**Dr. Duha Shellah**

** Nablus, Palestinian Territories**

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**00972597152903**

**Native Arabic Speaker**

**Citizenship:** Palestinian  **D.O. B:** 12, Aug, 1997

**ORCID:** [**https://orcid.org/0000-0002-2999-5692**](https://orcid.org/0000-0002-2999-5692) **Publons:** [**https://publons.com/researcher/4661843/duha-shella/**](https://publons.com/researcher/4661843/duha-shella/)

**Summary**Dr. Duha Shellah is a junior physician and medical journalist graduated from An-Najah National University in 2022. Currently, she is a research & teaching assistant at the Faculty of Medicine, Arab American University, Palestine. Duha is the founder & Chairwoman of The Researchist Organization which aims to make research a youth language, spread its culture and support and advocate early career researchers and scientists. Dr. Duha has been recognized as one of the world’s 21 outstanding young physicians below age 40 at the inter-Academy partnership Young Physician Leaders Program 2022 in Berlin, Germany. Dr. Duha is a member of the WHO Youth Council in Eastern Mediterranean region. Dr. Duha is Eastern Mediterranean Region (EMR) Delegate and Research Lead at Young World Federation of Public Health Associations. Also, Duha is leading Women in Global Health Chapter in Palestine. She is the coordinator of the Medical & Health Sciences division at Palestine Academy for Science and Technology (PALAST). She is a consultant in Science Journalism at SciComm X Agency. She is an active member of the Medical Journalists’ Association (MJA). Dr. Duha is a leader, trainer, activist and advocate for reproductive and mental health and rights for youth in Palestine, especially those living in marginalized communities. She is youth representative at Masarouna and power to choose - Oxfam Councils, focal point at Y- Peer Palestine ,and the youth gender innovation Agora forum – UN Women Palestine.

**Education**

**An-Najah National university**

**Doctor of Medicine (MD)**  **2015-2022**

**Al- Aeshia Secondary School 2013-2015**

* **Average: 98.7%**

**Work Experiences**

Research & Teaching Assistant, **Arab American University (AAUP) October, 2023 - Now**

In School Comprehensive Sexuality Education in Palestine **at PMRS and Care International** **November, 2023**   
  
SRHR Peer Learning Consultant at **Juzoor for Health & Development** **September, 2023**  
  
Science Journalism Consultant at **SciComm X, Part -time** **January, 2023 – Now**  
SRHR Peer Learning Consultant at **UNFPA – Palestine December, 2022**

Intern Medical Doctor at the **Palestinian Ministry of Health** **October, 2022- Sep, 2023**   
  
Health Educator in reproductive health at **mobile clinics Septemper,2020 – Now**

A call-center agent in **Reach Company**  **August ,2016 –January, 2017**

**Awards**  
**Young Physician Leaders (YPL)Program 2022 Awardee**Inter-Academy Partnership (IAP), Italy   
  
  
**Judge Experience**

**Tech Talent Competition 2023,** Organized by Al- Nayzak Organization and U.S Office of Palestinian Affairs

**Tech Talent Competition 2022,** Organized by Al- Nayzak Organization and U.S Office of Palestinian Affairs

**Special Positions**Youth Council, World Health Organization EMR   
**Memebr Dec, 2023 - Now**

Women in Global health – Palestine Chapter   
**Founder & Lead Oct, 2023 – Now**  
International Conference of Population and Development 30 Review in the Arab Region, Regional Consultation for Adolescents and Youth 2023  
 **Drafting Committee of Youth Declaration June, 2023**

Young World Federation of Public Health Associations

**EMR Delegate and Research Lead May, 2023 - Now**

International Journal of Medical Students   
 **Student Editor-in-Chief** **March, 2023 – Aug, 2023**  
  
Medical & Health Sciences Division – Palestine Academy for Science & Technology **Founder & Coordinator** **January, 2023 - Now**  
  
SciComm X for Science Journalism & Communication   
**Consultant**  **January, 2023** - Now   
   
