

curriculum vitae

Tânia Raquel Vieira

Psychiatrist



Nationality: Portuguese

Date of Birth: 15/07/1987

Address: Rua 25 de Abril, s/n, 3050-419 Pampilhosa

Email: taniavdasilva.md@gmail.com

Phone: 00351 914562287

Professional Address: Praceta Prof. Mota Pinto, 3000-075 Coimbra

Professional email: 10627@chuc.min-saude.pt

Academic training

Pre-university studies

- 1993-1997 Tomás da Cruz Elementary School - Pampilhosa
- 1997-2002 Basic School 2nd and 3rd Cycles of Pampilhosa
- 2002-2005 Jaime Cortesão Secondary School - Coimbra

Academic training

- 2006-2012 Integrated Master's degree in Medicine, Faculty of Medicine, University of Coimbra

Master's thesis titled "***The Potential Role of CRF (Corticotropin-Releasing Factor) in the Treatment for Cocaine Addiction***", in the form of review article, in the scientific area of Pharmacology and under the guidance of Mr. Dr. Frederico Pereira.

I presented this work in public tests in the school year of 2012, having obtained the classification of 18 values.

Supervised training

Joint year of residency

- 01/01/2013 to 31/12/2013 I performed the joint year of medical residency at the Hospital and University Center of Coimbra under the supervision of Prof. Dr. Armando Carvalho, Director of the Medical Boarding School of chuc. The Common Year program lasted 12 months in exercise in various medical-surgical valences.

Specific Training in Psychiatry

01/01/2014 to 31/12/2018

The internship program comprised the internships listed: Internship in Male and Female Inpatient Service (24M), Hospital Dia (6M), Additive Behavior Treatment Service (4M), Community Psychiatry,

Liaison Psychiatry in General Hospitals (3M), Neurology (3M), Childhood and Adolescence Psychiatry (6M), Eating Behavior Disorders (3M), Forensic Psychiatry (3M), Psychiatric rehabilitation.

During the boarding school I also performed External Consultation, Emergency Psychiatric Service, and court psychiatric evaluations.

Degree of Specialist

Conclusion of the final evaluation of the Medical Hospital in Psychiatry on 04/16/2019 with the final classification of **19.88 values**, being the best classification of the exam season.

Hospital Activity

Psychiatric Hospital Assistant at Coimbra Hospital and University Centre since September 2019

Inpatient service

Since September 2019 Women's Psychiatric Inpatient Service

Outpatient service

General Psychiatry Consultations
Additions Consultations
Tobacco Addition Consultations
Liaison psychiatry consultations - Infectious Diseases
Consultations Eating Disorders

Emergency Service

Psychiatry emergency

Expert Activity

Medical-Legal expertise evaluations requested by the National Institute of Legal Medicine and distributed to the Psychiatric Service of chuc, in the scope of Criminal Law, Civil Law and Family and Minors Law and Mental Health Law.

Clinical-Psychiatric evaluations for the need for compulsory hospitalization under the Mental Health Law, no. 36/98 of 24/7 at scheduled times (Article 17 of the LSM, no. 36/98) and in the emergency psychiatric service (Article 22 of the LSM, no. 36/98).

Clinical Reports Conducting clinical reports with clinical information, requested by patients, Family Doctor and other colleagues, Social Security (for the purpose of Medical Board), Children rights protection commission and Court.

Electroconvulsive Therapy

Clinical Direction of the Dorial Mental Health Therapeutic Community Inpatient clinic for the treatment of substance addiction disorders and rehabilitation, based in Luso, Portugal.

Formative Activities

- Scientific meetings**
- **V Forum of Good Practices in Mental Health**, 23-25 October 2014, at the Bissaya-Barreto Events Center - Auditorium, Coimbra
 - **1st Ibero-Brazilian Congress of Dual Pathology**, "Dual Pathology: Integrating additions in mental health", 6-8 March 2014, Coimbra
 - **II Early Intervention Meeting in Psychosis**, 9 and 10 April 2015, Coimbra
 - **10th meeting on Suicidal Behaviors**, 25-27 September 2014, at the Grande Hotel do Luso - Luso
 - **CHUC Psychiatric Week: Good Practices in Mental Health**, September 25-26, 2015, at Bissaya- Barreto Events Center - Auditorium, Coimbra
 - **II Ibero-Brazilian Congress of Dual Pathology and Addictive Behavior**, March 5-7, 2015, Coimbra
 - **IV International Congress of Dual Disorders Addictions and other Mental Disorders**, 17-20 April 2015, Barcelona, Spain
 - **XI National Congress of Psychiatry**, 19 to 21 November 2015, Vilamoura
 - **XXXIV Brazilian Congress of Psychiatry**, 4 to 7 November 2015, Florianópolis - Brazil
 - **12th European Opiate Addiction Treatment Association Conference (Europad Conference)**, 27-29 May 2016, Leiden, Netherlands

