

CURRICULUM VITAE
PROFESSOR DR ANIS SAFURA RAMLI



Professor Dr. Anis Safura Ramli
MBBS (Newcastle, UK), DFFP (UK), DRCOG (UK), CPE JCPTGP (UK), MRCGP (UK), FRCGP (UK)
Fellow in Chronic Disease Management (Monash, AUS)
Consultant Family Medicine Specialist
(MMC No. 41266, NSR No. 125209)

Deputy Dean (Research & Innovation)
Faculty of Medicine, Universiti Teknologi MARA, Malaysia

Professor Dr. Anis Safura Ramli embarked on her academic career as a Senior Lecturer at UiTM in 2005. She was the Head of Primary Care Medicine Department from 2005 - 2015. Under her leadership, the Department has successfully put together the curriculum, teaching and clinical service infrastructure for the undergraduate and postgraduate programmes in primary care. She was promoted to Associate Professor in 2010 and to Professor in 2017. Her contributions to UiTM were recognized with the Excellence Service Award in 2006, 2011 and 2013, followed by the Deputy Vice Chancellor (Research & Innovation) Excellence Award in 2022. She was chosen to represent Malaysia as a Young Physician Leader in a leadership training and networking program in Berlin, Germany (2011) and Geneva, Switzerland (2016), organized by the Inter-Academy Partnership for Health. Her leadership positions also included Deputy Director & Principal Fellow of I-PPerForM (2017-2023) and currently, Deputy Dean for Research and Innovation at the Faculty of Medicine, UiTM.

Professor Dr. Anis Safura Ramli is a prominent member of her profession, having served on the councils of the Family Medicine Specialists Association, the Academy of Family Physicians of Malaysia and the Malaysian Society of Hypertension. The Ministry of Health Malaysia has recognized her expertise by appointing her as an expert panel on primary healthcare system transformation and the Governance, Monitoring and Evaluation Committee. She is a prolific researcher in cardiovascular disease prevention and risk management, demonstrated by her publications of over 65 scientific research papers, Scopus h-index of 20 and Web of Science h-index of 14. She has extensive experience leading research teams for both national and international grants, and has established an international research collaboration with the University of Nottingham, UK. Her work has been recognized with awards including the UiTM Best Researcher Award at AAU 2020 and the Gold Medal Award at ITEX 2021. The recognition of her expertise is also reflected in her invitations to deliver plenary and symposium lectures at national and international conferences.



Scopus Author Profile

<https://www.scopus.com/authid/detail.uri?authorId=24367362200>



Web of Science Author Profile

<https://www.webofscience.com/wos/author/recovery/K-3322-2014>

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PERSONAL & PROFESSIONAL PROFILE

1. PERSONAL PROFILE

Name	Anis Safura Ramli
Designation	Professor of Family Medicine
Work Address	Department of Primary Care Medicine, Level 8, Academic Building, Faculty of Medicine, Universiti Teknologi MARA, 47000 Sungai Buloh, Selangor, Malaysia
Date of Birth	27th March 1972
Marital Status	Married
Office Telephone No.	+6 (03) 6126 7555
Email	anis014@uitm.edu.my rossanis_yuzadi@yahoo.co.uk

2. EDUCATION

Tunku Kurshiah College 1985 – 1989	Sijil Rendah Pelajaran: 7A1, 1A2 Sijil Pelajaran Malaysia: 7A1, 1A2, 1C3
Concord College, Shrewsbury, Shropshire, UK 1990 – 1992	A Levels: 2A, 1B

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3. PROFESSIONAL QUALIFICATIONS

No.	Professional Qualification	Year Obtained	Granting Institutions
1.	Bachelor of Medicine & Bachelor of Surgery (MBBS)	1997	Newcastle University, UK
2.	Diploma of Faculty of Family Planning (DFFP)	1999	Faculty of Family Planning & Reproductive Health Care, UK
3.	Diploma of Royal College of Obstetricians & Gynaecologists (DRCOG)	2000	Royal College of Obstetricians & Gynaecologists, UK
4.	Certificate of Prescribed Experience by the Joint Committee on Postgraduate Training For General Practice (CPE JCPTGP)	2001	Joint Committee on Postgraduate Training for General Practice, UK
5.	Membership of the Royal College of General Practitioners (MRCGP)	2006	Royal College of General Practitioners, UK
6.	Fellowship in Chronic Disease Management	2010	Monash University, Melbourne, Australia
7.	Fellowship of the Royal College of General Practitioners (FRCGP)	2024	Royal College of General Practitioners, UK

4. REGISTRATION WITH PROFESSIONAL BODIES

No.	Date of Registration	Registration Body	Registration Obtained	Registration No.
1.	3.5.2005	Malaysian Medical Council (MMC)	Full Registration	41266
2.	28.1.2008	Malaysian Medical Council (MMC)	Certificate of Specialist Registration in Family Medicine	125209

5. PREVIOUS WORK EXPERIENCE

No.	Date		No. Years of Service	Post Held	Name and Address of Employer
	Start Date	End Date			
1.	1997	1998	1 Year	House Officer in General Surgery & General Medicine	South Tyneside District Hospital, UK

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2.	1998	2001	3 Years	Vocational Training Rotation in Primary Care Medicine: <ul style="list-style-type: none"> • Senior House Officer in O&G , South Tyneside District Hospital, UK • Senior House Officer in Paediatric Surgery, Royal Victoria Infirmary, Newcastle-upon-Tyne, UK • Primary Care Registrar, The Surgery, Chester-le-Street • Senior House Officer in Psychiatry, South Tyneside District Hospital, UK • Primary Care Registrar, The Surgery, Longbenton, Newcastle-upon-Tyne, UK 	Northumbria Vocational Training Scheme Programme, UK
3.	2001	2005	4 Years	Consultant Primary Care Physician	Garden Park Surgery, Wallsend, Newcastle-upon-Tyne, UK

6. ACADEMIC POSTS

No.	Academic Post	Date Commenced	Institution
1.	Senior Lecturer in Family Medicine (DU51)	3.5.2005	Faculty of Medicine, UiTM
2.	Associate Professor of Family Medicine (DU54)	1.9.2010	Faculty of Medicine, UiTM
3.	Professor of Family Medicine (VK7)	8.12.2017	Faculty of Medicine, UiTM
4.	Senior Professor of Family Medicine (VK6)	15.10.2025	Faculty of Medicine, UiTM

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LEADERSHIP, STEWARDSHIP & AWARDS

7. ADMINISTRATIVE & LEADERSHIP POSTS

No.	Date	Position	Faculty/Department/Name of Committee	Description of Role
1.	2025 - 2027	Secretary 1	UiTM Council of Professors	Strategically plan and execute impactful activities by UiTM Professors
2.	2025 – 2027	Committee Member	Evaluation Committee for the Award of Emeritus Professor at UiTM	Giving expert opinion on the evaluation of Emeritus Professor Award at UiTM
3.	2024 – 2026	Committee Member	State Research Committee (JPN), UCS	Giving expert opinion on research strategies and research related matters
4.	2023 – 2025	Deputy Chairman & Exco Member	UiTM Council of Professors	Strategically plan and execute impactful activities by UiTM Professors
5.	2021 – 2023	Sub-Committee Member for Research and Publication	UiTM Council of Professors	Strategically plan and execute impactful research mentoring activities by UiTM Professors
6.	2023 – 2025	Chairperson	Jawatankuasa Akademik Pascasiswazah Pusat Kecemerlangan Universiti (JAPPKU)	Leading a committee which is responsible for postgraduate academic affairs for CoEs
7.	2021 – 2025	Senate Member	UiTM Senate	Giving expert opinion to bring UiTM towards GRU 2025 and UiTM2030
8.	2020 – to date	Committee Member	Academic Promotion Committee, Science & Technology Cluster	Giving expert opinion on academic promotion for the S&T Cluster
9.	July 2023	Committee Member	Forum LeadForUiTM	Giving expert opinion on leadership and succession planning for UiTM
10.	2021 – 2023	Committee Member	MyRA Influencer UiTM	Strategically plan and execute activities to increase MyRA ranking for UiTM
11.	2020 – 2022	Committee Member	Jawatankuasa Penerbitan Jurnal dan Buku Penyelidikan UiTM (JPJBPU)	Giving expert opinion on ensuring quality of UiTM journals and publications by UiTM Press
12.	2023 – to date	Deputy Dean (Research & Innovation)	Faculty of Medicine	Strategically plan and lead Faculty of Medicine to achieve performance

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				indicators in research and innovation
13.	2019 – to date	Committee Member	Human Resource Development Panel, Faculty of Medicine (<i>Panel Pembangunan Sumber Manusia, Fakulti Perubatan</i>)	Giving expert opinion on human resource development
14.	2018 – to date	Committee Member	Specialty Committee for Academic Promotion, Faculty of Medicine (<i>Jawatankuasa Kesepakatan, Fakulti Perubatan</i>)	Giving expert opinion on promotion of academic staff
15.	2023 – to date	Chairperson	Jawatankuasa Teknikal Permohonan Kenaikan Pangkat Pensyarah Fakulti Perubatan	Giving technical support of documents checking for academic staff during their promotion applications
16.	2023 – to date	Chairperson	Faculty Research Committee (FRC)	Chairing the monthly Faculty Research Committee Meetings and ensuring quality proposals are sent to UiTM REC Shah Alam
17.	2023 – to date	Committee Member	Faculty Academic Committee (JAF)	Giving expert opinion on academic and students related matters
18.	2023 – to date	Committee Member	Faculty Curriculum Committee	Giving expert opinion on curriculum development
19.	2018 – 2024	Committee Member	Postgraduate Committee (JKAPS)	Giving expert opinion in postgraduate matters

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20.	2022 – 2024	Committee Member	PhD & Professional Training Monitoring Committee	Monitoring progress of academic staff on study leaves pursuing PhD and professional training
21.	2022 – 2024	Committee Member	Doctorate in Family Medicine Curriculum Development Committee	Giving expert opinion on curriculum development for Doctorate in Family Medicine
22.	2018 – 2020	Committee Member	Clinical Track Promotion Main Committee, Science & Technology Cluster, UiTM	Finalising the clinical track promotion criteria
23.	2017 – 2023	Deputy Director & Principal Fellow	Institute of Pathology, Laboratory and Forensic Medicine (I-PperForM)	Assisting the Director of I-PperForM to enhance research activities and to achieve the key performance indicators
24.	2016 – 2020	Committee Member	Conference & Training Course Committee	Giving expert opinion in decision making for Faculty members' application to attend conferences and training courses
25.	2015 – 2023	Principal Fellow	Institute of Pathology, Laboratory and Forensic Medicine (I-PperForM)	Spearheading research and academic performance in atherosclerosis and CVD prevention
26.	2014 – 2016	Head of Subcommittee	Subcommittee of Customer Services for Clinical Training Centre, UiTM	Led a committee to set up clients' satisfaction and complaints procedures for the Clinical Training Centre, UiTM
27.	2014 – 2016	Committee Member	Postgraduate Committee, Faculty of Medicine, UiTM	Contributed expert opinion in decision making for postgraduate programmes in UiTM

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28.	2014 – 2016	Committee Member	Anti-Dengue Task Force	Contributed expert opinion in decision making towards dengue prevention and control in Faculty of Medicine UiTM Selayang and Sungai Buloh Campuses
29.	2005 – 2015	Head of Department	Department of Primary Care Medicine, Faculty of Medicine, UiTM	Led the development, coordination and establishment of the Primary Medicine Discipline for 10 years – undergraduate and postgraduate curriculums and teaching programmes, infrastructure, clinical services and research.
30.	2014	Committee Member	Preparation of Postgraduate Documents for InQKA Institutional Audit Task Force	Prepared documents and collected evidence for Postgraduate programmes for InQKA Institutional Audit
31.	2014 – 2015	Committee Member	Tracing of the Faculty of Medicine Alumni Task Force	Contributed towards development and implementation of strategies to trace the Faculty of Medicine Alumni
32.	2009 – 2015	Committee Member	Medicine Technical Committee, Faculty of Medicine, UiTM	Contributed expert opinion in decision making of drug purchasing for clinical services in UiTM
33.	2005 – 2014	Coordinator of Specialist Clinic	Specialist Clinic, Faculty of Medicine, UiTM	Led the establishment and coordination of the Specialist Clinics in UiTM Sungai Buloh Campus and Selayang Campus – offering clinical services to the general public.

