### **PROFESSOR DR ANIS SAFURA RAMLI**





# Professor Dr. Anis Safura Ramli, MBBS (Newcastle, UK), DFFP (UK), DRCOG (UK), CPE JCPTGP (UK), MRCGP (UK), Fellow in Chronic Disease Management (Monash, AUS)

## Consultant Family Medicine Specialist, Deputy Director & Fellow, Institute of Pathology, Laboratory and Forensic Medicine (I-PPerForM), Universiti Teknologi MARA, Malaysia

Prof. Dr. Anis Safura Ramli graduated from Newcastle University, United Kingdom in 1997. She pursued her specialist primary care training in England and subsequently obtained the Membership of the Royal College of General Practitioners, UK. She completed subspecialty training in Chronic Disease Management at Monash University, Australia and was awarded a fellowship in 2010. She was selected to represent Malaysia in the Young Physician Leaders Programme in 2011 and 2016 - a leadership training and networking program by the InterAcademy Partnership for Health.

Prof. Dr. Anis Safura Ramli successfully established the Department of Primary Care Medicine at Universiti Teknologi MARA (UiTM) and was the Head of Department from 2005 - 2015. Under her leadership, the Department has successfully put together the curriculum, teaching and clinical service infrastructure for the undergraduate and postgraduate programmes in primary care. She was awarded the Excellence Service Award by UiTM in 2006, 2011 and 2013.

Prof. Dr. Anis Safura Ramli is currently the Deputy Director and Fellow at I-PPerForM, a research Centre of Excellence (CoE) in UiTM. Her research niche area is in chronic disease management and prevention of cardiovascular risks – particularly hypertension, diabetes and metabolic syndrome. She has published numerous scientific papers in international high impact journals and has vast experience in leading research team as principal investigator of national grants. Her team has won several research and innovation awards. Her special interests also include health service research and primary care reform. She was appointed by the Ministry of Health Malaysia as an expert panel to prepare the blueprint for the restructuring of the Malaysian primary health care system in 2008 - 2012. She is an active member of her profession having served in the councils of the Academy of Family Physicians of Malaysia (AFPM), Family Medicine Specialist Association (FMSA) and the Malaysian Society of Hypertension (MSH). She has also been invited as speaker and facilitator at various national scientific conferences.

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# **PERSONAL & PROFESSIONAL PROFILE**

#### 1. PERSONAL PROFILE

Name	Anis Safura Ramli
Designation	Professor of Family Medicine, Faculty of Medicine, UiTM
	Deputy Director & Permanent Fellow, I-PPerForM, UiTM
Work Address	Institute of Pathology, Laboratory and Forensic Medicine (I-PPerForM), Level 4, Academic Building, Faculty of Medicine, Universiti Teknologi MARA, Sungai Buloh Campus, 47000 Sungai Buloh, Selangor, Malaysia
	Department of Primary Care Medicine, Level 5, Academic Building, Faculty of Medicine, Universiti Teknologi MARA, Selayang Campus, Jalan Prima Selayang 7, 68100 Batu Caves, Selangor, Malaysia
Date of Birth	27 <sup>th</sup> March 1972
Marital Status	Married
Office Telephone No.	03-61267721
Email	anis014@salam.uitm.edu.my rossanis_yuzadi@yahoo.co.uk

## 2. EDUCATION

Tunku Kurshiah College	Sijil Rendah Pelajaran: 7A1, 1A2
1985 - 1989	Sijil Pelajaran Malaysia: 7A1, 1A2, 1C3
Concord College, Shrewsbury, Shropshire, UK 1990 - 1992	A Levels: 2A, 1B

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#### 3. PROFESSIONAL QUALIFICATIONS

No.	Professional Qualification	Year Obtained	Granting Institutions
1.	Bachelor of Medicine & Bachelor of Surgery (MBBS)	1997	Newcastle University, UK
2.	Diploma of Faculty of Family Planning (DFFP)	1999	Faculty of Family Planning & Reproductive Health Care, UK
3.	Diploma of Royal College of Obstetricians & Gynaecologists (DRCOG)	2000	Royal College of Obstetricians & Gynaecologists, UK
4.	Certificate of Prescribed Experience by the Joint Committee on Postgraduate Training For General Practice (CPE JCPTGP)	2001	Joint Committee on Postgraduate Training for General Practice, UK
5.	Membership of the Royal College of General Practitioners (MRCGP)	2006	Royal College of General Practitioners, UK
6.	Consultant Family Medicine Specialist	2008	National Specialist Register, Ministry of Health & Academy of Medicine of Malaysia
7.	Fellowship in Chronic Disease Management	2010	Monash University, Melbourne, Australia

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# LEADERSHIP, STEWARDSHIP & AWARDS

#### 4. ADMINISTRATIVE POSTS

No.	Date	Position	Faculty/Department/Name of Committee	Description of Role
1.	2018 – to date	Committee Member	Specialty Committee for Academic Promotion	Giving expert opinion on promotion of academic staff
2.	2018 – to date	Committee Member	Postgraduate Committee, Faculty of Medicine, UiTM,	Giving expert opinion in postgraduate matters
3.	2018 – to date	Committee Member	Clinical Track Promotion Committee, Faculty of Medicine, UiTM	Giving expert opinion and contributing towards clinical track promotion criteria
4.	2018 – to date	Committee Member	Clinical Track Promotion Main Committee, Science & Technology Cluster, UiTM	Finalising the clinical track promotion criteria
5.	2017 – to date	Deputy Director	Institute of Pathology, Laboratory and Forensic Medicine (I-PPerForM)	Assisting the Director of I-PPerForM to enhance research activities and to achieve the key performance indicators
6.	2016 – to date	Committee Member	Conference & Training Course Committee	Giving expert opinion in decision making for Faculty members' application to attend conferences and training courses



7.	2014 – 2016	Head of Subcommittee	Subcommittee of Customer Services for Clinical Training Centre, UiTM	Led a committee to set up clients' satisfaction and complaints procedures for the Clinical Training Centre, UiTM
8.	2014 – 2016	Committee Member	Postgraduate Committee, Faculty of Medicine, UiTM	Contributed expert opinion in decision making for postgraduate programmes in UiTM
9.	2014 – 2016	Committee Member	Anti-Dengue Task Force	Contributed expert opinion in decision making towards dengue prevention and control in Faculty of Medicine UiTM Selayang and Sungai Buloh Campuses
10.	2005 – 2015	Head of Discipline	Primary Care Medicine Discipline, Faculty of Medicine, UiTM	Led the development, coordination and establishment of the Primary Medicine Discipline for 10 years – undergraduate and postgraduate curriculums and teaching programmes, infrastructure, clinical services and research.
11.	2014	Committee Member	Preparation of Postgraduate Documents for InQKA Institutional Audit Task Force	Prepared documents and collected evidence for Postgraduate programmes for InQKA Institutional Audit
12.	2014 – 2015	Committee Member	Tracing of the Faculty of Medicine Alumni Task Force	Contributed towards development and implementation of strategies to trace the Faculty of Medicine Alumni



13.	2009 – 2015	Committee Member	Medicine Technical Committee, Faculty of Medicine, UiTM	Contributed expert opinion in decision making of drug purchasing for clinical services in UiTM
14.	2005 - 2014	Coordinator of Specialist Clinic	Specialist Clinic, Faculty of Medicine, UiTM	Led the establishment and coordination of the Specialist Clinics in UiTM Sungai Buloh Campus and Selayang Campus – offering clinical services to the general public.
15.	2012	Committee Member	Medical Science Cluster Database for Primary Care Medicine – Renewal of MQA Accreditation for MBBS 220 Programme	Prepared documents and collected evidence for renewal of MQA Accreditation for MBBS 220 Programme
16.	2005-2008	Coordinator and Trainer of Simulated Patients Programme for Early Clinical Exposure (ECE)	Faculty of Medicine, UiTM	Led the recruitment and training of laymen volunteers into the Simulated Patients for ECE Programme.
17.	2005-2006	Secretariat	Curriculum Committee, Faculty of Medicine, UiTM	Prepared the minutes and agenda of meetings
18.	2005-2006	Committee Member	ISO Data Analysis Team, Faculty of Medicine, UiTM	Gathered, analysed and compiled relevant data for ISO certification.
19.	2005-2006	Committee Member - Clinical Hazards	Sub Occupational Safety & Health Committee (SOSHCo), Faculty of Medicine, UiTM	Monitored and reported clinical hazards incidence in clinical services