- **VII Forum Good Practices in Mental Health** ,29 and 30 September 2016, Grande Hotel da Curia, Luso
- **XI Days on suicidal behaviors**, 29 and 30 September 2016, Grande Hotel da Curia, Luso

- **VI International Congress of Dual and Adictive Pathology**, 1 to 3 June 2016, Lisbon

- **XXI Meeting of the Portuguese of Psychiatry Consiliar/Liaison and Psychosomatic**, 8 to 9 March 2017, Leiria

- **First Congress of the World Association on Dual Disorders (WADD) & Fifth International Congress of Spanish Society on Dual Disorders (SEPD)**, 22-26 March 2017, Madrid, Spain

- **VII National Congress of Dual Pathology**, 22-23 June 2017, Lisbon

- **16th Annual Improving Outcomes in the treatment of Opioid Dependence (IOTOD)**, May 15-16, 2018, Madrid, Spain

- **VII Good Practices in Psychiatry Forum**, 18 and 19 October 2018, Coimbra

- **17th Congress of Legal Medicine and Forensic Sciences**, 22-24 November 2018, Coimbra

Postgraduate Courses and Workshops

- Advanced Life Support Course, taught by Prof. Dr. Paulo Martins with the collaboration of other elements of the Intensive Medicine Service of CHUC, 2013

- **Sociodramatic Group for PISACC Technicians** - Director: Dr. Célia Franco, Ego auxiliary: Dr.ª Joana Maia (Portuguese Association of Dual Pathology), duration of 6 hours, 2014, Coimbra

- **Workshop of "Opioid Therapy"**, integrated in the scientific program of the V Forum of Good Practices in Mental Health, duration of 4h, 2014, Coimbra

- **Workshop of "Clinical Neuropsychology in Dual Pathology: Evaluation and Rehabilitation Techniques"** at the 1st Ibero-Brazilian Congress of Dual Pathology, 2014, Coimbra

- **Thematic Cycle on Bipolar Disorder**, 17h-18:30 at the Huc-CHUC Congress Center, Moderators: Dr.ª Zulmira and Dr.

António Reis Marques, Coimbra

- **Course on Bipolar Affective Disorder "Controversies and Dilemmas"**, organized by the Study Group of Mood Disorders of the CRI of Psychiatry and Mental Health of CHUC, 2 and 3 July 2015, Coimbra

- **Course of Transcranial Magnetic Stimulation and Neuronavigation**. Organization: Noninvasive Brain Stimulation Unit (UNIEC), CHUC Psychiatry CRI, January 15, 2015, Coimbra

- **Course on Depressive Disorder "From Research to Clinical Practice"** organized by the Humor Disorders Study Group of CRI Psychiatry and Mental Health of CHUC, June 30 and June 1, 2016, Coimbra

- **Workshop "Communication of Bad News"**, held in the framework of the XXI Meeting of the Portuguese Group of Consiliar Psychiatry/Psychosomatic Liaison, 8 and 9 March 2017, Leiria

- **Workshop "Perinatal Program"**, held in the framework of the XXI Meeting of the Portuguese Group of Consiliar/Liaison and Psychosomatic Psychiatry, 8 and 9 March 2017, Leiria.

- **Workshop on the application of *mindfulness-based stress reduction*** in perinatal mental health, held in the framework of the XXI GPPCLP Meeting, 8 March 2017, Leiria

- **Future Leaders in Addiction Medicine (FLAME) Course**, 3-4 July, Lisbon

- **VIII Intensive Theoretical-Practical Course of Updating in Electroconvulsive Therapy (TEC)**, 25 and 26 October 2018, Madrid, Hospital Clinico San Carlos, 22 hours

- **PANSS Workshop**, December 7, Coimbra

- **PSP Workshop**, December 7, Coimbra

- **Mendely: Automatic bibliographic references manager**, 12 March 2021, University of Coimbra, online