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34.	2012	Committee Member	Medical Science Cluster Database for Primary Care Medicine – Renewal of MQA Accreditation for MBBS 220 Programme	Prepared documents and collected evidence for renewal of MQA Accreditation for MBBS 220 Programme
35.	2005-2008	Coordinator and Trainer of Simulated Patients Programme for Early Clinical Exposure (ECE)	Faculty of Medicine, UiTM	Led the recruitment and training of laymen volunteers into the Simulated Patients for ECE Programme.
36.	2005-2006	Secretariat	Curriculum Committee, Faculty of Medicine, UiTM	Prepared the minutes and agenda of meetings
37.	2005-2006	Committee Member	ISO Data Analysis Team, Faculty of Medicine, UiTM	Gathered, analysed and compiled relevant data for ISO certification.
38.	2005-2006	Committee Member – Clinical Hazards	Sub Occupational Safety & Health Committee (SOSHCo), Faculty of Medicine, UiTM	Monitored and reported clinical hazards incidence in clinical services

8. PROFESSIONAL MEMBERSHIPS

No.	Membership	Year	Role	Description
1.	Royal College of General Practitioners (RCGP), United Kingdom	2006 – to date	Member	Accepted as member after passing the MRCGP examinations
2.	Malaysian Society of Hypertension (MSH)	2008 – to date	Life Member	Life member
3.	Malaysian Society of Hypertension (MSH)	2009 – 2013	Council Member	Served as a council member

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4.	Family Medicine Specialists Association (FMSA)	2008 – to date	Member	Member
5.	Family Medicine Specialists Association (FMSA)	2010 – 2012	Exco Member	Served as an exco member
6.	Academy of Family Physicians Malaysia (AFPM)	2008 – to date	Member	Member
7.	Academy of Family Physicians Malaysia (AFPM)	2009 – 2011	Council Member	Served as a council member
8.	International Society of Hypertension (ISH)	2010 – 2012	Member	Member

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9. STEWARDSHIP IN NATIONAL GUIDELINE DEVELOPMENT & EXPERT COMMITTEES

No	Role	Institution/Agency/Professional Body	Year	Title
1.	Expert Panel & Writing Committee	Malaysian Society of Hypertension & Health Technology Assessment, Ministry of Health, Malaysia	2009/2010	Management of Hypertension – A Quick Reference Guide
2.	Expert Panel & Writing Committee	Non-Communicable Disease Section, Ministry of Health, Malaysia & Malaysian Society of Hypertension	2010	Management of Hypertension – Training Module for Health Care Providers
3.	Expert Panel & Writing Committee	The National Healthcare Statistics Initiative, Clinical Research Centre, Ministry of Health, Malaysia.	2011	The National Healthcare Establishments & Workforce Statistics 2008-2009
4.	Expert Panel & Writing Committee	Family Health Development Division, MOH & Family Medicine Specialist Association (FMSA)	2011-2013	Screening Guideline in Primary Care
5.	Expert Panel & Technical Working Group Member	Ministry of Health Malaysia	2010-2015	Development of the Blueprint for 1CARE: Healthcare Transformation & Public-Private Partnership Programme
6.	Expert Panel, Speaker & Facilitator	Institute for Public Health and Disease Control Division, Ministry of Health Malaysia	2014-2015	Strengthening Leadership and Advocacy for the Prevention and Control of Non-communicable Diseases (LeAd-NCD) programme.
7.	Expert Panel, Speaker & Facilitator	Ministry of Health Malaysia	2015	Diabetes Policy Roundtable: Strengthening Health Systems for Diabetes Management in Malaysia

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8.	Member	Majlis Profesor Negara (MPN)	2018 – to date	Contributing expertise to the society
9.	Research Fellow	Institut Pengurusan dan Penyelidikan Fatwa Sedunia (INFAD), USIM	2018 – 2024	Contributing expertise in LGBT research and the community
10.	Expert Panel	Peka B40 Programme, Ministry of Health, Malaysia	2022	Contributing expertise in Primary Health Care & Financing Reform
11.	Expert Committee	Primary Care Transformation & Reform, Family Medicine Specialist Association (FMSA), Malaysia	2019 – 2023	Contributing expertise in Primary Health Care Service Delivery & Governance Reform
12.	Expert Panel	Expert Panel in the MSGH MAFLD Interest Group	2023	Discussing the care for MAFLD patients with type 2 diabetes and/or metabolic diseases
13.	Academic Member	Governance, Monitoring and Evaluation Committee (GMEC), Ministry of Health Malaysia	2021 – to date	Monitor and evaluate the performance of Protect Health Corporation
14.	Expert Committee	Strategic Engagement Group for Primary Health Care Transformation, Ministry of Health Malaysia	2024 – to date	Giving expert opinion on PHC Transformation

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10. ACADEMIC, RESEARCH, INNOVATION AND SERVICE AWARDS

No.	Year	Award Title	Conferring Body/Institution	Amount
1.	2007	Excellence Service Award 2006	Universiti Teknologi MARA	RM 1000
2.	2008	Best Poster Presentation Award	12 th Malaysian FMS Scientific Meeting, Johor Bahru	RM300
3.	2010	International Society of Hypertension (ISH) Vancouver Award	International Society of Hypertension (ISH), Vancouver, Canada	Sponsored Trip to Vancouver ~ RM 10,000
4.	2011	3 rd Prize for Poster Presentation	15 th Malaysian Family Medicine Scientific Conference, Seremban	RM 100
5.	2011	Young Physician Leaders Award	Inter-Academy Medical Panel & World Health Summit 2011, Berlin, Germany	Travel Grant to Berlin ~ RM 10,000
6.	2012	1 st Prize for Oral Presentation – Dato' Narimah Awin Award	16 th Malaysian Family Medicine Scientific Conference, Melaka	RM 1000
7.	2012	Excellence Service Award 2011	Universiti Teknologi MARA	RM 1000
8.	2014	Excellence Service Award 2013	Universiti Teknologi MARA	RM 1000
9.	2014	2 nd Prize for Oral Presentation	Diabetes Asia 2014 Conference, Sunway Pyramid Convention Centre, Selangor	RM 1000
10.	2014	1 st Prize for Poster Presentation	Diabetes Asia 2014 Conference, Sunway Pyramid Convention Centre, Selangor	RM 1500
11.	2014	2 nd Prize for Poster Presentation	Diabetes Asia 2014 Conference, Sunway Pyramid Convention Centre, Selangor	RM 1000
12.	2016	Young Physician Leaders Reunion Award	Inter-Academy Partnership in Science, Research & Health, Geneva, Switzerland	Travel Grant to Geneva ~ RM 6,000
13.	2016	1 st Prize for Oral Presentation	19 th Family Medicine Scientific Conference 2016, Kuala Lumpur, Malaysia	RM 500
14.	2017	ITEX 2017 Silver Medal for the invention: The EMPOWER-PAR Global Cardiovascular Risks Self-Management Booklet®	28 th International Invention & Innovation Exhibition (ITEX) 2017, Kuala Lumpur, Malaysia	Silver Medal

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15.	2017	ICCHS 2017 Gold Medal Award for the invention: The Asthma Self-Management Booklet [®] : An Innovative Tool to Engage and Empower Individuals with Asthma	International Conference on Clinical & Health Sciences 2017, Faculty of Medicine, UiTM Sungai Buloh Campus, Selangor	Gold Medal
16.	2017	ICCHS 2017 Gold Medal Award for the invention: The Diabetes in the Offspring Questionnaire: Malay Version (DMOQ-M) [®] – A Novel Tool to Evaluate Perceived Diabetes Risk	International Conference on Clinical & Health Sciences 2017, Faculty of Medicine, UiTM Sungai Buloh Campus, Selangor	Gold Medal
17.	2018	IIDEX 2018 Gold Medal Award for the invention: The Asthma Self-Management Booklet [®] : An Innovative Tool to Engage and Empower Individuals with Asthma	Invention, Innovation & Design Exposition (IIDEX) 2018, Dewan Agong Tuanku Canselor (DATC), Universiti Teknologi MARA, Shah Alam, Selangor	Gold Medal
18.	2018	IIDEX 2018 Silver Medal Award for the invention: The Diabetes in the Offspring Questionnaire: Malay Version (DMOQ-M) [®] – A Novel Tool to Evaluate Perceived Diabetes Risk	Invention, Innovation & Design Exposition (IIDEX) 2018, Dewan Agong Tuanku Canselor (DATC), Universiti Teknologi MARA, Shah Alam, Selangor	Silver Medal
19.	2018	Anugerah Khas 2017	Majlis Anugerah Akademik, Fakulti Perubatan, UiTM, 26 th Sept 2018	Anugerah Khas
20.	2019	Gold Medal Award for the invention: The EMPOWER-SUSTAIN Global CV Risks Self-Management Booklet [®]	Faculty of Medicine Innovation Day, 17 th July 2019	Gold Medal
21.	2019	Best Oral Presentation for 'NAFLD and CVD Risk Categories in Primary Care: Is There an Association?'	22 nd Family Medicine Scientific Conference 2019, Borneo Convention Centre, Kuching, Sarawak, 1 st – 3 rd Aug 2019	1 st Prize for Oral Presentation
22.	2019	IIDEX 2019 Gold Medal Award for the invention: The EMPOWER-SUSTAIN Global CV Risks Self-Management Booklet [®]	Invention, Innovation & Design Exposition (IIDEX) 2019, Dewan Agong Tuanku Canselor (DATC), Universiti Teknologi MARA, Shah Alam, Selangor, 10 th – 15 th Sept 2019	Gold Medal
23.	2020	The EMPOWER-SUSTAIN Mobile App [®] : A Novel Self-Management Tool to Prevent Heart Attack & Stroke	Faculty of Medicine Innovation Competition, 22 nd Sept 2020	Gold Medal

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24.	2020	The EMPOWER-SUSTAIN Desktop App [®] : A Novel Tool for Health Care Providers to Manage Cardiovascular Risks	Faculty of Medicine Innovation Competition, 22 nd Sept 2020	Silver Medal
25.	2020	The EMPOWER-SUSTAIN Mobile App [®] : A Novel Self-Management Tool to Prevent Heart Attack & Stroke	Invention, Innovation & Design Exposition (IIDEX) 2020 6 th November 2020	Gold Medal
26.	2020	The EMPOWER-SUSTAIN Desktop App [®] : A Novel Tool for Health Care Providers to Manage Cardiovascular Risks	Invention, Innovation & Design Exposition (IIDEX) 2020 6 th November 2020	Gold Medal
27.	2020	Best Researcher Award 2020	Faculty of Medicine, UiTM	Best Researcher Award
28.	2021	UiTM Top Researcher Award – International Grant Acquisition 2020	Office of the Deputy Vice Chancellor Research & Innovation, UiTM	Top Researcher Award
29.	2021	UiTM Best Researcher Award (Science & Technology)	Anugerah Akademik Universiti (AAU) 2020	Best Researcher Award (S&T)
30.	2021	Excellence Service Award	Office of the Deputy Vice Chancellor Research & Innovation, UiTM	Excellence Service Award
31.	2021	The EMPOWER-SUSTAIN Mobile and Desktop Apps [®] : Transforming Cardiovascular e-Health Intervention in Primary Care	International Research and Innovation Symposium and Exposition (RISE) 2021, UTHM, 1 st November 2021	Gold Medal
32.	2021	The EMPOWER-SUSTAIN Mobile and Desktop Apps [®] : Transforming Cardiovascular e-Health Intervention in Primary Care	32 nd International Invention, Innovation & Technology Exhibition (ITEX) 2021, Kuala Lumpur Convention Centre, 13 th - 14 th December 2021	Gold Medal
33.	2022	Excellent Research Award - PhD Graduated on Time	Institute of Pathology, Laboratory and Forensic Medicine (I-PPerForM)	PhD Graduated on Time
34.	2022	Excellent Research Award - Second Top Cumulative Scopus Citations	Institute of Pathology, Laboratory and Forensic Medicine (I-PPerForM)	Second Top Cumulative Scopus Citations
35.	2022	Excellent Research Award - MoU/MoA Signed	Institute of Pathology, Laboratory and Forensic Medicine (I-PPerForM)	MoU/MoA Signed
36.	2022	The EMPOWER-SUSTAIN Mobile and Desktop Apps [®] : Transforming Cardiovascular	PECIPTA 2022, Dewan Tuanku Canselor UMK, 1 st – 3 rd November 2022	Silver Medal