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#### 5. PROFESSIONAL MEMBERSHIPS

No.	Membership	Year	Role	Description
1.	Royal College of General Practitioners (RCGP), United Kingdom	2006 – to date	Member	Accepted as member after passing the MRCGP examinations
2.	Malaysian Society of Hypertension (MSH)	2008 – to date	Member	Life member
3.	Malaysian Society of Hypertension (MSH)	2009 - 2013	Council Member	Served as a council member
4.	Family Medicine Specialists Association (FMSA)	2008 – to date	Member	Member
5.	Family Medicine Specialists Association (FMSA)	2010 - 2012	Exco Member	Served as an exco member
6.	Academy of Family Physicians Malaysia (AFPM)	2008 – to date	Member	Member
7.	Academy of Family Physicians Malaysia (AFPM)	2009 - 2011	Council Member	Served as a council member
8.	International Society of Hypertension (ISH)	2010 – 2012	Member	Member

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#### 6. STEWARDSHIP IN NATIONAL GUIDELINE DEVELOPMENT & EXPERT COMMITTEES

No	Role	Institution/Agency/Professional Body	Year	Title
1.	Expert Panel & Writing Committee	Malaysian Society of Hypertension & Health Technology Assessment, Ministry of Health, Malaysia	2009/2010	Management of Hypertension – A Quick Reference Guide
2.	Expert Panel & Writing Committee	Non-Communicable Disease Section, Ministry of Health, Malaysia & Malaysian Society of Hypertension	2010	Management of Hypertension – Training Module for Health Care Providers
3.	Expert Panel & Writing Committee	The National Healthcare Statistics Initiative, Clinical Research Centre, Ministry of Health, Malaysia.	2011	The National Healthcare Establishments & Workforce Statistics 2008- 2009
4.	Expert Panel & Writing Committee	Family Health Development Division, MOH & Family Medicine Specialist Association (FMSA)	2011-2013	Screening Guideline in Primary Care
5.	Expert Panel & Technical Working Group Member	Ministry of Health Malaysia	2010-2015	Development of the Blueprint for 1CARE: Healthcare Transformation & Public-Private Partnership Programme
5.	Expert Panel, Speaker & Facilitator	Institute for Public Health and Disease Control Division, Ministry of Health Malaysia	2014-2015	Strengthening Leadership and Advocacy for the Prevention and Control of Non- communicable Diseases (LeAd- NCD) programme.
6.	Expert Panel, Speaker & Facilitator	Ministry of Health Malaysia	2015	Diabetes Policy Roundtable: Strengthening Health Systems for Diabetes Management in Malaysia

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7.	Member	Majlis Profesor Negara (MPN)	2018 – to date	Contributing expertise to the society
8.	Research Fellow	Institut Pengurusan dan Penyelidikan Fatwa Sedunia (INFAD)', USIM	2018 – to date	Contributing expertise in LGBT research and the community

## 7. ACADEMIC , RESEARCH, INNOVATION AND SERVICE AWARDS

No.	Year	Award Title	Conferring Body/Institution	Amount
1.	2007	Excellence Service Award 2006	Universiti Teknologi MARA	RM 1000
2.	2008	Best Poster Presentation Award	12th Malaysian FMS Scientific Meeting, Johor Bahru	RM300
3.	2010	International Society of Hypertension (ISH) Vancouver Award	International Society of Hypertension (ISH), Vancouver, Canada	Sponsored Trip to Vancouver ~ RM 10,000
4.	2011	3 <sup>rd</sup> Prize for Poster Presentation	15 <sup>th</sup> Malaysian Family Medicine Scientific Conference, Seremban	RM 100
5.	2011	Young Physician Leaders Award	Inter-Academy Medical Panel & World Health Summit 2011, Berlin, Germany	Travel Grant to Berlin ~ RM 10,000
6.	2012	1 <sup>st</sup> Prize for Oral Presentation – Dato' Narimah Awin Award	16 <sup>th</sup> Malaysian Family Medicine Scientific Conference, Melaka	RM 1000
7.	2012	Excellence Service Award 2011	Universiti Teknologi MARA	RM 1000
8.	2014	Excellence Service Award 2013	Universiti Teknologi MARA	RM 1000
9.	2014	2 <sup>nd</sup> Prize for Oral Presentation	Diabetes Asia 2014 Conference, Sunway Pyramid Convention Centre, Selangor	RM 1000
10.	2014	1 <sup>st</sup> Prize for Poster Presentation	Diabetes Asia 2014 Conference, Sunway Pyramid Convention Centre, Selangor	RM 1500
11.	2014	2 <sup>nd</sup> Prize for Poster Presentation	Diabetes Asia 2014 Conference, Sunway Pyramid Convention Centre, Selangor	RM 1000



12.	2016	Young Physician Leaders Reunion Award	Inter-Academy Partnership in Science, Research & Health, Geneva, Switzerland	Travel Grant to Geneva ~ RM 6,000
13.	2016	1 <sup>st</sup> Prize for Oral Presentation	19 <sup>th</sup> Family Medicine Scientific Conference 2016, Kuala Lumpur, Malaysia	RM 500
14.	2017	ITEX 2017 Silver Medal for the invention : The EMPOWER-PAR Global Cardiovascular Risks Self- Management Booklet	28th International Invention & Innovation Exhibition (ITEX) 2017, Kuala Lumpur, Malaysia	Silver Medal
15.	2017	ICCHS 2017 Gold Medal Award for the invention: The Asthma Self-Management Booklet©: An Innovative Tool to Engage and Empower Individuals with Asthma	International Conference on Clinical & Health Sciences 2017, Faculty of Medicine, UiTM Sungai Buloh Campus, Selangor	Gold Medal
16.	2017	ICCHS 2017 Gold Medal Award for the invention: The Diabetes in the Offspring Questionnaire: Malay Version (DMOQ-M) – A Novel Tool to Evaluate Perceived Diabetes Risk	International Conference on Clinical & Health Sciences 2017, Faculty of Medicine, UiTM Sungai Buloh Campus, Selangor	Gold Medal
17.	2018	IIDEX 2018 Gold Medal Award for the invention: The Asthma Self-Management Booklet©: An Innovative Tool to Engage and Empower Individuals with Asthma	Invention, Innovation & Design Exposition (IIDEX) 2018, Dewan Agong Tuanku Canselor (DATC), Universiti Teknologi MARA, Shah Alam, Selangor	Gold Medal
18.	2018	IIDEX 2018 Silver Medal Award for the invention: The Diabetes in the Offspring Questionnaire: Malay Version (DMOQ-M) – A Novel Tool to Evaluate Perceived Diabetes Risk	Invention, Innovation & Design Exposition (IIDEX) 2018, Dewan Agong Tuanku Canselor (DATC), Universiti Teknologi MARA, Shah Alam, Selangor	Silver Medal
19.	2018	Anugerah Khas 2017	Majlis Anugerah Akademik, Fakulti Perubatan, UiTM – 26 <sup>th</sup> Sept 2018	Anugerah Khas

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# CURRICULUM DEVELOPMENT, TEACHING & SUPERVISION

#### 8. STEWARDSHIP IN CURRICULUM DEVELOPMENT

No	Year	Initiative	Role	Description
1.	2005-2006	Primary Care Medicine Undergraduate Curriculum, Faculty of Medicine, Universiti Teknologi MARA.	Lead the Curriculum Development Committee & Principle Author	Lead the planning and development of Primary Care Medicine undergraduate curriculum, teaching infrastructures and facilities.
2.	2005-2006	Urban Health Undergraduate Curriculum, Faculty of Medicine, Universiti Teknologi MARA.	Co-Author & Curriculum Development Committee Member	Involved in the planning and development of Urban Health undergraduate curriculum, teaching infrastructures and facilities.
3.	2005-2006	Early Clinic Exposure (ECE) Curriculum, Faculty of Medicine, Universiti Teknologi MARA.	Co-Author & Curriculum Development Committee Member	Involved in the planning and development of Early Clinic Exposure (ECE) undergraduate curriculum, teaching infrastructures and facilities
4.	2006	PBL 8: Drug-induced Cushing's Syndrome: Problem Based Learning Module, Endocrine & Metabolism, Faculty of Medicine, Universiti Teknologi MARA.	Co-Author & Curriculum Development Committee Member	Involved in the development of PBL undergraduate curriculum.
5.	2008-2009	DFM Module 3: Chronic Disease Management. Diploma of Family Medicine (DFM), Academy of Family Physicians Malaysia.	Principle Author & DFM Faculty Member	Lead the development of Diploma of Family Medicine (DFM) postgraduate curriculum, teaching infrastructures and facilities
6.	2009-2010	MMed Family Medicine - Postgraduate Specialist Training Programme, Faculty of Medicine, Universiti Teknologi MARA.	Lead The Curriculum Development Committee & Co- Author	Lead the planning and development of the Masters of Family Medicine curriculum, teaching infrastructures and facilities.