YPL Steering Committee – InterAcademy Partnership (IAP)  
**Steering Committee Member** **November, 2022 - Now**  
  
Exploring Science Program for School Students

**Program Coordinator** **November, 2022 – July, 2023**

Toufik’s World Medical Association   
**Secretary General** **October, 2021** **– July, 2023**  
  
HPHR Journal (Formerly Harvard Public Health Review)   
**Director of Recruitment September, 2021**

HPHR Journal (Formerly Harvard Public Health Review)   
**Associate Editor** **February, 2021**   
  
Elsevier for Medical Students

**Student Ambassador May, 2020 – August, 2023**  
International Journal of Medical Students

**Junior Associate Editor 2022 – 2023**

International Journal of Medical Students

**Student Editor 2020 – 2022**

International Journal of Medical Students

**Palestine Ambassador 2020 – 2023**  
  
Palestinian Women in Science Society

**Founder Member 2019- Now**The Researchist Community **Founder & CEO 2019-Now**  
The 3rd & 4th Undergraduates Research Conference – Al – Quds University

**Ambassador of Ambassadors 2019- 2021**  
Youth Gender Innovation Agora Forum – UN Women Palestine  
**Youth Representative 2023- Now**   
  
Masarouna Youth Council – Oxfam

**Youth Representative 2022- Now**

Power to Choose Council – Oxfam   
**Youth Representative 2022- Now**

Global Youth Forum- Oxfam  
**Palestinian Youth Representative 2022- Now**   
  
IYAFP (International Youth Alliance for Family Planning)

**Country Coordinator 2020- 2022**Hult Prize at An – Najah National University **Logistics Coordinator 2019 – 2020**

Y- Peer Network   
**Focal Point**  **January, 2023 - Now**  
  
Youth Opportunities (YO) Platform   
**Palestine Ambassador** **2019 - 2020**

**List of Publications  
  
Research Articles  
  
1)** Shellah D. Sellah D (2024) **War on Gaza: the impossible duty to care for the critically ill. Intensive Care Med**. <https://doi.org/10.1007/s00134-023-07309-z>

**2)** Ali I, Haddad D, Soliman M, Al-Sabi A, Jebreen K, Abuzahra D, Shrara B, Ghanayem D Natour N, Hassan M, Alsedfy Y, Nawajah I & Shellah D. **Quality of life and nutritional status in peritoneal dialysis patients: a cross-sectional study from Palestine. BMC Nephrology 25, 20 (2024).** [**https://doi.org/10.1186/s12882-023-03422-9**](https://doi.org/10.1186/s12882-023-03422-9) **3**) Shellah D. (2023). **How much suffering is enough? A look at what is happening in Gaza.** **Lancet** (London, England), 402(10417), 2072. <https://doi.org/10.1016/S0140-6736(23)02555-2>

**4)** Mosam, A., Lopez, J. C., Gjoneska, B., Nuñez-Enriquez, J. C., Bhattarai, S., Chillo, O. ... Shellah, D. (2023). **Emerging young health leaders and their roles in tackling global public health challenges**. **Population Medicine**, 5(Supplement), A1755. <https://doi.org/10.18332/popmed/163757>

**5)** Nawaz, I., Thomas, J. A., Gupta, P., Shellah, D., Găman, M.-A., Puyana, J. C., & Bonilla-Escobar, F. J. (2023). **Should a Scientific Publication be a Prerequisite to Graduate from Medical School?**. **International Journal of Medical Students,** 11(2), 102–106. <https://doi.org/10.5195/ijms.2023.2124>

6) Rashid, S., Mahmood, H., Asma Iftikhar, A., Komal, N., Butt, Z., Mumtaz, H., & Shellah, D. (2023). **Availability and readiness of primary healthcare facilities for the management of non-communicable diseases in different districts of Punjab, Pakistan.** Frontiers in public health, 11, 1037946. https://doi.org/10.3389/fpubh.2023.1037946

**7)** Alshawish, E., Ghanem, A. F. A. & Shellah, D**. (2022). The association between epicardial adipose tissue and coronary artery disease in hemodialysis patients using a systematic review**. The Eurasia Proceedings of Health, Environment and Life Sciences (EPHELS), 6, 57-64.