Psychotherapies Course of Family and Systemic Therapy (Year 1 -150hours) by
2016/2017 the Portuguese Society of Family and Systemic Therapy

Academic Master's degree in Legal Medicine and Forensic Sciences

2018-2020 Master's degree in Legal Medicine from the Faculty of Medicine of the University of Coimbra with the final classification of 17 values. Dissertation with the guidance of Prof. Dr. Joaquim Cerejeira with the title: "**The Relationship of substance abuse with psychopathology in a reclusive population.**"

Doctoral Programme in Health Sciences

Since 2021 PhD student at University of Coimbra (Faculty of Medicine)

Language Skills

mother tongue Portuguese

English Understanding - C2
Oral production - C2
Written production - C2

Spanish Understanding - C1
Oral production - B2
Written production - B1

French Understanding - A2
Oral production - A2
Written production - A2

Scientific activity

Publications in international journals *Tania Silva, Mariana Jesus, César Cagigal, Carla Silva. Food with Influence in the Sexual and Reproductive Health.* Curr Pharm Biotechnol. 2018 Sep 25. Doi: 10.2174/1389201019666180925140400. (Q2) - review study

Diana Loureiro, Ana Machado, Tânia Silva, Tânia Veigas, Carlos Ramalheira, Joaquim Cerejeira, Higher Autistic among criminals,

but no link to Psychopathy: Findings from a high-security prison in Portugal, Journal of Autism and Developmental Disorders, April 2018, DOI: 10.1007/s10803-018-3576-z (Q1) – descriptive study

Ana Machado, Diana Loureiro, Tânia Silva, Tânia Veigas, Joaquim Cerejeira, **ADHD Among Offenders: Prevalence and relationship with psychopathic traits**, Journal of Attention Disorders 1–9, DOI: 10.1177/1087054717744880 (Q1) - descriptive study

César Cagigal, Tania Silva, Mariana Jesus, Carla Silva. **Does diet affect the symptoms of ADHD? Curr Pharm Biotechnol.** 2018 Sep 25, DOI:10.2174/1389201019666180925140733. (Q2) - review study

Mariana Jesus, Tania Silva, César Cagigal, Carla Silva. **Dietary Patterns: A new therapeutic approach for depression? Curr Pharm Biotechnol.** 2018 Sep 25. DOI: 10.2174/1389201019666180925122116. (Q2) - review study

Submitted for publication Raquel Guiomar, Andreia Martins¹, Sara Samarra, Mariana Rodrigues, Vera Martins, Mariana Jesus, Filipe Fernandes, Inês Alves, Tânia Silva, Ana Ganho-Ávila, **Adaptation and preliminary validation of the Montgomery-Åsberg Depression Rating Scale (MADRS) using the Structured Guide Interview (SIGMA) for European Portuguese**, 2021

Tânia Silva, Diana Loureiro, Ana Machado, Joaquim Cerejeira, **The association of Attention Deficit Hyperactivity Disorder and Substance Use Disorder with anticipation of criminal behavior and worse criminal course: A Prison Study**, 2021

Tânia Silva, Sofia Ferreira, Pedro Esteves, Joaquim Cerejeira, **Postpartum Psychosis presentation of Steroid-Responsive Encephalopathy associated with Autoimmune Thyroiditis (SREAT)**, 2021

Publications in national journals Tânia Silva, Mariana Jesus, Joana Silva, Filipe Vieira, Vera Martins, Maria José Piçarra, Fernanda Duarte, **Pseudociese, Delusional Pregnancy or Simulation?: clinical case**, Revista de Psiquiatria Consiliar e de Ligação, article in publication, ISSN: ISSN 0873-612X (DOC77) – clinical case

Joana Ribeiro, Pedro Oliveira, Adriana Pestana Santos, Tânia Silva, Nuno Madeira, From "Bouffée Delirant" to Acute and Transient Psychotic Disorder: Revisitation of the concept on a clinical case, *Psilogos Revista do Serviço de Psiquiatria do Hospital Professor Fernando Fonseca*, Vol. 14, nº2, December 2016, ISSN 1646-091X – *clinical case*

Joana Silva, Filipe Vieira, Tânia Silva, Ilda Murta, Graça Santos, Depression in Cancer Patients, *Revista de Psiquiatria Consiliar e de Ligação*, Vol. 25 nº1 e nº2, 2017 – ISSN 0873-612X - *descriptive study*