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#### 9. UNDERGRADUATE TEACHING

No.	Year	Programme	Posting	No. of hours/days/weeks
1.	2005 – to date	Year 4 MBBS Programme	Primary Care Medicine Posting	8-week posting X 6 rotations per year
2.	2005 – 2015	I YEAR ZIMBES PROGRAMME I FARIV CIINICAL EXPOSURE		10 hours per year
3.	2008 - 2010	Pre-Med Programme	Exposure to Primary Care	10 hours per year

#### **10. CONTRIBUTION TOWARDS I-LEARN**

No.	Year	Programme	Posting	Materials Uploaded on I- Learn
1.	2005 – to date	Year 4 MBBS Programme	Primary Care Medicine Posting	<ul> <li>Student's Guide &amp; Teaching Timetable</li> <li>Lecture Notes</li> <li>Clinical Practice Guidelines</li> <li>Research &amp; Review Articles</li> </ul>

#### 11. POSTGRADUATE SUPERVISION

No.	Programme Code	Training Programme	Candidates	Title of Thesis/Type of Supervision	Year
1.	FRACGP/ MAFPM - VTP	Fellowship of the Royal Australian College of General Practitioners/ Membership of the Academy of Family Physicians Malaysia (FRACGP/MAFPM) - Vocational Training Programme	6 candidates	Clinical Supervision	2008 – 2010 (Graduated)



2.	MD 780	Masters of Science (Medicine) - Master by Research	Dr Maryam Hannah Daud (Student No. 2012265222)	A Pragmatic Cluster Randomised Controlled Trial to Evaluate the Effectiveness of the EMPOWER- PAR Intervention in Improving Primary Care Providers' Adherence to T2DM CPG and Medication Adherence in T2DM Patients	2012 – 2016 (Graduated 2016)
3.	MD 773	Masters of Medicine (Family Medicine)	Dr Siti Fatimah Badlishah Sham (Student No. 2011245574)	Adaptation, Translation and Validation of the Diabetes Mellitus in the Offspring Questionnaire (DMOQ): The Malay Version	2011 – 2016 (Graduated 2016)
4.	MD 773	Masters of Medicine (Family Medicine)	Dr Zahirah Tharek (Student No. 2011680058)	Relationships of Self Efficacy with Self-Care Behaviour, Medication Adherence and Glycaemic Control among Type 2 Diabetes Mellitus Patients in Taman Ehsan and Sungai Buloh Primary Health Care Clinics	2011 – 2016 (Graduated 2016)
5.	MD 773	Masters of Medicine (Family Medicine)	Dr Ahmad Baihaqi Azraii (Student No. 2012904027)	Familial Hypercholesterola emia in Primary Care: Knowledge, Awareness and Practice among Primary Care Doctors in Malaysia.	2013 – 2017 (Graduated 2017)



6.	MD 773	Masters of Medicine (Family Medicine)	Dr Hayatul Najaa Miptah (Student No. 2013987397)	Non-Alcoholic Fatty Liver Disease (NAFLD) – Prevalence and Associated Factors among Adult Patients Attending UiTM Primary Care Clinics	2013 – 2018 - ongoing
7.	MD 773	Masters of Medicine (Family Medicine)	Dr Sharifah Azimah Wan Ali (Student No. 2013148041)	Prevalence of Metabolic Syndrome and its Association with Symptomatic Obstructive Sleep Apnoea among Adult Patients Attending UiTM Primary Care Clinics	2013 – 2018 - ongoing
8.	MD 773	Masters of Medicine (Family Medicine)	Dr Nor Farha Basri (Student No. 2015157923)	Clinical and Thesis Supervision	2016 – 2020 - ongoing
9.	MD 773	Masters of Medicine (Family Medicine)	Dr Nurul Hidayatullaila Sahar (Student No. 2016562443)	Clinical and Thesis Supervision	2017 – 2021 - ongoing
10.	MD 773	Masters of Medicine (Family Medicine)	Dr Mohamad Abu Zar Abdul Halim (Student No. 2018686564)	Clinical and Thesis Supervision	2018 – 2022 - ongoing
11.	MD 990	PhD (Medicine)	Dr Maryam Hannah Daud (Student No. 2018800794)	Development and Evaluation of the EMPOWER- SUSTAIN Prototype Web- based Desktop and Mobile Applications to Improve Self- management Behaviours among Individuals with Metabolic Syndrome	2018 – 2022 - ongoing

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### **12. EXAMINER FOR POSTGRADUATE EXAMINATIONS**

No.	Role	Examination	Institution/Body	Year
1.	External Examiner	Part I Masters of Family Medicine Clinical Conjoint Examinations	Specialty Conjoint Board of Family Medicine	2013 – to date
2.	External Examiner	Part II Masters of Family Medicine Clinical Conjoint Examinations	Specialty Conjoint Board of Family Medicine	2014 – to date
3.	External Examiner	Part III Masters of Family Medicine Clinical Conjoint Examinations	Specialty Conjoint Board of Family Medicine	2015 – to date
4.	Dissertation Examiner	Part III Master of Family Medicine	Faculty of Medicine, UiTM	Feb 2018
5.	Dissertation Examiner	Part III Master of Family Medicine	Faculty of Medicine, UiTM	Nov 2018

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# **RESEARCH GRANTS & PUBLICATIONS**

## 13. INTERNATIONAL RESEARCH GRANTS

No.	Research Project	Source	Role	Total Funds	Year	Status
1.	The Prospective Urban Rural Epidemiology (PURE) Study	Collaboration with MOSTI and McMaster University	Co- investigator	RM 1,200,000	2006- 2022	On-going
2.	ARISTOTLE Study	Bristol-Myers Squibb Pharmaceutical Research Institute	Co- investigator	RM 1,290,768	2007- 2012	Completed
3.	Heart Outcomes Prevention Evaluation-3 (HOPE-3) Trial Study	Collaboration with the Population Health Research Institute, Hamilton Canada	Co- investigator	RM 100,000	2007- 2016	Completed

#### **14. NATIONAL RESEARCH GRANTS**

No.	Research Project	Funding Body	Role	Total Fund	Year	Status
1.	COmmunity based cardiovascular Risk factors Intervention Strategies (CORFIS) Trial Steering Committee	Major Research Grant, Ministry of Health, Malaysia	Co- investigator	RM 1,500,000	2008- 2010	Completed
2.	Empowering Patients and Primary Care Providers to Improve Chronic Disease Outcomes: The EMPOWER Participatory Action Research (EMPOWER-PAR)	ERGS, MOHE	Principal Investigator	RM 179,900	2011- 2014	Completed
3.	Relationship of Self- Efficacy with Self-Care Behaviour, Medication Adherence and Glycaemic Control among Type 2 Diabetes Mellitus Patients in Taman Ehsan and Sungai Buloh Primary Health Care Clinics	RAGS, MOHE	Co- investigator	RM 45,000	2014 - 2016	Completed

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4.	Diabetes Mellitus in the Family Questionnaire (DMFQ): Translation and validation of the Malay version	RAGS, MOHE	Co- investigator	RM 50,000	2014 - 2016	Completed
5.	Development and Evaluation of the EMPOWER-SUSTAIN Prototype Web-based Desktop and Mobile Applications to Improve Self-Management of Cardiovascular Risks among Individuals with Metabolic Syndrome	PRGS, MOHE	Principle Investigator	RM 82,000	2019 - 2020	Ongoing