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		e-Health Intervention in Primary Care		
37.	2023	The Cardiovascular Risks Monitoring Booklet for Patients with Familial Hypercholesterolaemia®	International Medical Innovation Competition (IMIC) 2023 27 th July 2023	Gold Medal Best Innovation Award
38.	2023	The Cardiovascular Risks Monitoring Booklet for Patients with Familial Hypercholesterolaemia®	Invention, Innovation & Design Exposition (IIDEX) 2023 14 th December 2023	Gold Medal
39.	2024	Anugerah Individu Yang Memenuhi 7 Kriteria DNA Penyelidikan UiTM 2023	Majlis Apresiasi Staf Fakulti Perubatan 2024	Anugerah Penyelidikan

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CURRICULUM DEVELOPMENT, TEACHING & SUPERVISION

11. STEWARDSHIP IN CURRICULUM DEVELOPMENT

No	Year	Initiative	Role	Description
1.	2005-2006	Primary Care Medicine Undergraduate Curriculum, Faculty of Medicine, Universiti Teknologi MARA.	Led the Curriculum Development Committee & Principal Author	Led the planning and development of Primary Care Medicine undergraduate curriculum, teaching infrastructures and facilities.
2.	2005-2006	Urban Health Undergraduate Curriculum, Faculty of Medicine, Universiti Teknologi MARA.	Co-Author & Curriculum Development Committee Member	Involved in the planning and development of Urban Health undergraduate curriculum, teaching infrastructures and facilities.
3.	2005-2006	Early Clinic Exposure (ECE) Curriculum, Faculty of Medicine, Universiti Teknologi MARA.	Co-Author & Curriculum Development Committee Member	Involved in the planning and development of Early Clinic Exposure (ECE) undergraduate curriculum, teaching infrastructures and facilities
4.	2006	PBL 8: Drug-induced Cushing's Syndrome: Problem Based Learning Module, Endocrine & Metabolism, Faculty of Medicine, Universiti Teknologi MARA.	Co-Author & Curriculum Development Committee Member	Involved in the development of PBL undergraduate curriculum.
5.	2008-2009	DFM Module 3: Chronic Disease Management. Diploma of Family Medicine (DFM), Academy of Family Physicians Malaysia.	Principle Author & DFM Faculty Member	Led the development of Diploma of Family Medicine (DFM) postgraduate curriculum, teaching infrastructures and facilities
6.	2009-2010	MMed Family Medicine – Postgraduate Specialist Training Programme, Faculty of Medicine, Universiti Teknologi MARA.	Led The Curriculum Development Committee & Co-Author	Led the planning and development of the Masters of Family Medicine curriculum, teaching infrastructures and facilities.

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12. UNDERGRADUATE TEACHING

No.	Year	Programme	Posting	No. of hours/days/weeks
1.	2005 – to date	Year 4 MBBS Programme	Primary Care Medicine Posting	8-week posting X 6 rotations per year
2.	2005 – 2015	Year 2 MBBS Programme	Early Clinical Exposure	10 hours per year
3.	2008 – 2010	Pre-Med Programme	Exposure to Primary Care	10 hours per year

13. POSTGRADUATE SUPERVISION

No.	Programme Code	Training Programme	Candidates	Title of Thesis/Type of Supervision	Year
1.	FRACGP/MAFPM – VTP	Fellowship of the Royal Australian College of General Practitioners/ Membership of the Academy of Family Physicians Malaysia (FRACGP/MAFPM) – Vocational Training Programme	6 candidates	Clinical Supervision	2008 – 2010 (Graduated)
2.	MD 780	Master of Science (Medicine) - Master by Research Main Supervisor	Dr. Maryam Hannah Daud (Student No. 2012265222)	A Pragmatic Cluster Randomised Controlled Trial to Evaluate the Effectiveness of the EMPOWER-PAR Intervention in Improving Primary Care Providers' Adherence to T2DM CPG and Medication Adherence in T2DM Patients	2012 – 2016 (Graduated 2016)

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3.	MD 773	Master of Medicine (Family Medicine) Main Supervisor	Dr. Siti Fatimah Badlishah Sham (Student No. 2011245574)	Adaptation, Translation and Validation of the Diabetes Mellitus in the Offspring Questionnaire (DMOQ): The Malay Version	2011 – 2016 (Graduated 2016)
4.	MD 773	Master of Medicine (Family Medicine) Main Supervisor	Dr. Zahirah Tharek (Student No. 2011680058)	Relationships of Self Efficacy with Self-Care Behaviour, Medication Adherence and Glycaemic Control among Type 2 Diabetes Mellitus Patients in Taman Ehsan and Sungai Buloh Primary Health Care Clinics	2011 – 2016 (Graduated 2016)
5.	MD 773	Master of Medicine (Family Medicine) Main Supervisor	Dr. Ahmad Baihaqi Azraii (Student No. 2012904027)	Familial Hypercholesterola emia in Primary Care: Knowledge, Awareness and Practice among Primary Care Doctors in Malaysia	2013 – 2018 (Graduated 2018)
6.	MD 773	Master of Medicine (Family Medicine) Main Supervisor	Dr. Hayatul Najaa Miptah (Student No. 2013987397)	Non-Alcoholic Fatty Liver Disease (NAFLD) – Prevalence and Associated Factors among Adult Patients Attending UiTM Primary Care Clinics	2013 – 2019 (Graduated 2019)
7.	MD 773	Master of Medicine (Family Medicine) Co Supervisor	Dr. Sharifah Azimah Wan Ali (Student No. 2013148041)	Prevalence of Metabolic Syndrome and its Association with Symptomatic Obstructive Sleep Apnoea among	2013 – 2019 (Graduated 2019)

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				Adult Patients Attending UiTM Primary Care Clinics	
8.	MD 773	Master of Medicine (Family Medicine) Main Supervisor	Dr. Nur Hidayah Bahrom (Student No. 2015939573)	Validation of the PAM-13 Malay version and the factors associated with Patient Activation Level among individuals with Metabolic Syndrome in the Malaysian Primary Care setting	2016 – 2020 (GOT 2020)
9.	MD 773	Master of Medicine (Family Medicine) Main Supervisor	Dr. Nor Farha Basri (Student No. 2015157923)	Traditional and Complementary Medicine (TCM) usage and its association with Patient Assessment of Chronic Illness Care (PACIC) among individuals with Metabolic Syndrome (MetS) in UiTM Primary Care Clinics	2015 – 2021 (Graduated 2021)
10.	MD 773	Master of Medicine (Family Medicine) Main Supervisor	Dr. Nurul Hidayatullaila Sahar (Student No. 2016562443)	Determining the Levels of Usability and Factors Associated with Good Usability of the EMPOWER-SUSTAIN Global Cardiovascular Risks Self-Management Booklet© among Patients with Metabolic Syndrome in UiTM Primary Care Clinics	2017 – 2021 (GOT 2021)
11.	MD 773	Master of Medicine (Family Medicine) Main Supervisor	Dr. Mohamad Abu Zar Abdul Halim (Student No. 2018686564)	Factors associated with usability of the EMPOWER-SUST	2018 – 2023 (Graduated 2023)

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				AIN Global Cardiovascular Risks Self-Management Booklet® among individuals with metabolic syndrome in primary care: a cross-sectional study	
12.	MD 773	Master of Medicine (Family Medicine) Main Supervisor	Dr. Siti Mariam Abu Hussain (Student No. 2019227666)	Factors associated with usability of the EMPOWER-SUSTAIN Self-management mobile app® among individuals with cardiovascular risk factors in primary care	2019 – 2023 (Graduated 2023)
13.	MD 773	Master of Medicine (Family Medicine) Main Supervisor	Dr. Nik Marina Nik Ibrahim (Student No. 2020406886)	Fibrosis Risk Assessment using FIB-4 and Liver Stiffness Measurement to detect Advanced Liver Fibrosis among patients with Metabolic Associated Fatty Liver Disease (MAFLD) in Primary Care	2020 – 2025 (Graduated 2025)
14.	MD 773	Master of Medicine (Family Medicine) Main Supervisor	Dr. Nur Zawani Md Nawawi (Student No. 2021666044)	Factors Associated with Higher Cardiovascular Disease Risk Awareness among Patients with Cardiovascular Risk Factors in Primary Care	2021 – 2025 (Graduated 2025)
15.	MD 773	Master of Medicine (Family Medicine)	Dr. Nur Atikah Mohd Jamil (Student No.	Factors Associated with Poor Adherence to	2023 – 2026 - ongoing

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		Main Supervisor	2023316223)	Antihypertensive Therapy Among Hypertensive Patients with T2DM in a University Primary Care Clinic	
16.	MD 773	Master of Medicine (Family Medicine) Main Supervisor	Dr. Nur Ain Habibah Mohamed (Student No. 2024657025)	Clinical and Thesis Supervision	2024 – 2027 - ongoing
17.	MD 773	Master of Medicine (Family Medicine) Main Supervisor	Dr. Naziha Suhaila Mohd Suhaimi (Student No. 2026778997)	Clinical and Thesis Supervision	2026 – 2030 - ongoing
18.	MD 990	PhD (Medicine) Main Supervisor	Dr. Maryam Hannah Daud (Student No. 2018800794)	Development and Evaluation of the EMPOWER-SUSTAIN Prototype Web-based Desktop and Mobile Applications to Improve Self-management Behaviours among Individuals with Metabolic Syndrome	2018 – 2022 (GOT 2022 and Excellent Research Award recipient)
19.	University of Nottingham, UK	PhD (Primary Care) Co Supervisor	Dr. Hasidah Abdul Hamid	Improving Identification of Familial Hypercholesterolaemia (FH) in Malaysian Primary Care	2018 – 2022 (Graduated 2022)
20.	MD 780	Masters of Science (Medicine) - Master by Research Main Supervisor	Nur Aisyah Farhana Mohamad Kamal Arifin (Student No. 2020208558)	Exploring Experience, Concerns, Expectations and Dietary Habits of Individuals with Suspected Familial Hypercholesterolemia Undergoing Genetic Testing	2020 – 2024 (GOT 2024 and Excellent Research Award recipient)

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21.	MD 780	Masters of Science (Medicine) - Master by Research Main Supervisor	Siti Nur Syarifah Sahrom (Student No. 2020756541)	Establishing the Metabolomic Profile in Patients with Metabolic Syndrome Taking Oral Traditional and Complementary Medicine in Primary Care	2020 – 2025 - withdrew
22.	MD 780	Masters of Science (Medicine) - Master by Research Main Supervisor	Johanes Dedi Anak Kanchau (Student No. 2020810626)	Comparison of Familial Hypercholesterolemia Detection Rate between FAMCAT and the Established Clinical Diagnostic Criteria	2020 – 2024 (Graduated 2024)
23.	PH 766	Master of Science (Pharmacology) - Master by Research Co Supervisor	Mohammad Amirul Izzan Amran (Student No. 2024860784)	The Effects of Lactiplantibacillus Plantarum LAB12 Probiotic as an Adjuvant Therapy on Lipid Lowering Efficacy: A Double-Blind Placebo-Controlled Randomized Study	2025 – 2027 - ongoing
24.	MD 990	PhD (Medicine) Co Supervisor	Li Huiying (Student No. 2024190755)	Study On Primary School Students' Health Management System	2024 – 2028 - ongoing
25.	MD 977	Doctorate in Cardiothoracic Surgery Co Supervisor	Dr. Irwan Samsudin (Student No. 2023367279)	In-Vivo Evaluation of Nano-Silver (Si-Nano-Ag) Thin Film Composites for Potential Use in Wound Closure Application: An Animal Study	2023 – 2027 - ongoing
26.	MD 977	Doctorate in Cardiothoracic Surgery	Dr. Mohd Fadzli Maspan (Student No. 2025387717)	Factors Associated with Radial Artery Suitability as	2025 – 2029 - ongoing

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		Co Supervisor		Second Conduit in Coronary Artery Bypass Grafting (CABG): A Sonographic Assessment in the Asian Population	
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14. EXAMINER FOR POSTGRADUATE EXAMINATIONS

No.	Role	Examination	Institution/Body	Year
1.	External Examiner	Part I Master of Family Medicine Clinical Conjoint Examinations	Specialty Conjoint Board of Family Medicine	2013 – to date
2.	External Examiner	Part II Master of Family Medicine Clinical Conjoint Examinations	Specialty Conjoint Board of Family Medicine	2014 – to date
3.	External Examiner	Part III Master of Family Medicine Clinical Conjoint Examinations	Specialty Conjoint Board of Family Medicine	2015 – to date
4.	Thesis Examiner	Part III Master of Family Medicine	Faculty of Medicine, UiTM	Feb 2018
5.	Thesis Examiner	Part III Master of Family Medicine	Faculty of Medicine, UiTM	Nov 2018
6.	Thesis Examiner	Part III Master of Family Medicine	Faculty of Medicine, UiTM	March 2020
7.	PhD Thesis Examiner	PhD Thesis: Pui San Saw	Monash University, Australia	July 2023
8.	PhD Thesis Examiner	PhD Thesis: Dr. Izzaty Dalawi	Faculty of Medicine, UiTM	Aug 2023