Abstracts published in scientific journals

Tânia Silva, Teresa Carvalhão, Marta Fernandes, Joana Silva, Cognitive decline induced by cerebral radiotherapy: What to do?. European Psychiatry, Volume 33, Supplement, S622-623, 2016, doi.org/10.1016/j.eurpsy.2016.01.1840

Marta Gonçalves, Tânia Silva, Zulmira Santos, Gender Differences among involuntary patients admitted in a psychiatric service during 2014, *European Neuropharmacology*, Volume 25, Supplement 2, September 2015, pages S372-S373, doi.org/10.1016/S0924-977X(15)30481-8

Cesar Cagigal, Teresa Carvalhão, Tânia Silva, Elisabete Albuquerque, Mariana Jesus, Carla Silva, Vera Martins, Célia Franco, Mariana Marques, Sleep disturbances in individuals with alcohol use disorders, *European Psychiatry*, Volume 48, 2018, S453-S764, ISSN 0924-9338

Teresa Carvalhão, Tânia Silva, M^a José Piçarra, Graça Santos, Antipsychotics in pregnancy, *European Psychiatry*, Volume 30, supplement 1, 2015, page 1936, doi.org/10.1016/S0924-9338(15)32136-2

Ana Machado, Diana Rafaela, Tânia Silva, Joaquim Cerejeira, Association between ADHD and psychopathology among prison inmates, *25th European Congress of Psychiatry*, *European Psychiatry* April 2017 41 Supplement:S263, 10.1016/j.eurpsy.2017.02.076

Diana Loureiro, Ana Machado, Tânia Silva, Tânia Viegas, Joaquim Cerejeira, Association between ADHD and psychopathy among inmates in a high-security prison in Portugal, *25th European Congress of Psychiatry*, *European Psychiatry* April 2017 41, Supplement:S311, 10.1016/j.eurpsy.2017.02.213

Communications at international scientific meetings Tania Silva, Celia Franco, **PHDA and substance use**, VI International Congress on Dual and Addictive Pathology, 1-3 June 2016, Lisbon - Communication by *invitation*

Célia Franco, Tania Silva, João Franco, **Substance induced psychoses: diagnostic stability**, XVI World Congress of Psychiatry Madrid, Spain, 14-18 September 2014, Madrid, Spain

Célia Franco, Carla Torres, Maria Peres, Artur Furet, Vladimiro Andrade, Tania Silva, João Franco, **Day Hospital in treatment of dual patient**, XVI World Congress of Psychiatry Madrid, Spain, 14-18 September 2014, Madrid, Spain

Tânia Silva, Marta Gonçalves, M^a José Piçarra, **Wernicke-Korsakoff Syndrome: Clinical Case**, II Ibero-Brazilian Congress of Dual Pathology and Addictive Behaviors, 5-7 March 2015 in Coimbra - oral *communication*

Tania Silva, Célia Franco, **Opioid Therapy in the Treatment of Alcohol Dependence: Case series of patients with Nalmefene at UPD**, II Ibero-Brazilian Congress of Dual Pathology and Addictive Behaviors, March 5-7, 2015 in Coimbra - guest speaker - Communication by *invitation*

Tania Silva, **Pharmacological interventions in dual patients**, IV International Congress of Dual Disorders Addictions and other Mental Disorders, 17-20 April 2015, Barcelona, Spain – Communication by *invitation*

Tania Silva, **New approaches in the patient and dual: Specialized Transcranial Magnetic Stimulation**, XXXIV Brazilian Congress of Psychiatry, 4 to 7 November 2015 in Florianópolis, Brazil - free *communication*

Tânia Silva, Vera Martins, Elizabete Albuquerque, Cesar Cagigal, Carla Silva, Célia Franco, **The use of opioid treatment in psychiatric disorders**, 12^a Europad Conference, Leiden, Holanda – *comunicação livre*

Tania Silva, **Complex Pictures in Dual Pathology: PHDA and Substance Use**, VI International Congress on Dual Pathology and Addictive Behaviors, June 1-3, 2016, Lisbon - *Free Communication*

Tânia Silva, Célia Franco, Recovery in **Dual Patients**, First

Congress of the World Association on Dual Disorders (WADD) & Fifth International Congress of Spanish Society on Dual Disorders (SEPD), 22-26 March 2017, Madrid, Spain - Communication by *invitation*