### **15. UITM INTERNAL GRANTS**

No.	Research Project	Grant	Role	Total Funds	Year	Status
1.	Effect of Communication Skills Training on Medical Students' Attitude	Dana Kecemerlangan	Principal Investigator	RM13,500	2009- 2012	Completed
2.	Paediatric Dengue Life- Threatening Symptoms Recognition Amongst Carers in the Community	Dana Kecemerlangan	Co- investigator	RM10,000	2011- 2012	Completed
3.	Familial Hypercholesterolaemia in Primary Care: Knowledge, Awareness and Practice among Primary Care Doctors in Malaysia	LESTARI	Principal Investigator	RM20,000	2016- 2018	Ongoing
4.	Association between Non-Alcoholic Fatty Liver Disease (NAFLD) and the Framingham Risk Score among Adult Patients attending UiTM Primary Care Clinics	LESTARI	Co- investigator	RM20,000	2017- 2019	Ongoing
5.	Familial Hypercholestrolaemia in Malaysia: Prevalence in	MITRA	Co- investigator	RM100,000	2017- 2019	Ongoing



	Community and Premature Coronary Heart Disease, Patients Perception and Computer-based Screening and Categorisation System					
6.	Ficus Deltoidea as Therapeutic Supplement for Metabolic Syndrome and Prevention of Atherosclerosis: In Vivo Benefits and Cost Effectiveness	MITRA PERDANA	Co- investigator	RM100,000	2018 - 2020	Ongoing
7.	Evaluating the Performance of the Familial Hypercholesterolaemia Case Ascertainment Tool (FAMCAT) in Identifying Familial Hypercholesterolaemia in the Malaysian Primary Care Setting	LESTARI	Co- Investigator	RM20,000	2018 - 2020	Ongoing
8.	Cost-Effectiveness of the FAMCAT against DLCC and SB Criteria in Identifying Familial Hypercholesterolaemia in the Malaysian Primary Care Setting	BESTARI	Co- Investigator	RM30,000	2018 - 2020	Ongoing

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#### 16. FULL PAPERS IN PEER-REVIEWED INDEXED JOURNALS

No	Year	Title
1.	2019	MS Mohamed-Yassin, N Baharudin, H Hashim, <b>AS Ramli.</b> Pleuritic chest pain and fever: an unusual presentation of aortic dissection. <b>Malaysian Family Physician</b> . 2019; accepted, in press. <b>SCOPUS SCImago SJR Q3 (2017)</b>
2.	2018	HN Miptah, SF Badlishah-Sham, S Lloyd, <b>AS Ramli.</b> Septic arthritis of the knee and necrotizing fasciitis in a young immunocompetent adult: a case report. <b>Journal of Clinical &amp; Health Sciences</b> . 2018; 3(2):56-61 <b>Google Scholar</b>
3.	2018	AB Azraii, <b>AS Ramli</b> , Z Ismail, S Abdul-Razak, NA Mohd-Kasim, Norsiah Ali, GF Watts, H Nawawi. Knowledge, awareness and practice regarding Familial Hypercholesterolaemia among primary care physicians in Malaysia: the importance of professional training. <b>Atherosclerosis</b> . 2018; 277:508-516. DOI: 10.1016/j.atherosclerosis.2018.08.018 <b>ISI WoS JCR Q1 (2017)</b> , <b>SCOPUS SCImago SJR Q1 (2017)</b>
4.	2018	S Abdul-Razak, <b>AS Ramli</b> , SF Badlishah Sham, J Haniff. Validity and reliability of the Patient Assessment on Chronic Illness Care (PACIC) questionnaire: the Malay version. <b>BMC Family</b> <b>Practice</b> . 2018; 19:119. DOI: 10.1186/s12875-018-0807-5 <b>ISI WoS JCR Q2 (2017)</b> , <b>SCOPUS SCImago SJR Q1 (2017)</b>
5.	2018	Z Tharek, <b>AS Ramli</b> , DL Whitford, Z Ismail, M Mohd Zulkifli, SK Ahmad Sharoni, AA Shafie and T Jayaraman. Relationship between self-efficacy, self-care behaviour and glycaemic control among patients with type 2 diabetes mellitus in the Malaysian primary care setting. <b>BMC Family Practice</b> . 2018; 19:39. DOI: 10.1186/s12875-018-0725-6 <b>ISI WoS JCR Q2 (2017)</b> , <b>SCOPUS SCImago SJR Q1 (2017)</b>
6.	2018	SF Badlishah Sham, <b>AS Ramli</b> , MR Isa, HY Wen, DL Whitford. Adaptation, translation and validation of the Diabetes in the Offspring Questionnaire (DMOQ): The Malay version. <b>Medical Journal of Malaysia</b> . 2018; 73(1): 16-24 <b>SCOPUS SCImago SJR Q3 (2017)</b>
7.	2017	N Baharudin, MS Mohamed-Yassin, SF Badlishah-Sham, ZYM Yusof, <b>AS Ramli</b> . Validation of the Communication Skills Attitude Scale (CSAS) questionnaire in a cohort of Malaysian medical students. <b>Journal of Clinical &amp; Health Sciences.</b> 2017; 2(2): 46-53. <b>Google Scholar</b>
8.	2017	MT Osman, NM Nasir, <b>AS Ramli</b> , H Saimin, T Rahman, SA Razak, Z Ismail, HM Nawawi. Enhanced inflammation in subgroups of Metabolic Syndrome irrespective of glycaemic status. <b>Journal of Fundamental and Applied Sciences</b> . 2017; 9(6S): 331-349. DOI: http://dx.doi.org/10.4314/jfas.v9i6s.26 <b>ISI WoS Emerging Sources Citation Index</b>
9.	2017	M Dehghan, A Mente, X Zhang, S Swaminathan, W Li, V Mohan, R Iqbal, R Kumar, E Wentzel-Viljoen, A Rosengren, LI Amma, A Avezum, J Chifamba, R Diaz, R Khatib, S Lear, P Lopez-Jaramillo, X Liu, R Gupta, N Mohammadifard, N Gao, A Oguz, <b>AS Ramli</b> , P Seron, Y Sun, A Szuba, L Tsolekile, A Wielgosz, R Yusuf, AH Yusufali, KK Teo, S Rangarajan, G Dagenais, SI Bangdiwala, S Islam, SS Anand, S Yusuf, on behalf of the Prospective Urban Rural Epidemiology (PURE) study investigators*. Associations of fats and carbohydrate intake with cardiovascular disease and mortality in 18 countries from five continents (PURE): A prospective cohort study. <b>The Lancet</b> . 2017; DOI: http://dx.doi.org/10.1016/S0140- 6736(17)32252-3 <b>ISI WoS JCR Q1 (2017), Impact Factor 47.831. SCOPUS SCImago SJR Q1 (2017)</b>



