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- has been working at UCSI University since 2012 as an academican and had been involved in teaching and research throughout her career. During the last 3 years, she had managed the School of Healthy Aging, Aesthetic and Regenerative Medicine and has been involved in different management boards within the organisation.
- holds Doctor of Medicine degree from UNIMAS (Universiti Malaysia Sarawak), MSc from UKM (National University of Malaysia) in Clinical Nutrition and PhD from UCSI University.
- lives in Kuala Lumpur, Malaysia. In her free time she enjoys swimming and reading. She also enjoys travelling with family and friends.