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RESEARCH GRANTS & PUBLICATIONS

15. INTERNATIONAL RESEARCH GRANTS

No.	Research Project	Source	Role	Total Funds	Year	Status
1.	The Prospective Urban Rural Epidemiologic (PURE) Study	Public Health Research Institute (PHRI), McMaster University, Canada	Co-investigator	RM 2,050,243	2008 – 2030	On-going
2.	ARISTOTLE Study	Bristol-Myers Squibb Pharmaceutical Research Institute	Co-investigator	RM 1,290,768	2007 – 2012	Completed
3.	Heart Outcomes Prevention Evaluation-3 (HOPE-3) Trial Study	Collaboration with the Population Health Research Institute, Hamilton Canada	Co-investigator	RM 100,000	2007 – 2016	Completed
4.	Reducing Premature Coronary Artery Disease in Malaysia by Early Identification of Familial Hypercholesterolaemia	UK-Malaysia: Joint Partnership Call on Non-Communicable Diseases Grant Reference: MR/T017384/1 MOE/UiTM Grant Ref: 100-TNCPI/GOV 16/6/2 (002/2020)	Principal Investigator	RM 999,300	2020 – 2023	Completed

16. NATIONAL RESEARCH GRANTS

No.	Research Project	Funding Body	Role	Total Fund	Year	Status
1.	Community based cardiovascular Risk factors Intervention Strategies (CORFIS) Trial Steering Committee	Major Research Grant, Ministry of Health, Malaysia	Co-investigator	RM 1,500,000	2008 – 2010	Completed

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2.	Empowering Patients and Primary Care Providers to Improve Chronic Disease Outcomes: The EMPOWER Participatory Action Research (EMPOWER-PAR)	ERGS, MOHE	Principal Investigator	RM 179,900	2011 – 2014	Completed
3.	Relationship of Self-Efficacy with Self-Care Behaviour, Medication Adherence and Glycaemic Control among Type 2 Diabetes Mellitus Patients in Taman Ehsan and Sungai Buloh Primary Health Care Clinics	RAGS, MOHE	Co-investigator	RM 45,000	2014 – 2016	Completed
4.	Diabetes Mellitus in the Family Questionnaire (DMFQ): Translation and validation of the Malay version	RAGS, MOHE	Co-investigator	RM 50,000	2014 – 2016	Completed
5.	Development and Evaluation of the EMPOWER-SUSTAIN Prototype Web-based Desktop and Mobile Applications to Improve Self-Management of Cardiovascular Risks among Individuals with Metabolic Syndrome	PRGS, MOHE	Principal Investigator	RM 82,000	2019 – 2021	Completed
6.	Evaluation of FHV-Kesan: A Molecular Diagnostic Kit Prototype for Detection of Familial Hypercholesterolaemia in Malaysia	PRGS, MOHE	Co-Investigator	RM 150,000	2019 – 2021	Completed
7.	Establishing the Metabolomic Profile in Patients with Metabolic Syndrome Taking Oral Traditional and Complementary Medicine in Primary Care	FRGS-Racer	Co-Investigator	RM 51,200	2019 – 2021	Completed
	Health Literacy-Related Knowledge Attitude Practice and Perceived	The Academy of Family Physicians of	Co-Investigator	RM 11,900	2020 – 2022	Completed

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	Barriers Among Primary Care Doctors in Malaysia: A Cross-Sectional Study	Malaysia (AFPM) Grant				
8.	Elucidating the prevalence, determinants and novel mechanism for COVID 19 vaccination hesitancy among health care workers in Malaysia	FRGS	Co-Investigator	RM 120,900	2021 – 2024	Completed
9.	Translating Probiotics from Malaysian Fermented Food into Adjuvant Therapy: Bridging the Gap of Safety and Lipid Lowering Efficacy	PRGS	Co-Investigator	RM 220,000	2024 – 2026	Ongoing

17. UiTM INTERNAL GRANTS

No.	Research Project	Grant	Role	Total Funds	Year	Status
1.	Effect of Communication Skills Training on Medical Students' Attitude	Dana Kecemerlangan	Principal Investigator	RM 13,500	2009 – 2012	Completed
2.	Paediatric Dengue Life-Threatening Symptoms Recognition Amongst Carers in the Community	Dana Kecemerlangan	Co-investigator	RM 10,000	2011 – 2012	Completed
3.	Familial Hypercholesterolaemia in Primary Care: Knowledge, Awareness and Practice among Primary Care Doctors in Malaysia	LESTARI	Principal Investigator	RM 20,000	2016 – 2018	Completed
4.	Association between Non-Alcoholic Fatty Liver Disease (NAFLD) and the Framingham Risk Score among Adult Patients attending UiTM Primary Care Clinics	LESTARI	Co-investigator	RM 20,000	2017 – 2019	Completed
5.	Familial Hypercholesterolaemia in Malaysia: Prevalence in Community and	MITRA	Co-investigator	RM 100,000	2017 – 2019	Completed

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	Premature Coronary Heart Disease, Patients Perception and Computer-based Screening and Categorisation System					
6.	Ficus Deltoidea as Therapeutic Supplement for Metabolic Syndrome and Prevention of Atherosclerosis: In Vivo Benefits and Cost Effectiveness	MITRA PERDANA	Co-investigator	RM 100,000	2018 – 2020	Completed
7.	Evaluating the Performance of the Familial Hypercholesterolaemia Case Ascertainment Tool (FAMCAT) in Identifying Familial Hypercholesterolaemia in the Malaysian Primary Care Setting	LESTARI	Co-Investigator	RM 20,000	2018 – 2020	Completed
8.	Cost-Effectiveness of the FAMCAT against DLCC and SB Criteria in Identifying Familial Hypercholesterolaemia in the Malaysian Primary Care Setting	BESTARI	Principal Investigator	RM 30,000	2018 – 2020	Completed
9.	Exploring the Usability and Feasibility of the Asthma Self-Management Book to Empower Adults with Asthma	Dana UiTM Cawangan Selangor (DUCS)	Co-Investigator	RM 20,000	2018 – 2020	Completed
10.	The EMPOWER-SUSTAIN Self-Management Mobile App®: Determining the Levels and Factors Associated with Usability of the App Among Individuals with Cardiovascular Risk Factors	Road to HICoE Research Grant	Principal Investigator	RM 60,000	2021 – 2023	Completed

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11.	Determining the Levels and Factors Associated with Usability of the EMPOWER-SUSTAIN Global Cardiovascular Risks Self-Management Booklet® Among Individuals with Metabolic Syndrome in Primary Care	DUCS-CoE	Principal Investigator	RM 50,000	2021 – 2023	Completed
12.	Primary Prevention among Patients with High Cardiovascular Risk in Primary Care: Do They Achieve Treatment Targets?	Dana Clinical Research Grant (DCRG), HASA	Co-Investigator	RM 20,000	2021 – 2023	Completed
13.	Unravelling the Challenges and Best Practices for Optimal Medication Management Among Home-dwelling Elderly with Cognitive Frailty	UiTM Research Entity Collaboration Grant (KEPU)	Co-Investigator	RM 40,000	2021 – 2024	Completed
14.	Cardiovascular Disease Prevention and Risk Management	Vice Chancellor Special Project (VCSP)	Principal Investigator	RM 5,000	2024	Completed
15.	Pre-Commercialisation of the EMPOWER-SUSTAIN Mobile and Desktop Apps®	Product Market Incubation & Commercialization (ProMIC)	Principal Investigator	RM 42,000	2023 – 2025	Completed

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18. FULL PAPERS IN INDEXED JOURNALS: SCOPUS/WOS/MYCITE

No	Year	Title
1.	2026	NA Mohd Kasim, YA Chua, SH Sheikh Abdul Kadir, A Al-Khateeb, AZ Razman, SA Nazli, A Kamal, JD Kanchau, YS Lee, MS Mohamed Yassin, N Qureshi, H Nawawi, AS Ramli . Variable Phenotype Associated with Compound LDLR Gene Mutations in Familial Hypercholesterolemia Patients: Case Series and Clinical Implications. Medicine® . 2026; accepted, in press.
2.	2026	NZ Md Nawawi, LL Kanoo, AS Ramli . Factors associated with higher cardiovascular disease risk awareness among patients with cardiovascular risk factors in primary care. BMC Primary Care . 2026; 27(1):7. DOI: 10.1186/s12875-025-03095-3. WoS SCIE JIF Q1. Corresponding Author .
3.	2025	NZ Md Nawawi, LL Kanoo, AB Peter, AB Alias, H Baharuddin, AS Ramli . Overlap Syndrome involving Rheumatoid Arthritis and Systemic Sclerosis Complicated by Hashimoto's Thyroiditis and Interstitial Lung Disease Detected in Primary Care: A Case Report. AME Case Reports . 2025; 9:135. DOI: 10.21037/acr-2025-66. WoS ESCI JIF Q3. Corresponding Author .
4.	2025	P Joseph, A Avezum, C Ramasundarahettige, PK Mony, R Yusuf, K Kazmi, A Szuba, P Lopez-Jaramillo, ML Diaz, AH Yusufali, S Gulec, R Kelishadi, L Wei, J Chifamba, F Lanias, T Puoane, A Krishnapillai, S Rangarajan, S Yusuf, PURE Investigators . Secondary Prevention Medications in 17 Countries Grouped by Income Level (PURE): A Prospective Cohort Study. Journal of American College of Cardiology . 2025; 85(5):436-447. DOI: 10.1016/j.jacc.2024.10.121. PURE Investigators by Country: Malaysia: K. Yusoff, HM Nawawi, TS Ismail, AS Ramli , et al. WoS SCIE JIF Q1 .
5.	2025	SNASA Latiff Alsagoff, MF Mohd Miswan, MY Yahaya, MF Sikkandar, AS Ramli . Variant of Hoffa disease: A Case Report. Malaysian Family Physician . 2025; 20:41. DOI: 10.51866/cr.819. SCOPUS .
6.	2025	SNA Zaid, A Abdul Kadir, MN Norhayati, B Ahmad B, MSB Yusoff, AS Ramli , JSY Liew. Development and Validation of COVID-19 Vaccination Perception (CoVaP) Instrument among Healthcare Workers in Malaysia. PeerJ . 2025; 13:e19318. DOI: 10.7717/peerj.19318. WoS SCIE JIF Q2. Sole Author from UiTM .
7.	2025	NM Nik Ibrahim, SY Mohd Yusuf, K Mat Nor, PY Teoh, AS Ramli . A Complex Case of Testicular Choriocarcinoma in Cryptorchidism and Choriocarcinoma Syndrome: Clinical and Treatment Insights. American Journal of Case Reports . 2025; 26: e946461. DOI: 10.12659/AJCR.946461. WoS ESCI JIF Q3. Corresponding Author .
8.	2024	JD Kanchau, RK Akyea, N Baharudin, M-S Mohamed-Yassin, A Kamal, Y-A Chua, AZ Razman, H Abdul-Hamid, S Abdul-Razak, SF Badlishah-Sham, AF Abdul Aziz, N Qureshi, AS Ramli . Clinical Epidemiology and Global Health . 2024; 27:101619. DOI: 10.1016/j.cegh.2024.101619. WoS ESCI JIF Q3. Corresponding Author .
9.	2024	SNA Zaid, A Abdul Kadir, N Mohd Noor, B Ahmad, MSB Yusoff, AS Ramli , JLS Yan. Translation and trans-cultural adaptation to the Malay version of the COVID-19 vaccine hesitancy questionnaire among healthcare workers in Malaysia. PLoS One . 2024; 19(4): e0302237. DOI: 10.1371/journal.pone.0302237. WoS SCIE JIF Q2. Sole Author from UiTM .
10.	2024	SM Abu Hussain, HN Miptah, NA Shibraumalisi, M-S Mohamed-Yassin, N Baharudin, SF Badlishah-Sham, NMN Mohd Nasir, KN Kamaruddin, LL Kanoo, S Abdul-Razak, H Abdul-Hamid, MH Daud, FH Yusoff, AS Ramli . Factors associated with usability of the EMPOWER-SUSTAIN Self-management mobile app® among individuals with cardiovascular risk factors in primary care. Digital Health . 2024; 10:20552076241242795. DOI: 10.1177/20552076241242795. WoS SSCI JIF Q1. Corresponding Author .