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		Nawawi, J Pang, JE Park, LB Gonzalez-Santos, T-C Su, TH Truong, RD Santos, H Soran, S
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20.	2014	E Abdul Rahman, <b>AS Ramli</b> , K Yusoff. Is there a role for routine use of calcium scoring in predicting cardiovascular event in asymptomatic adults in primary care? <b>Med J Malaysia</b> . 2014; 69(1): 49-56 <b>SCOPUS SCImago SJR Q3 (2014)</b>
21.	2013	AS Ramli, AM Daher, MNK Nor-Ashikin, N Mat-Nasir, KK Ng, M Miskan, KS Ambigga, F Ariffin, MY Mazapuspavina, S Abdul-Razak, H Abdul-Hamid, F Abd-Majid, N Abu-Bakar, H Nawawi and K Yusoff. JIS Definition identified more Malaysian adults with Metabolic Syndrome compared to the NCEP-ATP III and IDF Criteria. <b>Biomed Research International</b> . 2013; DOI: 10.1155/2013/760963 <b>ISI WoS JCR Q3 (2013)</b> , <b>SCOPUS SCImago SJR Q1 (2013)</b>
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28.	2011	D Ambigga, A Suthahar, <b>AS Ramli</b> , KK Ng, AR Radziah, K Marymol. Diagnosis and management of mild cognitive impairment in the community: what is the role of primary care physician? <b>Malaysian Family Physician</b> . 2011; 6(2&3): 74-78 <b>SCOPUS SCImago SJR Q3 (2011)</b>
29.	2011	S Yusuf, S Islam, CK Chow, S Rangarajan, G Dagenais, R Diaz, R Gupta, R Kelishadi, R Iqbal, A Avezum, A Kruger, R Kutty, F Lanas, L Lisheng, L Wei, P Lopez-Jaramillo, A Oguz, O Rahman, H Swidan, K Yusoff, W Zatonski, A Rosengren, KK Teo, on behalf of the Prospective Urban Rural Epidemiology (PURE) Study Investigators. Use of secondary prevention drugs for cardiovascular disease in the community in high-income, middle-income, and low-income countries (the PURE Study): a prospective epidemiological survey. The Lancet. 2011; doi:10.1016/S0140-6736(11)61215-41. PURE Investigators and Key Staff by Country: Malaysia: K. Yusoff, HM Nawawi, TS Ismail, <b>AS Ramli</b> , R Razali, N Khan, NM Nasir, R Ahmad, T Winn, FA Majid, I Noorhassim, MJ Hasni, MT Azmi, MI Zaleha, KY Hazdi, AR Rizam, W Sazman, A Azman. ISI WoS JCR Q1 (2011), SCOPUS SCImago SJR Q1 (2011)
30.	2010	AS Ramli, M Miskan, KK Ng, D Ambigga, MN Nafiza, MY Mazapuspavina, J Sajari, R Ishak. Prescribing of antihypertensive agents in public primary care clinics – is it in accordance with current evidence? Malaysian Family Physician. 2010; 5(1):36-40 SCOPUS SCImago SJR Q2 (2010)
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34.	2008	AS Ramli, SW Taher. Managing chronic diseases in the Malaysian primary health care – a				
		need for change. Malaysian Family Physician. 2008; 3(1): 7-13				
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35.	2008	AS Ramli. Chronic disease management in primary care – a review of evidence. Medical &				
		Health Reviews. 2008;1(1): 63-80				
		Google Scholar				
36.	2008	ZY Yusof, LJ Han, PP San, AS Ramli. Evidence-based practice among a group of Malaysian				
		dental practitioners. Journal of Dental Education. 2008;72(11): 1333-1342				
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		same? Malaysian Family Physician. 2008;3(3): 158-161				
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38.	2007	ZYM Yusof, N Mohamed, Z Radzi, NA Yahya, AS Ramli, R Abdul-Kadir. The problems and				
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		University Malaya. 2007;14: 1-8				
		Google Scholar				
39.	2006	ZYM Yusof, G Netuveli, AS Ramli, A Sheiham. Is opportunistic oral cancer screening by				
		dentists feasible? An analysis of the patterns of dental attendance of a nationally				
		representative sample over 10 years. Oral Health & Preventive Dentistry. 2006; 4(3): 165-				
		171 - ISI WoS JCR Q4 (2010), SCOPUS SCImago SJR Q1 (2006)				

#### 17. CUMULATIVE CITATIONS AND H-INDEX

Please refer to the attached WoS ResearcherID, Scopus Author Profile and Google Scholar Profile

## PROFESSOR DR ANIS SAFURA RAMLI



#### 18. CURRICULUMS, MODULES, BOOKS AND NEWSLETTERS

No	Title	Authorship	Type of Article
1.	Primary Care Medicine Undergraduate Curriculum. Faculty of Medicine, Universiti Teknologi MARA, 2006.	Principal Author	Curriculum
2.	Urban Health Undergraduate Curriculum. Faculty of Medicine, Universiti Teknologi MARA, 2006.	Co-Author	Curriculum
3.	Early Clinic Exposure (ECE) Curriculum. Faculty of Medicine, Universiti Teknologi MARA, 2006.	Co-Author	Curriculum
4.	PBL 8: Drug-induced Cushing's syndrome: Problem Based Learning Module, Endocrine & Metabolism. Faculty of Medicine, Universiti Teknologi MARA, 2006.	Co-Author	Module
5.	'Have More Family Medicine Specialists' – News Straits Times, 12.2.2007	Author	Letter to Editor
6.	Primary Health Care in Malaysia: 30 years post Alma-Ata. UiTM MediPulse, Volume 2, No 1, July 2008.	Author	Review Article
7.	Soft Skills Training in Malaysia. The Network: Towards Unity for Health Newsletter, Volume 27, No 2, 2008	Author	Descriptive Article
8.	Clinical Practice Guidelines on Management of Hypertension (3 <sup>rd</sup> edition): Quick Reference for Health Care Providers. MOH, 2008	Working Committee & Contributor	CPG Quick Reference
9.	DFM Module 3: Chronic Disease Management. Diploma of Family Medicine. Academy of Family Physicians Malaysia, 2009	Principal Author	Module
10.	'Compulsory Training to Safeguard Profession' – News Straits Times, 23.2.2010	Author	Letter to Editor
11.	Coming to Terms with Cancer: Courage and Acceptance. Health Awareness Network Intitiative (HANI). MGC/TKC OGA, 2010. ISBN 978-967-10045-0-0	Co-Author	Chapter in book
12.	Masters of Family Medicine - Postgraduate Curriculum. Faculty of Medicine, Universiti Teknologi MARA, 2011.	Co-Author	Curriculum
13.	Clinical Practice Guidelines on Management of Hypertension (3 <sup>rd</sup> edition): Training Module for Health Care Providers. MOH, 1 <sup>st</sup> Revision 2011.	Working Committee, Editor & Contributor	Clinical Practice Guideline Training Module
14.	National Healthcare Establishments & Workforce Statistics 2008- 2009. The National Healthcare Statistics Initiative, Clinical Research Centre, Ministry of Health, Malaysia, 2011. ISSN 2231-7899.	Co-Author	Chapter in book
15.	Guidebook for Family Medicine Specialists. Family Medicine Specialist Association, Malaysia, 2012.	Co-Author	Chapter in book
16.	Consultation OSCE in Primary Care Medicine. UiTM Press, 2012. ISBN 978-967-363-417-0	Co-Author	Chapter in book

#### 19. ABSTRACTS IN JOURNALS Please refer to Appendix 1

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#### 20. ABSTRACTS IN CONFERENCE PROCEEDINGS Please refer to Appendix 2

## 21. INTELECTUAL PROPERTY RIGHTS

No.	Product	IPR Certificate No.	Year	Description
1.	Global Cardiovascular Risks Self-Management Booklet / Buku Pengawasan Kendiri Risiko Kardiovaskular Secara Menyeluruh	IPR Copyright, MyIPO Notification No: CRLY00005655	2016	Patient Self-Management Booklet - ERGS, MOHE, Grant Code: 600-RMI/ERGS 5/3 (28/2011) - Project Leader
2.	Diabetes Mellitus in the Offspring Questionnaire (DMOQ): The Malay Version	IPR Copyright, MyIPO Notification No: CRLY00005655	2016	Validated DMOQ (Malay version) -RAGS, MOHE, Grant Code: 600-RMI/RAGS 5/3 (78/2014) - Co- Investigator
3.	Research Dissertation: Adaptation, Translation and Validation of the Diabetes Mellitus in the Offspring Questionnaire (DMOQ): The Malay Version	IPR Copyright, MyIPO Notification No: CRLY00005651	2016	Research Dissertation - RAGS, MOHE, Grant Code: 600-RMI/RAGS 5/3 (78/2014) - Main Supervisor
4.	Thesis: A Pragmatic Cluster Randomised Controlled Trial to Evaluate the Effectiveness of the EMPOWER-PAR Intervention in Improving Primary Care Providers' Adherence to T2DM CPG and Medication Adherence in T2DM Patients	IPR Copyright, MyIPO Notification No: CRLY00005652	2016	Thesis - ERGS, MOHE, Grant Code: 600-RMI/ERGS 5/3 (28/2011) - Project Leader
5.	Research Dissertation: Relationships of Self Efficacy with Self-Care Behaviour, Medication Adherence and Glycaemic Control among Type 2 Diabetes Mellitus Patients in Taman Ehsan and Sungai Buloh Primary Health Care Clinics	IPR Copyright, MyIPO Notification No: CRLY00005654	2016	Research Dissertation - RAGS, MOHE, Grant Code: 600-RMI/RAGS 5/3 (60/2014) - Main Supervisor
6.	Asthma Self-Management Booklet / Buku Pengawasan Kendiri Asma	IPR Copyright, MyIPO Notification No: CRLY00005653	2016	Patient Self-Management Booklet



7.	MOFAST (Mock OSCE Feedback & Assessment Tool	Copyright application submitted to RIBU	2018	Innovation in postgraduate teaching
8.	Mock OSCE Module (MOSCE-M)	Copyright application submitted to RIBU	2018	Innovation in postgraduate teaching

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# **REVIEWER & PANEL EVALUATOR**