Tânia Silva, **Psychopathology in the patient with tobacco Dependence**, First Congress of the World Association on Dual Disorders (WADD) & Fifth International Congress of Spanish Society on Dual Disorders (SEPD), 22-26 March 2017, Madrid, Spain - Communication by *invitation*

Gonçalo Santos, Mariana Jesus, Tânia Silva, Ilda Murta, Goreti Almeida, Tiago Silva, Vilson Fernandes, Filipa Murta, Aurea Andrade, Horacio Firmino, **The COVID-19 impact on mental health of people living at the community with and without the infection**, WPA, Thematic Congress on intersectional collaboration, 10-12 December 2121, online

Posters at international scientific meetings

Tânia Silva, Maria José Piçarra, **Ovary hormones and addictive behavior**, II Ibero-Brazilian Congress of Dual Pathology and Addictive Behaviors, March 5-7, 2015 in Coimbra
* **Poster awarded for second place.**

Teresa Carvalhão, Tânia Silva, M^a José Piçarra, Graça Santos, **Antipsychotics in pregnancy**, 23rd European Congress of Psychiatry, 28-31 March 2015 in Vienna, Austria

Tânia Silva, David Mota, Célia Franco, Vera Martins, Filomena Neto, **Withdrawal syndrome in gambling dependence?**, XXXIV Congresso Brasileiro de Psiquiatria, 4-7 November 2015 in Florianópolis, Brazil

Tânia Silva, Teresa Carvalhão, **Good cop, bad cop: role of the opioid system in pathogenesis and in the treatment of alcohol addiction**, IV International Congress of Dual Disorders Addictions and other Mental Disorders, 17-20 April 2015, Barcelona, Spain

Marta Gonçalves, Tânia Silva, Zulmira Santos, **Gender Differences among involuntary patients admitted in a psychiatric service during 2014**, 28th ECNP Congress, August 29 to September 1, 2015

Cesar Cagigal, Teresa Carvalhão, Tânia Silva, Elisabete Albuquerque, Mariana Jesus, Carla Silva, Vera Martins, Célia Franco, Mariana Marques, **Sleep disturbances in individuals**

with alcohol use disorders, 26th Europe Congress of Psychiatry, March 3-6, Nice, France

Tânia Silva, Mariana Jesus, César Cagigal, Carla Silva, **Food With Influence in Reproductive and Sexual health**, ESAU Oporto Meeting – Portuguese Society of Andrology, 2 June 2018, Porto

Mariana Jesus, Cesar Cagigal, Tânia Silva, Vera Martins, **Fronto-Temporal dementia and mania: the problema of differential diagnosis**, 31st ECNP Congress, 6-9 October 2018, Barcelona, Spain

Tânia Silva, Teresa Carvalhão, Marta Fernandes, Joana Silva, Cognitive decline induced by **cerebral radiotherapy: What to do?**. 24th European Congress of Psychiatry, *European Psychiatry*, Volume 33, Supplement, S622-623, 2016, doi.org/10.1016/j.eurpsy.2016.01.1840

Ana Machado, Diana Loureiro, Tânia Silva, Joaquim Cerejeira, **Association between ADHD and psychopathology among prison inmates**, 25th European Congress of Psychiatry, *European Psychiatry* April 2017 41 Supplement:S263, 10.1016/j.eurpsy.2017.02.076

Diana Loureiro, Ana Machado, Tânia Silva, Tânia Viegas, Joaquim Cerejeira, **Association between ADHD and psychopathy among inmates in a high-security prison in Portugal**, 25th European Congress of Psychiatry, *European Psychiatry* April 2017 41, Supplement:S311, 10.1016/j.eurpsy.2017.02.213

Communications at national scientific meetings

Tânia Silva, Vera Martins, **Alcoholism in Women in Liaison Psychiatry**, Seminar Ser MulherII of gppclp, 8 March 2016, Coimbra- *Communication by invitation*

Tânia Silva, Diana Rafaela, Ana Machado, Tânia Veigas, Joaquim Cerejeira, **PHDA in the prison population**, VII National Congress of Dual Pathology, Lisbon from 22 to 23 June 2017, Lisbon - *Communication by invitation*

Tânia Silva, Mariana Jesus, **Pseudocis: Delusion or simulation**, XXXI Meeting of the Portuguese Group of Psychiatry Consiliar/Ligação, 8 and 9 March 2018, Porto – *Communication by invitation*