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11.	2024	SM Abu Hussain, NA Shibraumalisi, HN Miptah, AS Ramli . A case of Spinal Muscular Atrophy type 2 in a child: a genetic condition rarely detected in primary care. Journal of Clinical and Health Sciences . 2024; 9(1):55-60. MyCite. Corresponding Author.
12.	2024	HJ Singh, R Abdul Ghani, AS Ramli , D Durairajanayagam. Revisiting the Name, Definition and Classification of Obesity. Journal of Clinical and Health Sciences . 2024; 9(1):1-5. MyCite.
13.	2024	MAZ Abdul-Halim, N Baharudin, H Abdul-Hamid, MS Mohamed-Yassin, MH Daud, SF Badlishah-Sham, S Abdul-Razak, AS Ramli . Factors associated with usability of the EMPOWER-SUSTAIN Global Cardiovascular Risks Self-Management Booklet© among individuals with metabolic syndrome in primary care: a cross-sectional study. BMC Primary Care . 2024; 25(1):51. DOI: 10.1186/s12875-024-02281-z. WoS SCIE JIF Q1. Corresponding Author.
14.	2024	MAZ Abdul-Halim, H Abdul-Hamid, N Baharudin, MS Mohamed-Yassin, SS Kasim, H Nawawi, N Qureshi, AS Ramli . A case report of heterozygous familial hypercholesterolaemia with LDLR gene mutation complicated by premature coronary artery disease detected in primary care, European Heart Journal - Case Reports . 2024; 8(2):ytac039. DOI: 10.1093/ehjcr/ytac039. WoS ESCI JIF Q4. Corresponding Author.
15.	2023	CV Chalitsios, RK Akyea, H Abdul-Hamid, J Leonardi-Bee, JD Kanchau, A Kamal, MS Mohamed-Yassin, N Baharudin, AS Ramli , N Qureshi. Age and Sex Differences in LDL Cholesterol Distribution in Adults in Malaysia: A Cross-Sectional Study (2010–2021). Int J Gen Med . 2023; 16:5885-5888. DOI: 10.2147/IJGM.S423091. WoS SCIE JIF Q2.
16.	2023	MS Mohamed-Yassin, AM Daher, AS Ramli , NF Ramli, N Baharudin. Health literacy-related knowledge, attitude, perceived barriers, and practice among primary care doctors in Malaysia. Scientific Reports . 2023; 13:19814. DOI: 10.1038/s41598-023-47242-1. WoS SCIE JIF Q1.
17.	2023	N Baharudin, AS Ramli , SS Ramland, NI Badlie-Hisham, MS Mohamed-Yassin. Factors associated with achievement of blood pressure, low-density lipoprotein cholesterol (LDL-C) and glycaemic targets for primary prevention of cardiovascular diseases among high cardiovascular risk Malaysians in primary care. Journal of Primary Care and Community Health . 2023; 14: 1–13. DOI: 10.1177/21501319231191017. WoS ESCI JIF Q2.
18.	2023	SM Abu Hussain, NA Shibraumalisi, HN Miptah, ND Mohamad Ali, MY Yahaya, AS Ramli . A hidden condition: multiple Tarlov Cysts unveiled in a young woman seeking primary care for debilitating low back pain. American Journal of Case Reports . 2023; 24: e940600. DOI: 10.12659/AJCR.940600. WoS ESCI JIF Q3. Corresponding Author.
19.	2023	MS Mohamed-Yassin, N Rosman, KN Kamaruddin, HN Miptah, N Baharudin, AS Ramli , S Abdul-Razak, NM Lai, and GLOBALDYS Study Investigators. A systematic review and meta-analysis of the prevalence of dyslipidaemia among adults in Malaysia. Scientific Reports . 2023; 13(1): 11036. DOI: 10.1038/s41598-023-38275-7. WoS SCIE JIF Q1.
20.	2023	MH Daud, FH Yusoff, S Abdul-Razak, N Baharudin, MS Mohamed-Yassin, SF Badlishah-Sham, AW Nikmat, MR Isa, N Jamil, H Nawawi, AS Ramli . Design, development, utility and usability testing of the EMPOWER-SUSTAIN Self-Management Mobile App© among primary care physicians and patients with metabolic syndrome. Digital Health . 2023; 9:20552076231176645. DOI: 10.1177/20552076231176645. WoS SSCI JIF Q2. Corresponding Author.
21.	2023	AS Ramli , N Qureshi, H Abdul-Hamid, A Kamal, JD Kanchau, NS Shahuri, RK Akyea, L Silva, L Condon, Suraya Abdul-Razak, Alyaa Al-Khateeb, Yung An Chua, Mohamed-Syarif Mohamed-Yassin, Noorhida Baharudin, Siti Fatimah Badlishah Sham, Aznida Firzah Abdul Aziz, Noor Alicezah Mohd Kasim, Siti Hamimah Sheikh Abdul Kadir, Joe Kai, Jo Leonardi-Bee and Hapizah Nawawi. Reducing premature coronary artery disease in Malaysia by early identification of Familial Hypercholesterolaemia using FAMCAT primary care screening tool: a

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		mixed methods evaluation study protocol. JMIR Research Protocols . 2023; 12: e47911. DOI: 10.2196/47911. WoS ESCI JIF Q3. 1st & Corresponding Author.
22.	2023	A Kamal, JD Kanchau, NS Shahuri, MS Mohamed-Yassin, N Baharudin, S Abdul Razak, SF Badlishah-Sham, H Abdul-Hamid, AF Abdul Aziz, A Al-Khateeb, YA Chua, NA Mohd Kasim, SH Sheikh Abdul Kadir, H Nawawi, N Qureshi, AS Ramli . Case series of genetically confirmed index cases of Familial Hypercholesterolemia in primary care. American Journal of Case Reports . 2023; 24: e939489. DOI: 10.12659/AJCR.939489. WoS ESCI JIF Q3. Corresponding Author.
23.	2023	SS Kasim, N Ibrahim, S Malek, KS Ibrahim, MF Aziz, C Song, YC Chia, AS Ramli , K Negishi, N Mat Nasir. Validation of the general Framingham Risk Score (FRS), SCORE2, revised PCE and WHO CVD risk scores in an Asian population. The Lancet Regional Health - Western Pacific . 2023; 100742. DOI: 10.1016/j.lanwpc.2023.100742. WoS SSCI JIF Q1.
24.	2023	R Ismail, NH Ismail, A Mohd Tamil, MH Ja'afar, Z Md Isa, N Mat Nasir, F Ariffin, AS Ramli , N Zainol Abidin, NH Ab Razak, KH Yusof. Prevalence and factors associated with prediabetes and diabetes mellitus among adults: Baseline findings of PURE Malaysia cohort study. Clinical Epidemiology and Global Health . 2023; 21:101279. DOI: 10.1016/j.cegh.2023.101279. WoS ESCI JIF Q2.
25.	2023	NH Sahar, AS Ramli , SF Badlishah-Sham, MF Mohd-Miswan. Osgood-Schlatter Disease in adult: would early diagnosis and treatment improve the prognosis? Journal of Clinical and Health Sciences . 2023; 8(1):76-81. DOI: 10.24191/jchs.v8i1.21453. MyCite. Corresponding Author.
26.	2023	MH Daud, FH Yusoff, AS Ramli. The effect of mobile health (mHealth) interventions on clinical outcomes and self-management behaviours in individuals with metabolic syndrome: a narrative review of evidence. Journal of Clinical and Health Sciences . 2023; 8(1):6-33. DOI: 10.24191/jchs.v8i1.21452. MyCite. Corresponding Author.
27.	2022	AY Firus Khan, AS Ramli , S Abdul-Razak, NA Mohd-Kasim, YA Chua, AZ UI-Saufie, H Nawawi. The Malaysian Health and Wellbeing Assessment (MyHEBAT) Study Protocol: An initiation of a national registry for extended coronary risk evaluation in the community. International Journal of Environmental Research and Public Health . 2022; 19(18): 11789. DOI: 10.3390/ijerph191811789. WoS SSCI JIF Q1.
28.	2022	N Méndez-Sánchez, E Bugianesi, RG Gish, F Lammert, H Tilg, MH Nguyen, et al and the Global multi-stakeholder consensus on the redefinition of fatty liver disease. Global multi-stakeholder endorsement of the MAFLD definition. The Lancet Gastroenterology & Hepatology . 2022; 7(5):388-390. DOI: 10.1016/S2468-1253(22)00062-0. AS Ramli is listed as one of the Global multi-stakeholders on the redefinition of fatty liver disease. WoS SCIE JIF Q1. Sole Author from UiTM.
29.	2022	N Baharudin, MS Mohamed-Yassin, AM Daher, AS Ramli , NA Mohamed Noor Khan, S Abdul-Razak. Prevalence and factors associated with lipid-lowering medications use for primary and secondary prevention of cardiovascular diseases among Malaysians: The REDISCOVER Study. BMC Public Health . 2022; 22:228. DOI: 10.1186/s12889-022-12595-1. WoS SCIE JIF Q2.
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19. CUMULATIVE CITATIONS AND H-INDEX

Web of Science ResearcherID and Author Profile:

<https://www.webofscience.com/wos/author/record/K-3322-2014>

Scopus Author Profile:

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ORCID: <http://orcid.org/0000-0002-9517-1413>

20. CURRICULUMS, MODULES, BOOKS AND NEWSLETTERS

No	Title	Authorship	Type of Article
1.	Primary Care Medicine Undergraduate Curriculum. Faculty of Medicine, Universiti Teknologi MARA, 2006.	Principal Author	Curriculum
2.	Urban Health Undergraduate Curriculum. Faculty of Medicine, Universiti Teknologi MARA, 2006.	Co-Author	Curriculum
3.	Early Clinic Exposure (ECE) Curriculum. Faculty of Medicine, Universiti Teknologi MARA, 2006.	Co-Author	Curriculum
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11.	Coming to Terms with Cancer: Courage and Acceptance. Health Awareness Network Initiative (HANI). MGC/TKC OGA, 2010. ISBN 978-967-10045-0-0	Co-Author	Chapter in book
12.	Masters of Family Medicine - Postgraduate Curriculum. Faculty of Medicine, Universiti Teknologi MARA, 2011.	Co-Author	Curriculum
13.	Clinical Practice Guidelines on Management of Hypertension (3 rd	Working	Clinical

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	edition): Training Module for Health Care Providers. MOH, 1 st Revision 2011.	Committee, Editor & Contributor	Practice Guideline Training Module
14.	National Healthcare Establishments & Workforce Statistics 2008-2009. The National Healthcare Statistics Initiative, Clinical Research Centre, Ministry of Health, Malaysia, 2011. ISSN 2231-7899.	Co-Author	Chapter in book
15.	Guidebook for Family Medicine Specialists. Family Medicine Specialist Association, Malaysia, 2012.	Co-Author	Chapter in book
16.	Consultation OSCE in Primary Care Medicine. UiTM Press, 2012. ISBN 978-967-363-417-0	Co-Author	Chapter in book
17.	200 Single Best Answer Questions in Family Medicine. UiTM Press, 2019.	Principal Author	Book
18.	Transforming Cardiovascular Risk Management in Primary Care Through Digital Health	Author	Professorial Lecture Book

21. ABSTRACTS IN JOURNALS & CONFERENCE PROCEEDINGS

Please refer to PRIME, UiTM

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22. INTELLECTUAL PROPERTY RIGHTS