### 22. REVIEWER FOR JOURNAL ARTICLES

No.	Invitation	Journal	Year	Title of Article
1.	Reviewer	Malaysian Family Physician Journal	2008	<ol> <li>Management of Type 2 Diabetes in a primary health care clinic.</li> <li>Diabetic hypertensive control and treatment: A descriptive report from the Audit Diabetes Control and Management (ADCM) Registry.</li> </ol>
2.	Reviewer	Asia-Pacific Journal of Public Health	2008	Prevalence of hypertension and its associated factors in adult population in Yangoon Division, Myanmar.
3.	Reviewer	Online Journal of Medicine and Medical Sciences Research	2013	Knowledge of diabetes mellitus in the Urban Areas of Klang District, Selangor.
4.	Reviewer	African Journal of Alcohol, Drug Abuse and Addiction	2013	The issues, challenges and prevention strategies for Non Communicable Diseases in India.
5.	Reviewer	Malaysian Family Physician Journal	2014	Practice nurses' and allied health professionals' views and experiences of involvement in the 18 development and management of GPMPs and TCAs – a pilot study.
6.	Reviewer	British Medical Journal (BMJ) Open	2014	Malaysian public healthcare providers' expectations of family medicine specialists: results of a nationwide survey.
7.	Reviewer	British Journal of Applied Science & Technology	2014	Rejuvenating the economies of Ogbese Rural Region, Nigeria.
8.	Reviewer	Malaysian Family Physician Journal	2015	Poor blood pressure control and its associated factors among older people with hypertension: a cross sectional study in six public primary care clinics in Malaysia.

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9.	Reviewer	Patient Preference & Adherence	2015	Patient-reported outcomes in type 2 diabetes mellitus: patients and primary care physicians perspective in the Spanish healthcare system.
10.	Reviewer	PLOS ONE	2015	Barriers and facilitators to the uptake and maintenance of healthy behaviours by people at mid-life: a rapid systematic evidence review.
11.	Reviewer	BMC Palliative Care	2015	Mortality in a cohort of complex patients with chronic illnesses and multimorbidity. A descriptive longitudinal study.
12.	Reviewer	BMC Medical Research Methodology	2015	Should we embed randomized controlled trials within Action Research: arguing from a case study of telemonitoring.
13.	Reviewer	BMC Family Practice	2017	Primary care management of patients with high cardiovascular risk: An international and Hungarian longitudinal comparison of target level achievement.
14.	Reviewer	BMC Family Practice	2018	Longitudinal validation study for the Thai translated PACIC + survey.
15.	Reviewer	Malaysian Family Physician	2018	The effectiveness of a 1-day diabetes group education session for glycaemic control in T2DM

## 22. PANEL EVALUATOR & JUDGE

No.	Invitation/Appointment	Appointing Body	Year	Research Proposals
1.	Appointment as a Research Proposal Evaluator	Office of Deputy Vice Chancellor (Research and Innovation)	2013 - 2014	FRGS, ERGS and RAGS Proposals
2.	Invitation as a Guest Panel for the Research Proposal Presentation - Taif University Students Professional Attachment Programme 2014	Population Health and Preventive Medicine Discipline, Faculty of Medicine, UiTM	2014	Research Proposals



3.	Appointment as a Research Proposal Evaluator	Dean's Office, Faculty of Medicine, UiTM	2014 - 2015	FRGS, ERGS and RAGS Proposals
4.	Appointment as a Research Proposal Evaluator	Office of Deputy Vice Chancellor (Research and Innovation)	2015 - 2016	FRGS and RAGS Proposals
5.	Judge	19th Family Medicine Scientific Conference 2016	12 <sup>th</sup> Aug 2016	Judge for Poster Presentation organized by FMSA
6.	Judge	Invention, Innovation & Design Exposition (IIDEX) 2017	26 <sup>th</sup> Sept 2017	Judge for Innovation Competition organized by IRMI, UiTM
7.	Judge	Invention, Innovation & Design Competition for the International Conference on Clinical & Health Sciences (ICCHS) 2017	1 <sup>st</sup> – 2 <sup>nd</sup> Nov 2017	Judge for Innovation Competition organized by Faculty of Medicine, UiTM
8.	Judge	Table Clinics Competition, Disability We Care Conference 2017	25 <sup>th</sup> Nov 2017	Judge for Table Clinics Competition organized by Faculty of Dentistry, UiTM
9.	Panel Evaluator	Office of Deputy Vice Chancellor (Research and Innovation)	Feb - March 2018	TRGS and PRGS Proposals
10.	Panel Evaluator	Faculty of Medicine, UiTM	25th May 2018	Defence Research Proposal for Master of Family Medicine
11.	Judge for Innovation Competition	Faculty of Medicine, UiTM	25 <sup>th</sup> July 2018	2018 Innovation Competition Day, Faculty of Medicine, UiTM
12.	Judge for One Minute Pitching Competition	Faculty of Medicine, UiTM	25 <sup>th</sup> July 2018	2018 Innovation Competition Day, Faculty of Medicine, UiTM
13.	Panel Evaluator	Faculty of Medicine, UiTM	21 <sup>st</sup> Sept 2018	Defence Research Proposal for Master of Family Medicine
14.	Panellist in Health & Wellbeing Forum	Health & Wellbeing CoRE, IRMI, UiTM	23 <sup>rd</sup> Oct 2018	Forum panelist at the Health & Wellbeing Forum organized by CoRE, IRMI
15.	Facilitator for Promotion Workshop to A/Professor & Professor	Faculty of Medicine, UiTM	27 <sup>th</sup> Nov 2018	Workshop on the new promotion criteria for academic staff

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# CONFERENCES

### 23. INVITED SPEAKER AND PRESENTATION TO LEARNED SOCIETIES

No.	Invitation	Conference	Year	Title
1.	Invited Speaker	Communication Skills Course - Training the Trainers. Faculty of Medicine, Universiti Teknologi MARA		Teaching Communication Skills in Medicine - The Evidence-Based Framework
2.	Invited Speaker	Medical Health Record Course for Allied Health Professionals, Quality Hotel, Shah Alam, Faculty of Information Management, Universiti Teknologi MARA		Medical Terminology
3.	Invited Speaker	Malaysian Society of Hypertension 5 <sup>th</sup> Annual Scientific Meeting, Hilton Hotel, Kuala Lumpur 2008		Fixed Dose Combination Anti- Hypertensive Therapy should be used as first line treatment in patients with hypertension
4.	Invited Speaker	Early Clinical Exposure – Training of Trainers, Faculty of Medicine, Universiti Teknologi MARA	29 <sup>th</sup> January 2008	Teaching Communication Skills in Medicine – Current Needs, Challenges and Future Directions
5.	Invited Speaker	7 <sup>th</sup> Asian-Pacific Congress of Hypertension, Kuala Lumpur Convention Centre	21 <sup>st</sup> February 2009	Uncontrolled Hypertension
6.	Invited Speaker	The Singapore Disease Management & Primary Care Forum 2009, Suntec Convention Centre, Singapore	17 <sup>th</sup> October 2009	CORFIS: Experience and results from Malaysia's demonstration project on Chronic Disease Management
7.	Invited Speaker	Academy of Family Physicians Malaysia Annual Scientific Meeting 2010, Shangri-La Hotel, Kuala Lumpur	4 <sup>th</sup> April 2010	Chronic Disease Management in Primary Care - Current Challenges and Future Directions



8.	Oral Presentation	23 <sup>rd</sup> Scientific Meeting of the International Society of Hypertension 2010, Vancouver, Canada 2010		COmmunity-based cardiovascular Risk Factors Intervention Strategies (CORFIS) in managing hypertension: a randomised controlled trial
9.	Invited Speaker	Malaysian Society of Hypertension 8 <sup>th</sup> Scientific Meeting 2011, Shangri- La Hotel, Kuala Lumpur	14 <sup>th</sup> January 2011	Symposia I: Hands on Hypertension: How Do We Decide Whether a Patient Requires Drug Treatment?
10.	Invited Speaker	8 <sup>th</sup> IMAM Symposium, University of Manchester, United Kingdom	30 <sup>th</sup> April 2011	Primary Care in Malaysia – Current Challenges & Future Directions
11.	Invited Speaker	Research Colloquium Faculty of Medicine, UiTM, Port Dickson	28 <sup>th</sup> July 2011	Primary Care Specialist Centre
12.	Oral Presentation	Research Colloquium Faculty of Medicine, UiTM, Port Dickson	29 <sup>th</sup> July 2011	Medical Students' Attitudes Towards Communication Skills Learning: Implications for Medical Education
13.	Invited Speaker	Health Awareness Campaign, Faculty of Medicine & ILQAM, UiTM	20 <sup>th</sup> September 2011	Heart Attack & Stroke – Prevention is a Must as There is No Cure
14.	Invited Speaker	8 <sup>th</sup> Johor Scientific Meeting 2011 The Zon Regency Hotel, Johor Bahru 1Care : Seamless Management of Non-communicable Diseases	10 <sup>th</sup> October 2011	Chronic Disease Management in Primary Care: What Should Happen Under 1CARE?
15.	Invited Speaker	Malaysian Society of Hypertension 9 <sup>th</sup> Scientific Meeting 2012, Shangri- La Hotel, Kuala Lumpur	12 <sup>th</sup> February 2012	Building a Multidisciplinary CV Risks Management Team: What are the Roles of Allied Health?