Tania Silva, Continuity intervention, Prevention and treatment of psychiatric illness, roundtable: **Intervention of a Mental Health Unit in a situation of disaster**, VIII Forum Good Practices in Psychiatry, 18 and 19 October 2018, Coimbra - Communication by *invitation*

César Cagigal, Tânia Silva, **The diet in the treatment of ADHD**, 1st National Congress of ADHD, 10 and 11 May 2018, Coimbra

Posters at national scientific meetings

Tânia Silva, *Teresa Carvalhão*, *M^a José Piçarra*, **The use of antipsychotics in the perinatal period: a review of contributions**, V Forum of Good Practices in Mental Health, 23 to 25 October 2014, at the Bissaya- Barreto Events Center – Auditorium

Marta Gonçalves, Tânia Silva, *Joana Teixeira Silva*, *M^a José Piçarra*, **Synthetic cannabinoids: higher risk of psychosis?**, X National Congress of Psychiatry, 13 to 15 November 2014, at the Tivoli Marina Congress Center of Vilamoura

Joana Teixeira Silva; *Filipe Vieira*; *Marta Gonçalves*; Tania Silva; *Adelaide Craveiro*, **Neuroleptic-Induced Blepharospasm**, X National Congress of Psychiatry, 13-15 November 2014, at tivoli marina congress centre in Vilamoura

Joana Ribeiro, Tânia Silva, *Adriana Santos*, *Maria José Piçarra*, *Luis Marques*, **De Bouffée Délirante a Perturbações Psicotic Polymorphic Agudo: review of the concept on a clinical case"**, X Congresso Nacional de Psiquiatria, 13-15 November 2014, at the Tivoli Marina de Vilamoura Congress Center

Tânia Silva, *Joana Ribeiro*, *Maria José Piçarra*, **Folie à Deux: clinical case of Induced Delirious Disorder**, X National Congress of Psychiatry, 13 to 15 November 2014, at the Tivoli Marina congress center of Vilamoura

Tânia Silva, *M^a José Piçarra*, **Suicide Neurobiology, 10th Days on Suicide Behaviors**, 25 to 27 September 2014, at the Grande Hotel do Luso – Luso

Teresa Carvalhão, Tânia Silva, **HIV: Neuropsychiatric Aspects and Therapeutic Intervention**, Chuc Psychiatric Week: Good Practices in Mental Health, 25-26 September 2015, Coimbra

Tânia Silva, Joana Silva, Marta Fernandes, Joana Ribeiro, Filipa Maduro, Mafalda Marques, Zulmira Santos, Maria José Piçarra, **Casuística of the cri-chuc subacute unit from January to June 2015**, Chuc Psychiatric Week: Good Practices in Mental Health, 25 to 26 September 2015, Coimbra

***Poster awarded with honorable mention.**

Tânia Silva, Maria José Piçarra, **History of personality disorders**, XI National Congress of Psychiatry, 19 to 21 November 2015, Vilamoura

Sandra Figueiredo Silva, Tânia Silva, Sónia Pimenta, Celsa Santa Pissarra, **Suicide behavior in the elderly: Suicide attempt of high lethality - clinical case**, XI National Congress of Psychiatry, 19 to 21 November 2015, Vilamoura

Joana Teixeira Silva, Filipe Vieira, Tânia Silva, Marta Gonçalves, **Sleep disorders in the oncologic patient**, XI National Congress of Psychiatry, 19 to 21 November 2015, Vilamoura

Tânia Silva, Marta Fernandes, Joana Teixeira Silva, Filipe Vieira, Graça Santos, Ilda Murta, **Cognitive Decline induced by cerebral radiotherapy: what to do?**, XXI Meeting of the Portuguese Group of Consiliar/Ligação and Psychosomatic Psychiatry, 8-9 March 2017

Joana Teixeira Silva, Filipe Vieira, Tânia Silva, Ilda Murta, Graça Santos, **Ptose Palpebral Functional or Simulation? Regarding a clinical case**, XXI Meeting of the Portuguese Group of Consiliar/Liaison and Psychosomatic Psychiatry, 8 to 9 March 2017 ***Awarded with Honorable Mention** in the contest of posters.