**8)** Amer F, Neiroukh H, Abuzahra S, AlHabilY, Afifi M, Shellah D, Boncz I & Endrei D. **Patient engagement in balanced scorecard and the influence of patient experiences on their attitudes- An implication at Palestinian hospitals** **Front. Public Health,** Sec. Public Health Education and Promotion, 2022 doi: 10.3389/fpubh.2022.1045512

**9)** Cozma M-A, Dobrică E-C, Shah P, Shellah D, Găman M-A, Diaconu C-C. **Implications of Type 2 Diabetes Mellitus in Patients with Acute Cholangitis: A Systematic Review of Current Literature**. **Healthcare. 2022**; 10(11):2196. https://doi.org/10.3390/healthcare10112196

**10)**  Tillewein H, Toufik A,  Awuah W, Zuñiga Y,  Shellah D, Colescu A, Carpenter C &  Le Compte C(2022)**. Legislating the New Gilead: Implications of the Texas Heartbeat Act. HPHR Journal**

**11)** Nguyen-Hoang A, Toufik A, Awuah W, Tillewein, Honig J, Zuniga Y, Bhambere, Shella D, Colescu A, Carpenter C. **Diet-interaction and weight loss: A focus on asians.** HPHR. 2022;63. 10.54111/0001/KKK6  
  
**12)** Nahian, A., Suteja, R. C., Shellah, D., Egan, C., Găman, M. A., & Bonilla-Escobar, F. J. (2022). **The State of Learning Patterns within Medical Education in a Post-pandemic World: Reflection from IJMS Authors and an Overview of the IJMS Volume 10 Issue 3. International journal of medical students,** 10(3), 233–235. <https://doi.org/10.5195/ijms.2022.1695>   
  
**13)** Shoib, Sheikh & Javed, Sana & Gamal Alamrawy, Roa & Arif, Nigar & Das, Soumitra & Saeed, Fahimeh & Handuleh, DJibril & Shellah, Duha & Dazhamyar, Ahmad & Chandradasa, Miyuru. (2021). **Challenges in mental health and psychosocial care in conflict-affected low- and middle-income countries.** **Asian Journal of Psychiatry**. 67. 102894. 10.1016/j.ajp.2021.102894.

**14)** Shoib, S., Gupta, A., Saleem, S. M., Shellah, D., Javed, S., & Handuleh, J. (2021). **Mental health in Palestine amid war and COVID-19 pandemics.** **Asian journal of psychiatry**, 66, 102909. <https://doi.org/10.1016/j.ajp.2021.102909>  
  
**15)** Alshawish, E., Habiballah, H., Habiballah, A., & Shellah, D. (2021). **Using of Cupping Therapy among Palestinian Women in Reproductive Age using a Cross-Sectional Survey.** ***Diversity and Equality in Health and Care*** 18(2), 254-257.

**16)** Shanti Y, Hamdan Z, Nazzal Z, Shalabe A, Naama Y, Diab S, Shelah D, Shehada R**. (2020). Effect of hemodialysis on intraocular pressure in Palestine: a single-center study**,

**17)** AlKhaldi, M., Kaloti, R., Shella, D., Al Basuoni, A., & Meghari, H. (2020). **Health system’s response to the COVID-19 pandemic in conflict settings: Policy reflections from Palestine.** Global Public Health, *15*(8), 1244-1256. doi:10.1080/17441692.2020.178191

**Medical Journalism**  
**1) War on Gaza: Tragic toll on Women****’s and Children’s Health (In French Language),** November 2023 <https://www.lapresse.ca/dialogue/opinions/2023-11-17/conflit-israel-hamas/un-bilan-tragique-pour-la-sante-des-femmes-et-des-enfants.php>