16.	Invited Speaker	Malaysian Society of Hypertension 10 <sup>th</sup> Scientific Meeting 2013, Shangri- La Hotel, Kuala Lumpur	1 <sup>st</sup> February 2013	Weight Reduction: How Much?
17.	Invited Speaker	National Heart Association of Malaysia (NHAM) Annual Scientific Meeting 2013, Le-Meridien Hotel, Kuala Lumpur	12 <sup>th</sup> April 2013	Global CV Risk Screening in Primary Care: How well is it done?
18.	Plenary Speaker	8 <sup>th</sup> Sabah Public Health Colloquium & 1 <sup>st</sup> Regional Public Health Conference 2013, Kota Kinabalu, Sabah	14 <sup>th</sup> November 2013	Weight Management in Clinical Practice – How Much to Lose?
19.	Invited Speaker	Continuous Professional Development Course, UiTM Health Centre, Puncak Alam Campus	16 <sup>th</sup> April 2014	Management of Hypertensive Urgency and Emergency in Primary Care Setting
20.	Invited Speaker	WONCA Asia Pacific Regional Conference 2014, Borneo Convention Centre, Kuching, Sarawak	24 <sup>th</sup> May 2014	Transforming Chronic Disease Management in Malaysia: Empowering Primary Care Providers and Patients to Improve Chronic Disease Outcomes: The EMPOWER- Participatory Action Research
21.	Oral Presentation	entation Diabetes Asia 2014 Conference, Sunway Pyramid Convention Centre, Selangor		Effectiveness of the EMPOWER – PAR intervention in improving type 2 diabetes mellitus outcomes in primary care: a pragmatic cluster randomised controlled trial of multifaceted chronic disease management strategies



22.	Invited Speaker	Strengthening Leadership and Advocacy for the Prevention and Control of NCD in Malaysia, Primiere Hotel, Bandar Bukit Tinggi, Kelang, Selangor		Management of NCD in Primary Care
23.	Invited Speaker	Symposium on Endocrine Diseases in the Community, Faculty of Medicine, Universiti Teknologi MARA, Sungai Buloh Campus	3 <sup>rd</sup> December 2014	Interventions in improving T2DM outcomes in primary care: EMPOWER- PAR
24.	Invited Speaker	Strengthening Leadership and Advocacy for the Prevention and Control of NCD in Malaysia, Concord Hotel, Shah Alam, Selangor	12 <sup>th</sup> May 2015	Management of NCD in Primary Care
25.	Invited Speaker	FMS Field Supervisor Meeting with Universities Academic Staff, Ministry of Health, Putrajaya		Masters of Family Medicine Curriculum and Programme in UiTM
26.	Invited Speaker	Diabetes Policy Roundtable: Strengthening Health Systems for Diabetes Management in Malaysia: Exploring Policy Interventions in Secondary Care, Institute of Health Management, Ministry of Health, Bangsar, Kuala Lumpur		Overview of the Chronic Care Model: The Malaysian Experience
27.	Invited Speaker	Strengthening Leadership and Advocacy for the Prevention and Control of NCD in Malaysia, Best Western i-City Hotel, Shah Alam, Selangor	17 <sup>th</sup> August 2016	The Chronic Care Model
28.	Invited Speaker	1 <sup>st</sup> NHAM Cardiology Fellows Course, Faculty of Medicine, UiTM, Sungai Buloh Campus, Selangor		What Do We Know in 2017: How to Assess CVD Risk?
29.	Invited Speaker	20 <sup>th</sup> Family Medicine Scientific Conference 2017, Equatorial Hotel, Penang 2017		Challenges in Diabetes Management: The EMPOWER-PAR Intervention
30.	Invited Speaker	Institute for Medical Research, Ministry of Health, Kuala Lumpur, Malaysia	15 <sup>th</sup> August 2017	Experience Sharing: Keys to Winning an Innovation Awards

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31.	Invited Speaker	Recent Updates in Lipidology, One World Hotel, Kuala Lumpur		Different Faces of FH: Identifying High Risk Patients in Primary Care Setting
32.	Invited Speaker	Basic Teaching & Learning Course, Faculty of Medicine UiTM21st Novem 2017		How to Excel in an Academic Career
33.	Invited Speaker	National Heart Association of Malaysia (NHAM) Annual Scientific Meeting 2018, Le-Meridien Hotel, Kuala Lumpur		How to Approach the Young with Multiple Risk Factors?
34.	Invited Speaker	Telekom Malaysia (TM) Corporate Workforce Health Analysis Programme	20 <sup>th</sup> April 2018	Are You at Risk of Heart Attack & Stroke?
35.	Invited Speaker	Scientific Writing Workshop 1: Essentials in Research Grant Proposal Writing, I-PPerForM, UiTM	30 <sup>th</sup> July 2018	Internal Research Grants: Opportunities & Challenges
36.	Invited Speaker	Scientific Writing Workshop 2: Essentials in Manuscript Writing, I- PPerForM, UiTM		Essentials of Getting a High Impact Publication and Achieving Citattions: Why, Where & How
37.	Invited Speaker	Research Lunch Club, Faculty of Medicine, UiTM	8 <sup>th</sup> August 2018	How Successful Are You in Managing Your Grant?

#### 24. ORGANISING AND CHAIRING CONFERENCES/WORKSHOPS

No.	Conference	Organiser	Role	Date
1.	International Congress of Medicine, PICC, Putrajaya, Malaysia	Faculty of Medicine, UiTM	Organising Committee Member	11 <sup>th</sup> – 13 <sup>th</sup> Aug 2006
2.	International Congress of Medicine, PICC, Putrajaya, Malaysia	Faculty of Medicine, UiTM	Chairperson	11 <sup>th</sup> -13 <sup>th</sup> Aug 2006



3.	UiTM Postgraduate Education Fair & Exhibition, Faculty of Medicine, UiTM	Faculty of Medicine, UiTM	Organising Committee Member	12 <sup>th</sup> May 2006
4.	1st ASEAN Regional Primary Care Conference, Park Royal Hotel, Kuala Lumpur	Academy of Family Physicians Malaysia (AFPM) & Family Medicine Specialists Association (FMSA)	Chairperson	7 <sup>th</sup> -10 <sup>th</sup> Feb 2007
5.	Malaysian Society of Hypertension 5 <sup>th</sup> Annual Scientific Meeting, Hilton Hotel, Kuala Lumpur	Malaysian Society of Hypertension (MSH)	Chairperson	18 <sup>th</sup> – 20 <sup>th</sup> Jan 2008
6.	12 <sup>th</sup> Malaysian FMS Scientific Meeting, Johor Bahru	Family Medicine Specialists Association (FMSA)	Chairperson	13 <sup>th</sup> – 16 <sup>th</sup> Aug 2008
7.	7 <sup>th</sup> Asian-Pacific Congress of Hypertension, Kuala Lumpur Convention Centre	Asia-Pacific Society of Hypertension (APSH) and Malaysian Society of Hypertension (MSH)	Scientific Committee Member	19 <sup>th</sup> - 22 <sup>nd</sup> Feb 2009
8.	13 <sup>th</sup> Malaysian FMS Scientific Meeting, Awana Porto Malai, Langkawi (FMSA)		Chairperson	6 <sup>th</sup> – 9 <sup>th</sup> Aug 2009
9.	Annual Research Workshop, Faculty of Medicine, UiTM	Faculty of Medicine, UiTM	Organising Committee Member	2005 - 2009
10.	Malaysian Society of Hypertension 7 <sup>th</sup> Scientific Meeting 2010, Shangri-La Hotel, Kuala Lumpur	Malaysian Society of Hypertension (MSH)	Chairperson	30 <sup>th</sup> Jan 2010
11.	Malaysian Society of Hypertension 9 <sup>th</sup> Scientific Conference 2012, Shangri- La Hotel, Kuala Lumpur	Malaysian Society of Hypertension (MSH)	Organising Committee Member - Scientific Chairperson	10 <sup>th</sup> – 12 <sup>th</sup> Feb 2012
12.	16 <sup>th</sup> Family Medicine Scientific Conference 2012, Avillion Legacy Hotel, Melaka	Family Medicine Specialists Association (FMSA)	Chairperson	13 – 15 July 2012
13.	Malaysian Society of Hypertension 10 <sup>th</sup> Scientific Meeting 2013, Shangri-La Hotel, Kuala Lumpur	Malaysian Society of Hypertension (MSH)	Chairperson	1 <sup>st</sup> – 3 <sup>rd</sup> Feb 2013