No.	Product	IPR Certificate No.	Year	Description
1.	Global Cardiovascular Risks Self-Management Booklet / Buku Pengawasan Kendiri Risiko Kardiovaskular Secara Menyeluruh	IPR Copyright, MyIPO Notification No: CRLY00005655	2016	Patient Self-Management Booklet - ERGS, MOHE, Grant Code: 600-RMI/ERGS 5/3 (28/2011) - Project Leader
2.	Diabetes Mellitus in the Offspring Questionnaire (DMOQ): The Malay Version	IPR Copyright, MyIPO Notification No: CRLY00005655	2016	Validated DMOQ (Malay version) -RAGS, MOHE, Grant Code: 600-RMI/RAGS 5/3 (78/2014) - Co-Investigator
3.	Research Dissertation: Adaptation, Translation and Validation of the Diabetes Mellitus in the Offspring Questionnaire (DMOQ): The Malay Version	IPR Copyright, MyIPO Notification No: CRLY00005651	2016	Research Dissertation - RAGS, MOHE, Grant Code: 600-RMI/RAGS 5/3 (78/2014) - Main Supervisor
4.	Thesis: A Pragmatic Cluster Randomised Controlled Trial to Evaluate the Effectiveness of the EMPOWER-PAR Intervention in Improving Primary Care Providers' Adherence to T2DM CPG and Medication Adherence in T2DM Patients	IPR Copyright, MyIPO Notification No: CRLY00005652	2016	Thesis - ERGS, MOHE, Grant Code: 600-RMI/ERGS 5/3 (28/2011) - Project Leader
5.	Research Dissertation: Relationships of Self Efficacy with Self-Care Behaviour, Medication Adherence and Glycaemic Control among Type 2 Diabetes Mellitus Patients in Taman Ehsan and Sungai Buloh Primary Health Care Clinics	IPR Copyright, MyIPO Notification No: CRLY00005654	2016	Research Dissertation - RAGS, MOHE, Grant Code: 600-RMI/RAGS 5/3 (60/2014) - Main Supervisor
6.	Asthma Self-Management Booklet / Buku Pengawasan Kendiri Asma	IPR Copyright, MyIPO Notification No: CRLY00005653	2016	Patient Self-Management Booklet
7.	MOFAST (Mock OSCE Feedback & Assessment Tool)	IPR Copyright, MyIPO Notification No: CRLY00014311	2019	Innovation in postgraduate teaching

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8.	The EMPOWER-SUSTAIN Global Cardiovascular Risks Self-Management Booklet	IPR Copyright, MyIPO Notification No: CRLY00017746	2019	Innovation in research and clinical service
9.	High Fidelity Mock-Up Prototype Design for the EMPOWER-SUSTAIN Web-Based Mobile Application	IPR Copyright, MyIPO Notification No: CRLY00017704	2019	Innovation in research and clinical service
10.	The EMPOWER-SUSTAIN Logo	IPR Copyright, MyIPO Notification No: CRLY00017596	2019	Innovation in research and clinical service
11.	The EMPOWER-SUSTAIN Self-Management Mobile Application	IPR Copyright, MyIPO Notification No: CRLY00024429	2020	Innovation in research and clinical service
12.	The EMPOWER-SUSTAIN Self-Management Desktop Application	IPR Copyright, MyIPO Notification No: CRLY00025016	2020	Innovation in research and clinical service
13.	Coding for the EMPOWER-SUSTAIN Self-Management Mobile Application	IPR Copyright, MyIPO Notification No: CRLY00024887	2020	Innovation in research and clinical service
14.	Coding for the EMPOWER-SUSTAIN Self-Management Desktop Application	IPR Copyright, MyIPO Notification No: CRLY00024884	2020	Innovation in research and clinical service
15.	The EMPOWER-SUSTAIN Self-Management Mobile Application User Manual for Patients	IPR Copyright, MyIPO Notification No: CRLY00025015	2020	Innovation in research and clinical service
16.	The EMPOWER-SUSTAIN Self-Management Desktop Application User Manual for Healthcare Providers	IPR Copyright, MyIPO Notification No: CRLY00025014	2020	Innovation in research and clinical service
17.	Cardiovascular Risks Monitoring Booklet for Patients with Familial Hypercholesterolaemia	IPR Copyright, MyIPO Notification No: CRLY2023W05905	2023	Innovation in research and clinical service
18.	The FAMCAT Web-Based Familial Hypercholesterolaemia Identification Tool User Manual and Task Scenarios for Primary Care Providers	IPR Copyright, MyIPO Notification No: CRLY2023W03584	2023	Innovation in research and clinical service

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19.	The UK-Malaysia NUOF Familial Hypercholesterolaemia Project Logo	IPR Copyright, MyIPO Notification No: CRLY2023W03583	2023	Innovation in research and clinical service
20.	Soal Selidik Sikap Terhadap Vaksin Dos Penggalak Covid-19 Petugas Kesihatan	IPR Copyright, MyIPO Notification No: CRLY2024P08874	2024	Innovation in research and clinical service
21.	Soal Selidik Keraguan Vaksin Covid-19 Untuk Petugas Kesihatan	IPR Copyright, MyIPO Notification No: CRLY2024P04274	2024	Innovation in research and clinical service
22.	Asthma Self-Management Booklet	IPR Copyright, MyIPO Notification No: CRLY2024W03650	2024	Innovation in research and clinical service

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REVIEWER & PANEL EVALUATOR

23. REVIEWER FOR JOURNAL ARTICLES

No.	Invitation	Journal	Year	Title of Article
1.	Reviewer	Malaysian Family Physician	2008	Management of Type 2 Diabetes in a primary health care clinic
2.	Reviewer	Asia-Pacific Journal of Public Health	2008	Prevalence of hypertension and its associated factors in adult population in Yangon Division, Myanmar
3.	Reviewer	Malaysian Family Physician	2013	Involvement of practice nurses and allied health professionals in the development and management of care planning processes for patients with chronic disease - A pilot study
4.	Reviewer	Malaysian Family Physician	2015	Poor blood pressure control and its associated factors among older people with hypertension: a cross sectional study in six public primary care clinics in Malaysia
5.	Reviewer	BMC Trials	2017	Effectiveness of a virtual intervention for primary healthcare professionals aimed at improving attitudes towards the empowerment of patients with chronic diseases: study protocol for a cluster randomized controlled trial (e-MPODERA project)
6.	Reviewer	BMC Family Practice	2017	Primary care management of patients with high cardiovascular risk: an international and Hungarian longitudinal comparison of target level achievement
7.	Reviewer	BMC Family Practice	2018	Translation and validation of the PACIC plus questionnaire: the Thai version
8.	Reviewer	Journal of Clinical and Health Sciences	2018	A case report of a patient with chronic generalised pruritus for 3 years

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9.	Reviewer	Malaysian Family Physician	2018	The effectiveness of a 1-day diabetes group education session for glycaemic control in Type 2 Diabetes patients
10.	Reviewer	Journal of Medicine and Life	2020	The Prevalence and Trend of Metabolic Syndrome in the South-East of Iran
11.	Reviewer	BMC Public Health	2020	Perceived quality of care among people with Type 2 Diabetes Mellitus in the North East Region of Peninsular Malaysia
12.	Reviewer	Malaysian Journal of Medicine and Health Sciences	2020	Work-related quality of life and its associated factors among House Officers working at two hospitals in Selangor
13.	Reviewer	Journal of Clinical and Health Sciences	2020	Familial Hypercholesterolaemia: an updated overall management
14.	Reviewer	Journal of Clinical and Health Sciences	2020	Pain descriptors and adaptation of Short Form McGill Pain Questionnaire 2 (SF-MPQ-2) for older people in Brunei Darussalam
15.	Reviewer	BMC Family Practice	2021	Prevalence of undiagnosed depression among hypertensive patients: a Malaysian primary care perspective

24. PANEL EVALUATOR, JUDGE & EDITORIAL BOARD MEMBER

No.	Invitation/Appointment	Appointing Body	Year	Research Proposals
1.	Appointment as a Research Proposal Evaluator	Office of Deputy Vice Chancellor (Research and Innovation)	2013 – 2014	FRGS, ERGS and RAGS Proposals
2.	Invitation as a Guest Panel for the Research Proposal Presentation - Taif University Students Professional Attachment Programme 2014	Population Health and Preventive Medicine Discipline, Faculty of Medicine, UiTM	2014	Research Proposals

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3.	Appointment as a Research Proposal Evaluator	Dean's Office, Faculty of Medicine, UiTM	2014 – 2015	FRGS, ERGS and RAGS Proposals
4.	Appointment as a Research Proposal Evaluator	Office of Deputy Vice Chancellor (Research and Innovation)	2015 – 2016	FRGS and RAGS Proposals
5.	Judge	19th Family Medicine Scientific Conference 2016	12 th Aug 2016	Judge for Poster Presentation organized by FMSA
6.	Judge	Invention, Innovation & Design Exposition (IIDEX) 2017	26 th Sept 2017	Judge for Innovation Competition organized by IRMI, UiTM
7.	Judge	Invention, Innovation & Design Competition for the International Conference on Clinical & Health Sciences (ICCHS) 2017	1 st – 2 nd Nov 2017	Judge for Innovation Competition organized by Faculty of Medicine, UiTM
8.	Judge	Table Clinics Competition, Disability We Care Conference 2017	25 th Nov 2017	Judge for Table Clinics Competition organized by Faculty of Dentistry, UiTM
9.	Panel Evaluator	Office of Deputy Vice Chancellor (Research and Innovation)	Feb - March 2018	TRGS and PRGS Proposals
10.	Panel Evaluator	Faculty of Medicine, UiTM	25 th May 2018	Defence Research Proposal for Master of Family Medicine
11.	Judge for Innovation Competition	Faculty of Medicine, UiTM	25 th July 2018	2018 Innovation Competition Day, Faculty of Medicine, UiTM
12.	Judge for One Minute Pitching Competition	Faculty of Medicine, UiTM	25 th July 2018	2018 Innovation Competition Day, Faculty of Medicine, UiTM
13.	Panel Evaluator	Faculty of Medicine, UiTM	21 st Sept 2018	Defence Research Proposal for Master of Family Medicine
14.	Panellist in Health & Wellbeing Forum	Health & Wellbeing CoRE, IRMI, UiTM	23 rd Oct 2018	Forum panelist at the Health & Wellbeing Forum organized by CoRE, IRMI
15.	Facilitator for Promotion Workshop to A/Professor & Professor	Faculty of Medicine, UiTM	27 th Nov 2018	Workshop on the new promotion criteria for academic staff

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16.	Judge	Faculty Innovation Day 2019	17 th July 2019	Innovation Competition
17.	Chief Judge	22 nd Family Medicine Scientific Conference 2019, Borneo Convention Centre, Kuching, Sarawak	1 st – 3 rd Aug 2019	Chief Judge for Oral & Poster Presentations
18.	External Assessor	UKM Academic Staff Promotion	2019	External Assessor for UKM Academic Staff Promotion
19.	Senior Editor	Journal of Clinical & Health Sciences	2020 – 2024	Editorial Board Member
20.	External Assessor	UIA Academic Staff Promotion	2020	External Assessor for UIA Academic Staff Promotion
21.	External Assessor	UMP Academic Staff Promotion	2021	External Assessor for UMP Academic Staff Promotion
22.	Free Paper Judge	The 23 rd Family Medicine Scientific Conference 2021	2021	Judge for the Oral & Poster Presentations
23.	Research Proposal Evaluator	Research Proposal Evaluator MOHE Grants	2021	Responsible to evaluate the scientific merit of MOHE grants
24.	Research Proposal Evaluator	Internal Grants UiTM	2021	Responsible to evaluate the scientific merit of Internal Grants UiTM
25.	FRGS Panel Evaluator Task Force	Clinical & Health Sciences, ReNeU UiTM	2021 – 2023	Task Force for Panel Evaluators
26.	External Assessor	UPM Academic Staff Promotion	2021 – 2023	External Assessor for UPM Academic Staff Promotion
27.	FRGS Evaluator	Clinical & Health Sciences, ReNeU UiTM	2023	Responsible to evaluate the scientific merit of FRGS proposals
28.	Expert Panel	Covid-19 Vaccine Questionnaire Development	2022	FRGS USM

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29.	External Assessor	UNIMAS Academic Staff Promotion	2023	External Assessor for UNIMAS Academic Staff Promotion
30.	Mentor	UiTM Academic Staff Promotion	2023 – 2025	Mentoring UiTM academic staff for promotion
31.	Group Leader	Conjoint Family Medicine Standard Setting Workshop	2024	Leading a Group in the Conjoint Training Workshop for Standard Setters
32.	Panel Evaluator	IMMB Postgraduate Student Award	2024	Panel Evaluator for IMMB Postgraduate Student Award
33.	Editorial Board Member	BMC Primary Care - WoS JIF Q1 indexed journal	2025 – to date	Handling submission of manuscripts to this journal