Tânia Silva, Mariana Jesus, César Cagigal, Vera Martins, Carla Silva, **Food with influence on sexual and reproductive health**, XVI National Congress of the Portuguese Society of Andrology, Sexual Medicine and Reproduction/XIII Iberian Meeting of Andrology, Sexual Medicine and Reproduction, 31 May to 3 June 2018, Porto

Mariana Jesus, Carlos Gonçalves, Sofia Morais, Tânia Silva, **Psychotic and obsessive-compulsive symptoms – chicken or egg? Regarding a clinical case**, 4th National Meeting of the First Psychotic Episode, June 12-13, 2018, Porto

Mariana Jesus, César Cagigal, Tânia Silva, Vera Martins, Carla Silva, Paliperidone Palmitate, Schizoaffective Disorder and functionality: a clinical case, Jassen Neursocience RWE Award, May 15, 2018 Porto

Publications in books *Tânia Silva, Joana Teixeira Silva, Horacio Firmino, Chapter "Perturbações adictivas", [Basic Psychiatry in General and Family Medicine]*, 1^{ed}. Lidel

Tania Silva, Subchapter "Psicose induzida por drogas", [**Basic Psychiatry in General and Family Medicine**], 1^{ed}. Lidel

Celia Franco, Tania Silva, "PHDA e consumo de substâncias", [Psychiatric Disease and Addition: two sides of the same coin?], Chiado Publisher. Portuguese Association of Dual Pathology, Coimbra, 2015

Manuel Quartilho, Tânia Silva, Chapter "*As Humanidades Médicas*", [**Clinical Communication Manual**], Coimbra University Press, Coimbra, 2021 – in press

- Participation as a trainer**
- Trainer in the **Training session in Dual Pathology aimed at** employees of ARCIL, presenting the theme "*Neurobiology of Addition*", September 2, 2014, Lousã
 - Trainer in the session "**Mental Health**" aimed at students at the Secondary School of Oliveira do Bairro, November 20, 2014, Oliveira do Bairro
 - Trainer in **the 1st Intensive Treatment Course of Smoking Cessation for General and Family Medicine physicians**, ARS Centro, June 7, 2016, Coimbra
 - Trainer at **the Workshop on Smoking Cessation for Pharmacy Students**, Faculty of Pharmacy, University of Coimbra, December 12, 2016, Coimbra
 - Training **Point of Meeting: Opiate Dependency Forum**, training action promoted by Indivior for physicians, October 25, 2017
 - Trainer in the **Workshop of Emotional Responses to Disaster situations** with the theme "Neurobiology in the face of stress situations" aimed at technicians of the Social Network of the Municipality, February 26, 2018, Oliveira do Hospital

- Trainer in the framework of Integrated Annual Training of at USF Fernando Namora with the theme "**Chronic Alcohol Abuse**" for Doctors and Nurses, November 16, 2018, Condeixa

- Tânia Silva, Gonçalo Santos, Mariana Jesus, Ilda Murta, Goreti Almeida, Tiago Silva, Vilson Fernandes, Filipa Murta, Aurea Andrade, Hocio Firmino, **COVID-19 and Mental Health: experience of the center zone**, I GPPCLP 2021 online course

| | |
|---|---|
| Research Team of the Institute of Clinical and Biomedical Research of Coimbra (iCBR) | I collaborate with the iCBR research team |
| Teaching at the Faculty of Medicine of the University of Coimbra | <p>I was invited assistant of the Faculty of Medicine of the University of Coimbra of the Curricular Unit of Introduction to Medical Practice, module of Psychiatry in the school year 2016/2017 and the Curricular Unit of Neurosciences and Mental Health in the school year 2017/2018.</p> <p>At the present time I am a guest assistant of the Faculty of Medicine of the University of Coimbra of the Curricular Unit of Introduction to Practice and the Parcelar Intership of Mental Health of the 6th year of Med School.</p> |
| Master of Applied Pharmacology | I collaborated in the master's degree in Applied Pharmacology at the University of Coimbra 2021/2022 having taught the curricular unit of "Gestão clínica e terapêutica das Perturbações Aditivas". |
| Master of Legal Medicine and Forensic Sciences | I collaborated in the master's degree in Legal Medicine and Forensic Sciences of the University of Coimbra from 2020/2022 having taught the curricular unit "Psychiatry in Criminal Law". |
| Co-orientation of Master's Thesis | I collaborated in the co-orientation of Master's thesis in Medicine of the student Inês Monteiro, in the form of a review article with the title "Genetic Polymorphisms Associated <i>with Delirium Tremens</i> ". |

Master's Thesis Jury I collaborate in the evaluation juries of master's thesis in Medicine.

