390/diagnostics11071266>
- 2020** Peabody J, Paculdo D, **Tamondong-Lachica D**, Cabaluna IT, Gunn J. Randomized Trial on the Clinical Utility of a Novel Biomarker Panel to Identify Treatable Determinants of Chronic Pain. *Diagnostics*. 2020; 10(8):513. <https://doi.org/10.3390/diagnostics10080513>
- John W Peabody, Klara Oskombaeva, Memerian Shimarova, Venera Adylbaeva, Kanzaada Dzhorupbekova, Irina Sverdlova, Venera Shukurova, Zhyldyz Abdubaliev, Natalya Gagloeva, Ainura Kudayarova, Aizhamal Asanbekova Mukanbetovna, Nurgul Shoonaeva Dzhumagazievna, Violetta Vibornykh, Mimoza Satybaldieva Zhorobekovna, Enrico de Belen, David Paculdo, **Diana Tamondong-Lachica**, Daniel Novinson, Czarlota Valdenor, and Gyorgy Fritsche. A nationwide program to improve clinical care
- Harold Henrison C. Chiu, Ma. Sergia Fatima P. Sualdito, Ebner Bon G. Maceda, Jan Andrei S. Montemayor, **Diana R. Tamondong-Lachica**. Clinical features of Senior–Loken syndrome with IQCB1/NPHP5 mutation in a Filipino man. *J Genet Med* 2020;17(1):1-4.
<https://doi.org/10.5734/JGM.2020.17.1.1>

G Malijan, J Cerrado, **D Tamondong-Lachica**. Factors affecting readmission and post discharge consult at the Philippine General Hospital, *European Journal of Public Health*, Volume 30, Issue Supplement_5, September 2020, ckaa166.496, <https://doi.org/10.1093/eurpub/ckaa166.496>

- 2019** Michael Yurso, MD; Brent Box, MD, Trever Burgon, PhD; Loran Hauck, MD; Krystyna Tagg, RN; Kathleen Clem, MD; David Paculdo, MPH; M Czarina Acelajado, MD; **Diana Tamondong-Lachica, MD**; John W Peabody, MD PhD. Reducing Unneeded Clinical Variation in Sepsis and Heart Failure Care to Improve Outcomes and Reduce Cost: A Collaborative Engagement with Hospitalists in a MultiState System. *Journal of Hospital Medicine* 2019;14:XXXXXX.
- Jon M. Richards, Trever B. Burgon, **Diana Tamondong-Lachica**, Jacob D. Bitran, Wilfredo L. Liangco, David R. Paculdo, and John W. Peabody. Reducing Unwarranted Oncology Care Variation Across a Clinically Integrated Network: A Collaborative Physician Engagement Strategy. *Journal of Oncology Practice* 2019 15:12, e1076-e1084
- 2018** Steven Bergmann, Mary Tran, Kathryn Robison, Christine Fanning, Simran Sedani, Janet Ready, Kelly Conklin, **Diana Tamondong-Lachica**, David Paculdo, John Peabody. Standardising hospitalist practice in sepsis and COPD care. *BMJ Qual Saf Epub ahead of print*: doi:10.1136/bmjqs-2018-008829
- 2017** Recto, M., Genuino, M., Castor, M., Casis-Hao, R. J., **Tamondong-Lachica, D. R.**, Sales, M., ... PSAAI and the PSPGHAN (2017). Dietary primary prevention of allergic diseases in children: the Philippine guidelines. *Asia Pacific allergy*, 7(2), 102–114. doi:10.5415/apallergy.2017.7.2.102
- UPecon-Health Policy Development Program (HPDP). The Challenge of Reaching the Poor with a Continuum of Care: A 25-Year Assessment of the Philippine Health Sector Performance. ["A Commentary on the Philippine Health Sector Review" with John W. Peabody and **Diana R. Tamondong-Lachica**]. Quezon City, 2017.
- Peabody, J.W., DeMaria, L.M., **Tamondong-Lachica, D.** et al. Impact of a protein-based assay that predicts prostate cancer aggressiveness on urologists' recommendations for active treatment or active surveillance: a randomized clinical utility trial. *BMC Urol* 17, 51 (2017). <https://doi.org/10.1186/s12894-017-0243-1>
- 2016** Riti Shimkhada, Orville Solon, **Diana Tamondong-Lachica** and John W. Peabody. Misdiagnosis of obstetrical cases and the clinical and cost consequences to patients: a cross-sectional study of urban providers in the Philippines. *Glob Health Action* 2016, 9: 32672 - <http://dx.doi.org/10.3402/gha.v9.32672>
- Timothy Kubal, Doug G Letson, Alberto A Chiappori, Gregory M Springett, Riti Shimkhada, **Diana Tamondong Lachica**, John W Peabody. Longitudinal cohort study to determine effectiveness of a novel simulated case and feedback system to improve clinical pathway adherence in breast, lung and GI cancers. *BMJ Open* 2016;6:e012312. doi:10.1136/bmjopen-2016-012312
- Peabody, J., Paculdo, D., **Tamondong-Lachica, D.**, Florentino, J., Ouenes, O., Shimkhada, R., Demaria, L., Burgon, T.. Improving Clinical Practice Using a Novel Engagement Approach: Measurement, Benchmarking and Feedback, A Longitudinal Study. *Journal of Clinical Medicine Research*, North America, 8, Jul. 2016
- 2015** John Williamson Peabody, Trever Bradley Burgon, **Diana Tamondong-Lachica**, Lisa DeMaria. "Evaluation of Clinical Practice among Urologists Caring for Patients with Early Stage Prostate Cancer." 2015 ASCO Annual Meeting , May 29 - June 2, 2015. Abstract accepted; In press.