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CONFERENCES

25. INVITED SPEAKER AND PRESENTATION TO LEARNED SOCIETIES

No.	Invitation	Conference	Year	Title
1.	Invited Speaker	Communication Skills Course - Training the Trainers. Faculty of Medicine, Universiti Teknologi MARA	May 2006	Teaching Communication Skills in Medicine - The Evidence-Based Framework
2.	Invited Speaker	Medical Health Record Course for Allied Health Professionals, Quality Hotel, Shah Alam, Faculty of Information Management, Universiti Teknologi MARA	5 th December 2007	Medical Terminology
3.	Invited Speaker	Malaysian Society of Hypertension 5 th Annual Scientific Meeting, Hilton Hotel, Kuala Lumpur	19 th January 2008	Fixed Dose Combination Anti-Hypertensive Therapy should be used as first line treatment in patients with hypertension
4.	Invited Speaker	Early Clinical Exposure – Training of Trainers, Faculty of Medicine, Universiti Teknologi MARA	29 th January 2008	Teaching Communication Skills in Medicine – Current Needs, Challenges and Future Directions
5.	Invited Speaker	7 th Asian-Pacific Congress of Hypertension, Kuala Lumpur Convention Centre	21 st February 2009	Uncontrolled Hypertension
6.	Invited Speaker	The Singapore Disease Management & Primary Care Forum 2009, Suntec Convention Centre, Singapore	17 th October 2009	CORFIS: Experience and results from Malaysia's demonstration project on Chronic Disease Management

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7.	Invited Speaker	Academy of Family Physicians Malaysia Annual Scientific Meeting 2010, Shangri-La Hotel, Kuala Lumpur	4 th April 2010	Chronic Disease Management in Primary Care - Current Challenges and Future Directions
8.	Oral Presentation	23 rd Scientific Meeting of the International Society of Hypertension 2010, Vancouver, Canada	30 th September 2010	COmmunity-based cardiovascular Risk Factors Intervention Strategies (CORFIS) in managing hypertension: a randomised controlled trial
9.	Invited Speaker	Malaysian Society of Hypertension 8 th Scientific Meeting 2011, Shangri-La Hotel, Kuala Lumpur	14 th January 2011	Symposia I: Hands on Hypertension: How Do We Decide Whether a Patient Requires Drug Treatment?
10.	Invited Speaker	8 th IMAM Symposium, University of Manchester, United Kingdom	30 th April 2011	Primary Care in Malaysia – Current Challenges & Future Directions
11.	Invited Speaker	Research Colloquium Faculty of Medicine, UiTM, Port Dickson	28 th July 2011	Primary Care Specialist Centre
12.	Oral Presentation	Research Colloquium Faculty of Medicine, UiTM, Port Dickson	29 th July 2011	Medical Students' Attitudes Towards Communication Skills Learning: Implications for Medical Education
13.	Invited Speaker	Health Awareness Campaign, Faculty of Medicine & ILQAM, UiTM	20 th September 2011	Heart Attack & Stroke – Prevention is a Must as There is No Cure
14.	Invited Speaker	8 th Johor Scientific Meeting 2011 The Zon Regency Hotel, Johor Bahru 1Care: Seamless Management of Non-communicable Diseases	10 th October 2011	Chronic Disease Management in Primary Care: What Should Happen Under 1CARE?

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15.	Invited Speaker	Malaysian Society of Hypertension 9 th Scientific Meeting 2012, Shangri-La Hotel, Kuala Lumpur	12 th February 2012	Building a Multidisciplinary CV Risks Management Team: What are the Roles of Allied Health?
16.	Invited Speaker	Malaysian Society of Hypertension 10 th Scientific Meeting 2013, Shangri-La Hotel, Kuala Lumpur	1 st February 2013	Weight Reduction: How Much?
17.	Invited Speaker	National Heart Association of Malaysia (NHAM) Annual Scientific Meeting 2013, Le-Meridien Hotel, Kuala Lumpur	12 th April 2013	Global CV Risk Screening in Primary Care: How well is it done?
18.	Plenary Speaker	8 th Sabah Public Health Colloquium & 1 st Regional Public Health Conference 2013, Kota Kinabalu, Sabah	14 th November 2013	Weight Management in Clinical Practice – How Much to Lose?
19.	Invited Speaker	Continuous Professional Development Course, UiTM Health Centre, Puncak Alam Campus	16 th April 2014	Management of Hypertensive Urgency and Emergency in Primary Care Setting
20.	Invited Speaker	WONCA Asia Pacific Regional Conference 2014, Borneo Convention Centre, Kuching, Sarawak	24 th May 2014	Transforming Chronic Disease Management in Malaysia: Empowering Primary Care Providers and Patients to Improve Chronic Disease Outcomes: The EMPOWER-Participatory Action Research

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21.	Oral Presentation	Diabetes Asia 2014 Conference, Sunway Pyramid Convention Centre, Selangor	16 th October 2014	Effectiveness of the EMPOWER – PAR intervention in improving type 2 diabetes mellitus outcomes in primary care: a pragmatic cluster randomised controlled trial of multifaceted chronic disease management strategies
22.	Invited Speaker	Strengthening Leadership and Advocacy for the Prevention and Control of NCD in Malaysia, Premiere Hotel, Bandar Bukit Tinggi, Kelang, Selangor	2 nd December 2014	Management of NCD in Primary Care
23.	Invited Speaker	Symposium on Endocrine Diseases in the Community, Faculty of Medicine, Universiti Teknologi MARA, Sungai Buloh Campus	3 rd December 2014	Interventions in improving T2DM outcomes in primary care: EMPOWER- PAR
24.	Invited Speaker	Strengthening Leadership and Advocacy for the Prevention and Control of NCD in Malaysia, Concord Hotel, Shah Alam, Selangor	12 th May 2015	Management of NCD in Primary Care
25.	Invited Speaker	FMS Field Supervisor Meeting with Universities Academic Staff, Ministry of Health, Putrajaya	22 th May 2015	Masters of Family Medicine Curriculum and Programme in UiTM
26.	Invited Speaker	Diabetes Policy Roundtable: Strengthening Health Systems for Diabetes Management in Malaysia: Exploring Policy Interventions in Secondary Care, Institute of Health Management, Ministry of Health, Bangsar, Kuala Lumpur	1 st September 2015	Overview of the Chronic Care Model: The Malaysian Experience
27.	Invited Speaker	Strengthening Leadership and Advocacy for the Prevention and Control of NCD in Malaysia, Best Western i-City Hotel, Shah Alam, Selangor	17 th August 2016	The Chronic Care Model

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28.	Invited Speaker	1 st NHAM Cardiology Fellows Course, Faculty of Medicine, UiTM, Sungai Buloh Campus, Selangor	13 th January 2017	What Do We Know in 2017: How to Assess CVD Risk?
29.	Invited Speaker	20 th Family Medicine Scientific Conference 2017, Equatorial Hotel, Penang	4 th August 2017	Challenges in Diabetes Management: The EMPOWER-PAR Intervention
30.	Invited Speaker	Institute for Medical Research, Ministry of Health, Kuala Lumpur, Malaysia	15 th August 2017	Experience Sharing: Keys to Winning an Innovation Awards
31.	Invited Speaker	Recent Updates in Lipidology, One World Hotel, Kuala Lumpur	7 th October 2017	Different Faces of FH: Identifying High Risk Patients in Primary Care Setting
32.	Invited Speaker	Basic Teaching & Learning Course, Faculty of Medicine UiTM	21 st November 2017	How to Excel in an Academic Career
33.	Invited Speaker	National Heart Association of Malaysia (NHAM) Annual Scientific Meeting 2018, Le-Meridien Hotel, Kuala Lumpur	15 th April 2018	How to Approach the Young with Multiple Risk Factors?
34.	Invited Speaker	Telekom Malaysia (TM) Corporate Workforce Health Analysis Programme	20 th April 2018	Are You at Risk of Heart Attack & Stroke?
35.	Invited Speaker	Scientific Writing Workshop 1: Essentials in Research Grant Proposal Writing, I-PPerForM, UiTM	30 th July 2018	Internal Research Grants: Opportunities & Challenges
36.	Invited Speaker	Scientific Writing Workshop 2: Essentials in Manuscript Writing, I-PPerForM, UiTM	31 st July 2018	Essentials of Getting a High Impact Publication and Achieving Citations: Why, Where & How
37.	Invited Speaker	Research Lunch Club, Faculty of Medicine, UiTM	8 th August 2018	How Successful Are You in Managing Your Grant?

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38.	Invited Speaker	Workshops for Selangor Family Medicine Specialists, KK Seksyen 7, Shah Alam, Selangor	11 th January 2019	Empowering Primary Care Providers to Improve Outcomes for T2DM: The EMPOWER-PAR Experience
39.	Invited Speaker	Primary Care Medicine Research Club, Faculty of Medicine, UiTM	23 rd January 2019	How to Build an Academic Career?
40.	Invited Speaker	Postgraduate Supervisor Training Workshop, Faculty of Medicine, UiTM	2 nd April 2019	Being a Dynamic & Effective Supervisor
41.	Plenary Speaker	22 nd Family Medicine Scientific Conference 2019, Borneo Convention Centre, Kuching, Sarawak	3 rd August 2019	Primary Care Reform: Are We Ready?
42.	Invited Speaker	Soft Skills Workshop: Leveraging Your Strengths, I-PPerFoRM, UiTM	7 th August 2019	Communication Skills: Speaking Like a STAR
43.	Invited Speaker	Training of Trainers (ToT) of CPG for the Management of Hypertension 2019	30 th September 2019	Screening and Management of Hypertension in Primary Care
44.	Invited Speaker	Basic Teaching Course for Academic Staff	22 nd October 2019	How to Excel in an Academic Career?
45.	Invited Speaker	Training the Supervisors Workshop	10 th September 2020	Transforming Data into Manuscript
46.	Invited Speaker	Office of Deputy Vice Chancellor (Research and Innovation) Research Webinar Series 2.0	11 th September 2020	The EMPOWER-SUSTAIN Mobile App: Transforming Cardiovascular eHealth Intervention in Primary Care
47.	Invited Speaker	ReNeU Health & Wellness – Research Webinar 2020	17 th December 2020	Sharing Experience: Tips for Successful International Matching Grant Application

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48.	Invited Speaker	Malaysian Society of Gastroenterology & Hepatology (MSGH) MAFLD Webinar	20 th March 2021	Who's at Risk? Improving Cardiovascular Outcomes for Patients with MAFLD
49.	Plenary Speaker	8 th Asia Pacific Primary Care Research Conference 2021, Singapore	17 th July 2021	Revolutionizing Cardiovascular Multimorbidity Management in Primary Care Through Digital Health
50.	Invited Speaker	UiTM Council of Professors Webinar Series 2021: Key to Excellent Mentor-Mentee Performance	23 rd July 2021	Sharing Tips and Experience towards Excellent Mentor-Mentee Performance
51.	Invited Speaker	23 rd Family Medicine Scientific Conference 2021, Kuala Lumpur	24 th September 2021	The EMPOWER-SUSTAIN Mobile App: Transforming eHealth Intervention in Primary Care
52.	Invited Speaker	NAFLD & MAFLD Webinar, College of Physicians Malaysia	6 th January 2022	Lifestyle Intervention and Managing Co-Morbidities in MAFLD
53.	Invited Speaker	MDES Virtual Conference 2022	26 th June 2022	Improving Diabetes Care with Technology and Information
54.	Oral Presentation	WONCA Europe Conference 2022, ExCeL, London, UK	29 th June 2022	The EMPOWER-SUSTAIN Mobile and Desktop Apps©: Innovating Cardiovascular e-Health Intervention in Primary Care
55.	Plenary Speaker	12th ASEAN Conference on Primary Healthcare 2022	15 th July 2022	Epidemic of NCD: Synergy between Pharmacological and Non-Pharmacological Management
56.	Invited Speaker	Malaysia Stroke Hybrid Conference 2022	12 th August 2022	EMPOWER-SUSTAIN: A Self-Monitoring Tool for CVD Prevention

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57.	Invited Speaker	GUT 2022	19 th August 2022	Role of Primary Care in Management of MAFLD
58.	Invited Speaker	Webinar: Preventing Premature Heart Disease Through Early Identification of Familial Hypercholesterolaemia - The UK-Malaysia International Research Collaboration	14 th September 2022	Reducing Premature Coronary Artery Disease by Early Identification of Familial Hypercholesterolaemia in Primary Care
59.	Invited Speaker	The UK-Malaysia Familial Hypercholesterolaemia (FH) Workshop for Health Care Providers	3 rd March 2023	Early Identification of Familial Hypercholesterolaemia in Primary Care
60.	Invited Speaker	Webinar on Translational Research, Hospital Sultan Abdul Aziz Shah (HSAAS), UPM	14 th July 2025	Pragmatic Clinical Trial Design for Translational Research
61.	Invited Speaker	UiTM Council of Professors - Strategic Sharing Session: Route to VK 6	3 rd February 2026	Writing the Professorial Lecture Book: Structure, Narrative and Scholarly Standard