**2)** Shellah D, **Physicians under bombardment: In solidarity with frontline health heroes and heroines,** October 2023 <https://www.wfpha.org/physicians-under-bombardment-in-solidarity-with-frontline-health-heroes-and-heroines/>

3) Shellah D, **Sexual and Reproductive Health in Palestine: A Medical Student’s Experience in Health Education**, December 2022 <https://in-training.org/sexual-and-reproductive-health-in-palestine-a-medical-students-experience-in-health-education-26724>

4) Shellah D, **Medical Education in Palestine: Studying Under Occupation**, May 2022 <https://in-training.org/medical-education-in-palestine-studying-under-occupation-23892>  
 **Policy Briefs**  
  
**1)** **Harnessing Palestinian Women’s Health services....a step towards eliminating gender-based violence:** Policy Briefing Note, Dec 2021  
  
**2)** **Strengthening the resilience of the Palestinian youth: A step towards enabling them to cope with the impact of the COVID-19 pandemic:** Policy Briefing Note, Dec 2021

**International Public Speaking**

Panelist, **Women Deliver 2023 Conference**, Kigali, Rwanda   
**“Break Bread with Youth Leaders: Tackling Contested SRHR Issues”**Consultant & Panelist, **International Conference of Population and Development 30 Review in the Arab Region,** Tunis, Tunisia   
“**Regional Consultation for Adolescents and Youth 2023**”

Panelist, **World Congress on Public Health** **2023**, Rome, Italy   
**“Emerging Young Health Leaders and their Role in Tackling Public Health Challenges”**Panelist, **International Students Meeting on Public Health 2023**, Rome, Italy   
**“Future Scenarios and Challenges for Young Professionals in Public Health”**  
  
Panelist, **World Health Summit 2022**, Berlin, Germany   
**“ Effective Health Leaders for Effective Health Systems”**

**Internships**

Writers- in- Training Internship, Medical Journalism **2021-2022**   
**In- Training Magazine, USA**   
 **Special Trainings**

Clinical management of Rape – UNFPA **Jan, 2023**  
Positive Masculinity **Nov, 2022**

Focus on Peer Review- Nature Masterclass online Course **Oct, 2021**

Human Sexuality **July,2021**  
Publons Academy Peer Review Course **Feb,2021**

Social Cohesion in COVID19 Times **Jan,2021**

Evidence based Influence **Jan,2021**

Cyber Safety Training **May, 2020**

Emotional Intelligence **May, 2020**

Biostatistics Training **Jan, 2020**

Introduction to research **Dec,2019**

Biostatistics for health Sciences **Sep, 2019**

Introduction to Health Economics **Sep,2019**

Y-peer Basic Training **Aug, 2019**

Family psychosocial and economic support training **Jul,2019**

Statistics for Health Research **Mar,2019**

Young Leaders Program – CYTC **Mar, 2018**

Essential Laboratory Techniques In Molecular Biology **Aug,2017**

Trainee in Microbiology Laboratory **Feb-Aug,2107**

Public Relations and its applications **Jan,2016**

The first environmental awareness campus **Dec,2015**

Public Speaking Skills **Aug,2015**

Genomic Opportunities for Girls in Research Labs **Aug,2014**

IT Essentials: PC Hardware and Software (Cisco) **2012** **(6months)**

Media Training  **June +July, 2012**

Labor and Ethics **2013**

How to be a leader **-** INJAZ  **2012**

Economy around us -INJAZ  **2011**

Me and My environment-INJAZ **2010**

**Volunteering**

Y- peer Network **2019 - now**

Tomorrows Youth Organization **2019 –2020**

Social charitable center society **2019**

Palestinian commission for mathematics **2019**

Nablus medical complex  **2018**

Health work committees **2018**

**Membership**

World Medical Association – **Associate Member**

Medical Journalists Association – **Associate Member**

Committee of Publication ethics – **Editor Member**

**Hobbies**

* Reading ,walking , playing music (Nay & Piano ), puzzle, Debating, learning languages
* Speaks Arabic and English, Excellent.

**References**

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