Prizes

Honorable mention in the Posters contest *Tânia Silva, Joana Silva, Marta Fernandes, Joana Ribeiro, Filipa Maduro, Mafalda Marques, Zulmira Santos, Maria José Piçarra, Characterization of compulsively hospitalized male patients at the Chuc Psychiatric Service during the period 2014, Chuc Psychiatric Week: Good Practices in Mental Health, 25-26 September 2015, Coimbra*

Joana Teixeira Silva, Filipe Vieira, Tânia Silva, Ilda Murta, Graça Santos, Eyelid Ptosis: Functional or Simulation? Regarding a clinical case, XXI Meeting of the Portuguese Of Consiliar/Liaison and Psychosomatic Psychiatry, 8 to 9 March 2017

2nd Place in the Posters Contest *Tânia Silva, Maria José Piçarra, Ovary hormones and addictive behavior, II Ibero-Brazilian Congress of Dual Pathology and Addictive Behaviors, March 5-7, 2015 in Coimbra*

Societies and affiliations

- Member of the Portuguese Medical Order, CP no. 54063
- Member of the Portuguese Association of Psychiatric Interns (APIP) 2014-2018
- Partner of APPD (Portuguese Association of Dual Pathology) since March 2014
- Member of the Board of Portuguese Consiliar/Liaison and Psychosomatic Psychiatry Group (GPPCLP) since 2014
- Member of the Portuguese Society of Family Therapy since

December 2015

- Secretary of the Board of the Portuguese Association and Dual Pathology in 2017-2020

- Member of the College of Psychiatrists of the Portuguese Order of Physicians since 2019

-Member of the board of Programaideias Association since 2020

Organization of congresses

- Member of the organizing committee of the 1st Ibero-Brazilian Congress of Dual Pathology, "Dual Pathology: Integrating additions in mental health", held from 6 to 8 March 2014, Coimbra.

- Member of the Organizing Committee of the II Ibero-Brazilian Congress/ V International Congress of Dual Pathology and Addictive Behaviors, March 5-7, 2015, Coimbra

- Member of the Organizing Committee of the VI International Congress of Dual and Additive Pathology, 1 to 3 June 2016, Lisbon

- Member of the Organizing Committee of the VII National Congress of Dual Pathology, 22-23 June 2017, Lisbon

- Organizing Committee Member of the XXXI Meeting of the Portuguese of Psychiatry Consiliar/Ligação e Psicossomatic, 8 to 9 March 2018, Matosinhos

- Organizing Committee Member of the XXI Meeting of the Portuguese Consiliar/Liaison and Psychosomatic Psychiatry Group, 8-9 March 2017, Leiria

- Member of The Organizing Committee of the **1st GPPCLP Online Course**, 2021

Organization of scientific books

- Organization of the book: **Psychiatric Illness and Addition: two sides of the same coin?**. Chiado Publisher. Portuguese Association of Dual Pathology. Coimbra, 2015

Reviewer of scientific journals

I collaborated as a reviewer of articles **in the journal Psiquiatria Clínica** which is a journal of semiannual publication of clinical background, organized by CRI Psiquiatria CHUC.

I have collaborated as a guest reviewer of articles in the **International Journal for Vitamin and Nutrition Research**

Reviewer of scientific translations

In 2018 I collaborated with TransPerfect as a medical reviewer in the process of translation and linguistic validation of instruments for evaluating clinical outcomes in Psychiatry and Mental Health.

Other activities and personal interests

Team sports activities

-I belonged to the Volleyball Team of The Mealhada Hockey Club (HCM) from 1999 to 2006, and belonged to the Mealhada Water Polo team from 2001 to 2003

Group musical activities

- I belonged to the Women's University Tuna of Coimbra "As Mondeguinas", as instrumentalist of Cavaquinho from 2010 to 2012

Volunteering

- Offered psychological support to the Humanitarian Association of Volunteer Firefighters of Pampilhosa in the period of 2014 - 2016

- Collaborated in the cooperation protocol "CHUC - Casa Abrigo Padre Américo" in the period of 2014 -2018 (provided health care

support to homeless person in articulation with Casa Abrigo Padre Américo institution).

Current interests and current activities

-I practice yoga and indoor cycling regularly to stay healthy.

- I like cinema, especially the genre surrealism and terror, and so I often see films of this genre.

- I also like science fiction and so I spend time reading literature and film of the genre.

END