26. ORGANISING AND CHAIRING CONFERENCES/WORKSHOPS

No.	Conference	Organiser	Role	Date
1.	International Congress of Medicine, PICC, Putrajaya, Malaysia	Faculty of Medicine, UiTM	Organising Committee Member	11 th – 13 th Aug 2006
2.	International Congress of Medicine, PICC, Putrajaya, Malaysia	Faculty of Medicine, UiTM	Chairperson	11 th -13 th Aug 2006
3.	UiTM Postgraduate Education Fair & Exhibition, Faculty of Medicine, UiTM	Faculty of Medicine, UiTM	Organising Committee Member	12 th May 2006

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4.	1st ASEAN Regional Primary Care Conference, Park Royal Hotel, Kuala Lumpur	Academy of Family Physicians Malaysia (AFPM) & Family Medicine Specialists Association (FMSA)	Chairperson	7 th -10 th Feb 2007
5.	Malaysian Society of Hypertension 5 th Annual Scientific Meeting, Hilton Hotel, Kuala Lumpur	Malaysian Society of Hypertension (MSH)	Chairperson	18 th – 20 th Jan 2008
6.	12 th Malaysian FMS Scientific Meeting, Johor Bahru	Family Medicine Specialists Association (FMSA)	Chairperson	13 th – 16 th Aug 2008
7.	7 th Asian-Pacific Congress of Hypertension, Kuala Lumpur Convention Centre	Asia-Pacific Society of Hypertension (APSH) and Malaysian Society of Hypertension (MSH)	Scientific Committee Member	19 th - 22 nd Feb 2009
8.	13 th Malaysian FMS Scientific Meeting, Awana Porto Malai, Langkawi	Family Medicine Specialists Association (FMSA)	Chairperson	6 th – 9 th Aug 2009
9.	Annual Research Workshop, Faculty of Medicine, UiTM	Faculty of Medicine, UiTM	Organising Committee Member	2005 - 2009
10.	Malaysian Society of Hypertension 7 th Scientific Meeting 2010, Shangri-La Hotel, Kuala Lumpur	Malaysian Society of Hypertension (MSH)	Chairperson	30 th Jan 2010
11.	Malaysian Society of Hypertension 9 th Scientific Conference 2012, Shangri-La Hotel, Kuala Lumpur	Malaysian Society of Hypertension (MSH)	Organising Committee Member - Scientific Chairperson	10 th – 12 th Feb 2012
12.	16 th Family Medicine Scientific Conference 2012, Avillion Legacy Hotel, Melaka	Family Medicine Specialists Association (FMSA)	Chairperson	13 – 15 July 2012
13.	Malaysian Society of Hypertension 10 th Scientific Meeting 2013, Shangri-La Hotel, Kuala Lumpur	Malaysian Society of Hypertension (MSH)	Chairperson	1 st – 3 rd Feb 2013
14.	National Heart Association of Malaysia (NHAM) Annual Scientific Meeting 2015, Le-Meridien Hotel, Kuala Lumpur	National Heart Association of Malaysia (NHAM)	Chairperson	11 th April 2015

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15.	National Symposium on Ethical Issues in Research 2016	Faculty of Medicine, UiTM in collaboration with I-PPerForM and IRMI, UiTM	Chairperson	5 th May 2016
16.	2017 International Congress on Forensic Medicine and Science	National Institute of Forensic Medicine in collaboration with I-PPerForM, UiTM	Scientific Committee Member	24 th – 25 th Oct 2017
17.	Pre-Congress Workshop: Combating Bully in Malaysian Schools and Institution of Higher Learning	National Institute of Forensic Medicine in collaboration with I-PPerForM, UiTM	Organising Chair	23 th Oct 2017
18.	OSCE Workshop for Master of Family Medicine	Department of Primary Care Medicine, Faculty of Medicine, UiTM	Organising Committee	3 rd Oct 2018
19.	OSCE Workshop for the Masters of Family Medicine Conjoint Examiners	Department of Primary Care Medicine, Faculty of Medicine, UiTM	Organising Committee	21 st – 22 nd Feb 2018
20.	National Heart Association of Malaysia (NHAM) Annual Scientific Meeting 2018, Le-Meridien Hotel, Kuala Lumpur	National Heart Association of Malaysia (NHAM)	Chairperson	14 th April 2018
21.	23 rd Family Medicine Scientific Conference 2021, Pullman Hotel, Bangsar, Kuala Lumpur	Family Medicine Specialist Association, Malaysia	Organising Committee	22 nd – 25 th September 2021
22.	International Conference on Post Covid Healthcare, Medical Research and Education 2022	The Journal of Clinical & Health Sciences (JCHS), UiTM	Scientific Committee	29 th – 31 st March 2022
23.	International Conference on Post Covid Healthcare, Medical Research and Education 2022	The Journal of Clinical & Health Sciences (JCHS), UiTM	Forum Moderator	29 th March 2022
24.	Webinar: Maximizing Publication Output and Impact	Research and Publication Committee, UiTM Council of Professors	Forum Moderator	9 th September 2022

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CLINICAL SERVICES & EXPERTISE

27. DEVELOPMENT OF CLINICAL SERVICES

No	Year	Initiative	Description
1.	2011 – 2015	Primary Care Specialist Clinic, Level 1, Clinical Building, Faculty of Medicine, Universiti Teknologi MARA, Selayang Campus	Led the planning, development and establishment of Primary Care Specialist Clinic in UiTM Selayang Campus. The clinic offers clinical services to the community and serves as a clinical training centre for the undergraduate and postgraduate students.
2.	2014 – 2015	Primary Care Specialist Clinic, Multidisciplinary Clinic 3, Level 1, Academic Building, Universiti Teknologi MARA, Sungai Buloh Campus	Led the planning, development and establishment of Primary Care Specialist Clinic in UiTM Sg Buloh Campus. The clinic offers clinical services to the community and serves as a clinical training centre for the undergraduate and postgraduate students.
2.	2014 – to date	Weight Management Clinic, Multidisciplinary Clinic 3, Level 1, Academic Building, Universiti Teknologi MARA, Sungai Buloh Campus	Contribute towards the planning and development of the multidisciplinary Weight Management Clinic. The clinic offers clinical services to the community and serves as a clinical training centre for the undergraduate and postgraduate students.

28. CONSULTATION AND CLINICAL EXPERTISE

No	Type of Service	Designation	Place	Year	Description
1.	Primary Care Specialist Clinic	Consultant Family Medicine Specialist	Faculty of Medicine, UiTM Sg. Buloh Campus	2010 – to date	Delivering chronic disease management clinics to the public suffering from long-term medical conditions
2.	The EMPOWER-SUSTAIN Clinic	Consultant Family Medicine Specialist	Faculty of Medicine, UiTM Sg. Buloh Campus	2022 – to date	Delivering specialised cardiovascular risk management clinic using the EMPOWER-SUSTAIN App

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STUDENTS & COMMUNITY SERVICES

29. SERVICES TO THE STUDENTS

No.	Date/ Year	Name of Activity/Program/Project	Role	Description
1.	25 th March 2019	Forum: Di Sebalik Gelombang Pelangi	Invited Forum Speaker	Forum Speaker on how to tackle LGBT issues among medical students and as healthcare professionals
2.	2014 – 2015	Tracing of the Faculty of Medicine Alumni Task Force, Faculty of Medicine, UiTM	Committee Member	Contributed towards development and implementation of strategies to trace the Faculty of Medicine Alumni
3.	2014 – 2015	Mentor Mentee Program for Year 5 Remedial Students, Faculty of Medicine, UiTM	Mentor	Served as a mentor to counsel and coach a student with academic difficulties
4.	3 rd November 2012	'Choose Your Specialty' Programme, organised by the Committee of Specialised Extracurricular Execution Squad (SEES), MESTA, Faculty of Medicine, UiTM	Invited Speaker	Delivered a talk entitled 'Choose Your Specialty: Becoming a Family Medicine Specialist'
5.	26 th September 2012	Ulul-Albab: The Series, organised by Medical Student Association (MESTA), Faculty of Medicine, UiTM	Invited Speaker	Delivered a talk entitled 'Soft Skills 1: Presentation Skills'
6.	2020 – to date	Faculty of Medicine, Mentor-Mentee Programme	Mentor	Mentor to Year 1, 2, 3, 4 and 5 Undergraduate Medical Students
7.	2025 – to date	Faculty of Medicine Mentorship Programme for Palestinian Student	Mentor	Providing mentorship and guidance to a Palestinian Medical Student

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30. SERVICES TO THE COMMUNITY

No	Date	Organisation/ Activity	Position	Description of Role
1.	2007 – 2008	EcoVoice - Setia Eco Park Residents Association, Shah Alam	Committee Member	Representing the residents of Setia Eco Park in highlighting issues to the management
2.	2008 – to date	Rukun Tetangga (RT) Zon 3, Kota Bharu, Kelantan	Health Advisor	Giving health advice to the RT Zone 3 members and being invited to give health talks in health programmes organised by RT Zone 3
3.	13 th Dec 2008	Kursus Bina Insan Jiran Muda, KRT Ketereh, Pantai Sri Tujoh Resort, Tumpat, Kelantan	Invited Speaker	Peranan Remaja Dalam Mencegah HIV dan AIDS
4.	2009 – 2011	Tunku Kurshiah College Old Girls Association	Committee Member	Organising charity programmes such as donations and visits to orphanage, and organising biennial dinner
5.	2010	Persatuan Komuniti Islam Setia Alam (PERSALAM)	Member	Organising and participating in community activities in Setia Alam
6.	27 th Aug 2012	NCDP 1 Malaysia Programme: Rukun Tetangga Ketereh in collaboration with Ministry of Health, Malaysia	Invited Speaker	Delivered a talk to the community - "Pencegahan dan Penjagaan Kendiri Penyakit Tidak Berjangkit (Non-Communicable Diseases)"
7.	2013	World Hypertension Day Fun Run 2013	Organising Chair	Organised a 5km Run to commemorate World Hypertension Day 2013 – raising awareness on hypertension and its related complications
8.	2014 – 2020	Surau An-Nur Setia Eco Park	Committee Member	Organising and participating in religious programme for women and children
9.	16 th May 2015	'Program Kesihatan Muslimah' organised by Persatuan Komuniti Islam Setia Alam (PERSALAM)	Organising Committee & Invited Speaker	Organised a health screening programme for women in Setia Alam and delivered a talk to raise awareness of women's health

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10.	27 th – 30 th March 2017	Health Screening & Educational Programme for the Sabah Community	Volunteer	A community service programme organised by the National Council of Professors (MPN)
11.	16 th June 2017	Health Screening & Educational Programme for the Orphans and Underprivileged Children	Volunteer	A community service programme organised by the National Council of Professors (MPN)
12.	29 th October 2017	TKCOGA Health Awareness Network Initiative – Health Forum	Invited Speaker & Organiser	Delivered a talk on 'Waze Away from Heart Disease & Stroke' Organised a health screening programme for TKCOGA members
13.	8 th – 9 th February 2018	Program Profesor Bersama Masyarakat Trengganu 2018	Volunteer	A community service programme organised by the National Council of Professors (MPN)
14.	4 th – 5 th September 2018	Health Screening Programme	Volunteer	A health screening programme for UiTM students and staff in Puncak Alam Campus organised by I-PPerForM
15.	22 nd January 2019	Kempen Guna Ubat Preskripsi Dengan Selamat	Invited Speaker	A public campaign on medication safety organised by the Department of Pharmacology, Faculty of Medicine, UiTM
16.	2019 – 2020	Tajweed Al Quran Classes for Ladies, Surau An-Nur, Setia Eco Park	Volunteer	Teaching Tajweed Al Quran to ladies around Setia Eco Park & Setia Alam areas
17.	June – Aug 2021	Covid-19 Vaccination Programme	Volunteer	Giving consultation to the general public regarding Covid-19 vaccination
18.	1 st January 2021 - 31 st March 2022	Program RISE MCKK	Volunteer	Academic Mentoring and Coaching Programme for MCKK Form 5 Students

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19.	23 rd January 2022	Program Bicara Sihat Surau Al-Ansor, Shah Alam	Invited Speaker	Penyakit 3 Serangkai di Kalangan Wanita: Merawat dan Mencegah Komplikasi
20.	5 th – 9 th Sept 2022	Festival of Ideas (FOI), MOHE 2022	Volunteer	Represented UiTM at the FOI for the general public