John Peabody, MD, PhD,, Lisa DeMaria, MA, **Diana Tamondong-Lachica, MD**, Jhiedon Florentino, MS, Maria Czarina Acelajado, MD, and Trever Burgon, PhD. Low Rates of Genetic Testing in Children With Developmental Delays, Intellectual Disability, and Autism Spectrum Disorders. *Global Pediatric Health* January-December 2015: 1–10 " The Author(s) 2015. DOI: 10.1177/2333794X15623717

- 2014** Kubal T, Letson D, Fields K, Levine R, Andrews C, Hamm J, **Tamondong-Lachica D**, Shimkhada R, Peabody JW. "Building a Provider Network Based on Quality: the Moffitt Oncology Network Value Initiative." American Society of Clinical Oncology (ASCO) Quality Care Symposium, October 17-18, 2014. Abstract accepted, In press.
- 2013** Fields KK, Soliman HH, Friedman EL, Lee RV, Acelajado MC, **Tamondong-Lachica D**, Peabody JW. "Measuring Clinical Pathway Compliance Using a Simulated Patient Approach with Clinical Performance and Value (CPV®) Vignettes." *J Clin Oncol* 31 (suppl 31; abstr 96), 2013

AWARDS RECEIVED

- 2011** **3rd Placer, 2011 Philippine Specialty Board of Internal Medicine Examination**
Finalist, Philippine College of Physicians (PCP) Servier Exemplar Award in Residency Training
Champion, PCP Manila Chapter Inter-hospital Clinico-Pathologic Contest
- 2009** 1st Runner-up, PCP-Pfizer Medical Quiz Show (Sofitel Hotel Manila)
- 2008** Nominee, Most Outstanding Resident (2nd year) in Internal Medicine, UP-PG
Nominee, Most Outstanding Resident (1st year) in Internal Medicine, UP-PGH
Champion, Philippine Heart Center Interhospital Quiz Show (Crowne Plaza Ortigas) (UP-PGH Team Member)
- 2007** **3rd Placer, August 2007 PRC Physician Licensure Examination**
Augusto M Camara Award for Most Outstanding Medical Graduate
Gregorio T Alvior Jr Award for Academic Excellence
Valedictorian, UP College of Medicine Class 2007
Cum Laude, Doctor of Medicine UP College of Medicine
2nd place, Ten Outstanding Interns of 2007 UP-PGH
Most Outstanding Intern in Family Medicine,
Outstanding Intern in Pediatrics, Medicine
- 2006** Finalist for NCR: Ten Outstanding Students of the Philippines (TOSP)
Outstanding Clinical Clerk in Medicine and Pediatrics
- 2005** Most Outstanding Integrated Clinical Clerk (ICC) in Medicine
- 2002** **Valedictorian, UP College of Public Health Class 2002**
Cum Laude, BS Public Health UP Manila
- 1998** Silver Medalist, Manila Science High School Class 1998
- 1994** Valedictorian, Justo Lukban Elementary School Class 1994

LECTURES GIVEN/ SPEAKING ENGAGEMENTS/WORKSHOPS FACILITATED

- 2021** Facilitator, Consensus Panel for Treatment
Philippine COVID-19 Living Recommendations
- 2019-2020** Workshop Director, "Strengthening Primary Care Practice in IM: Primary Care Module for Integration into Internal Medicine."
February 19, 2020 Chong Hua Hospital
PSGIM and PCP Committee on Primary Care in Partnership with the PCP Residency Training Program.

- 2019 Facilitator, "Overview of the Clinical Practice Guideline Development for Stakeholders"
August 15-16, 2019 Rizal Park Hotel
Organized by NIH Institute of Clinical Epidemiology, Foundation for the Advancement of Clinical Epidemiology. Sponsored by DOH-PCHRD.
- 2018 Speaker, "Discharge Planning: Maximizing Home Care when Patients May Go Home"
48th Annual PCP Convention "One Internal Medicine for Patient-centered Care"
May 1, 2018 SMX Convention Center
- 2015 Speaker, "Preventive Health Checks: Care or Scare?"
Simultaneous Symposia
45th Annual PCP Convention "Lead with Integrity, Heal with Compassion"
May 11, 2015 Marriott Grand Ballroom
- 2013 Facilitator, "How to Practice and Teach Evidence-Based Medicine"
Workshop by the Asia Pacific Center for Evidence-Based Medicine
June 13-16, 2013, Diamond Hotel, Manila
- Lecturer/Facilitator, Protocol Writing Workshop of the 2nd Annual Orthopedic Linkage MSD Research Bootcamp
February 16-17, 2013 Rustica Restaurant, Quezon City
- Lecturer/Facilitator, Food and Drug Administration Evidence-Based Medicine Workshop
January 31 to February 1, 2013 FDA Alabang, Muntinlupa
- 2012 Lecturer/Facilitator, Protocol Writing Workshop of the 1st Annual Orthopedic Linkage – MSD Research Bootcamp
February 9-11, 2012 Max's Scout Tuazon, Quezon City
- Lecturer/Facilitator, Protocol Writing Workshop
Makati Medical Center, Center of Orthopedics, Sports Medicine and Dance
April 21-22, 2012 Makati Medical Center
- Facilitator, "How to Practice and Teach Evidence-Based Medicine"
Workshop by the Asia Pacific Center for Evidence-Based Medicine
June 14-17, 2012 CSB Hotel, Manila
- Speaker, Joint Operation and Action Summit of the Department of Health and PhilHealth
June 27-29, 2012 Oriental Hotel Legazpi, Albay
- 2011 Panelist/Inspirational Speaker, 1st National Medical Students' Convention, Organized by the Asian Medical Students Association - Philippines
April 2-3, 2011 Buenafe Hall, UP College of Medicine