14.	National Heart Association of Malaysia (NHAM) Annual Scientific Meeting 2015, Le- Meridien Hotel, Kuala Lumpur	National Heart Association of Malaysia (NHAM)	Chairperson	11 <sup>th</sup> April 2015
15.	National Symposium on Ethical Issues in Research 2016	Faculty of Medicine, UiTM in collaboration with I- PPerForM and IRMI, UiTM	Chairperson	5 <sup>th</sup> May 2016
16.	2017 International Congress on Forensic Medicine and Science	rensic Medicine and collaboration with L		24 <sup>th</sup> – 25 <sup>th</sup> Oct 2017
17.	Pre-Congress Workshop: Combating Bully in Malaysian Schools and Institution of Higher Learning	National Institute of Forensic Medicine in collaboration with I- PPerForM, UiTM	Organising Chair	23 <sup>th</sup> Oct 2017
18.	OSCE Workshop for Master of Family Medicine	Department of Primary Care Medicine, Faculty of Medicine, UiTM	Organising Committee	3 <sup>rd</sup> Oct 2018
19.	OSCE Workshop for the Masters of Family Medicine Conjoint Examiners	Department of Primary Care Medicine, Faculty of Medicine, UiTM	Organising Committee	21 <sup>st</sup> – 22 <sup>nd</sup> Feb 2018
20.	National Heart Association of Malaysia (NHAM) Annual Scientific Meeting 2018, Le- Meridien Hotel, Kuala Lumpur	National Heart Association of Malaysia (NHAM)	Chairperson	14 <sup>th</sup> April 2018

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# **CLINICAL SERVICES & EXPERTISE**

#### 25. DEVELOPMENT OF CLINICAL SERVICES

No	Year	Initiative	Description
1.	2011 – 2015	Primary Care Specialist Clinic, Level 1, Clinical Building, Faculty of Medicine, Universiti Teknologi MARA, Selayang Campus	Led the planning, development and establishment of Primary Care Specialist Clinic in UiTM Selayang Campus. The clinic offers clinical services to the community and serves as a clinical training centre for the undergraduate and postgraduate students.
2.	2014 – 2015	Primary Care Specialist Clinic, Multidisciplinary Clinic 3, Level 1, Academic Building, Universiti Teknologi MARA, Sungai Buloh Campus	Led the planning, development and establishment of Primary Care Specialist Clinic in UiTM Sg Buloh Campus. The clinic offers clinical services to the community and serves as a clinical training centre for the undergraduate and postgraduate students.
2.	2014 – to date	Weight Management Clinic, Multidisciplinary Clinic 3, Level 1, Academic Building, Universiti Teknologi MARA, Sungai Buloh Campus	Contribute towards the planning and development of the multidisciplinary Weight Management Clinic. The clinic offers clinical services to the community and serves as a clinical training centre for the undergraduate and postgraduate students.

#### 26. CONSULTATION AND CLINICAL EXPERTISE

No	Type of Service	Designation	Place	Year	Description
1.	Primary Care Specialist Clinic	Consultant Family Medicine Specialist	Faculty of Medicine, UiTM Selayang Campus	2010 – to date	Offering chronic disease management clinics to the public suffering from chronic medical conditions
2.	Primary Care Specialist Clinic	Consultant Family Medicine Specialist	Faculty of Medicine, UiTM Sg. Buloh Campus	2010 – to date	Offering chronic disease management clinics to the public suffering from chronic medical conditions

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# **STUDENTS & COMMUNITY SERVICES**

#### 27. SERVICES TO THE STUDENTS

No.	Date/ Year	Name of Activity/Program/Project	Role	Description
1.	2014 - 2015	Tracing of the Faculty of Medicine Alumni Task Force, Faculty of Medicine, UiTM	Committee Member	Contributed towards development and implementation of strategies to trace the Faculty of Medicine Alumni
2.	2014 - 2015	Mentor Mentee Program for Year 5 Remedial Students, Faculty of Medicine, UiTM	Mentor	Served as a mentor to counsel and coach a student with academic difficulties
3.	3.11.2012	Choose Your Specialty' Programme, organised by the Committee of Specialised Extracurricular Execution Squad (SEES), MESTA, Faculty of Medicine, UiTM	Invited Speaker	Delivered a talk entitled 'Choose Your Specialty: Becoming a Family Medicine Specialist'
4.	26.9.2012	Ulul-Albab: The Series, organised by Medical Student Association (MESTA), Faculty of Medicine, UiTM	Invited Speaker	Delivered a talk entitled 'Soft Skills 1: Presentation Skills'

#### 28. SERVICES TO THE COMMUNITY

No	Date	Organisation/ Activity	Position	Description of Role
1.	2007 - 2008	EcoVoice - Setia Eco Park Residents Association, Shah Alam	Committee Member	Representing the residents of Setia Eco Park in highlighting issues to the management
2.	2008 – to date	Rukun Tetangga (RT) Zon 3, Kota Bharu, Kelantan	Health Advisor	Giving health advice to the RT Zone 3 members and being invited to give health talks in health programmes organised by RT Zone 3



3.	13 <sup>th</sup> Dec 2008	Kursus Bina Insan Jiran Muda, KRT Ketereh, Pantai Sri Tujoh Resort, Tumpat, Kelantan	Invited Speaker	Peranan Remaja Dalam Mencegah HIV dan AIDS
4.	2009 - 2011	Tunku Kurshiah College Old Girls Association	Committee Member	Organising charity programmes such as donations and visits to orphanage, and organising biennial dinner
5.	2010	Persatuan Komuniti Islam Setia Alam (PERSALAM)	Member	Organising and participating in community activities in Setia Alam
6.	27 <sup>th</sup> Aug 2012	NCDP 1 Malaysia Programme: Rukun Tetangga Ketereh in collaboration with Ministry of Health, Malaysia	Invited Speaker	Delivered a talk to the community - "Pencegahan dan Penjagaan Kendiri Penyakit Tidak Berjangkit (Non-Communicable Diseases)"
7.	2013	World Hypertension Day Fun Run 2013	Organising Chair	Organised a 5km Run to commemorate World Hypertension Day 2013 – raising awareness on hypertension and its related complications
8.	2014 – to date	Surau An-Nur Setia Eco Park	Committee Member	Organising and participating in religious programme for women and children
9.	16 <sup>th</sup> May 2015	'Program Kesihatan Muslimah' organised by Persatuan Komuniti Islam Setia Alam (PERSALAM)	Organising Committee & Invited Speaker	Organised a health screening programme for women in Setia Alam and delivered a talk to raise awareness of women's health
10.	27 <sup>th</sup> – 30 <sup>th</sup> March 2017	Health Screening & Educational Programme for the Sabah Community	Volunteer	A community service programme organised by the National Council of Professors (MPN)
11.	16 <sup>th</sup> June 2017	Health Screening & Educational Programme for the Orphans and Underprivileged Children	Volunteer	A community service programme organised by the National Council of Professors (MPN)
12.	29 <sup>th</sup> October 2017	TKCOGA Health Awareness Network Initiative – Health Forum	Invited Speaker & Organiser	Delivered a talk on 'Waze Away from Heart Disease & Stroke' Organised a health screening programme for TKCOGA members



13.	8th – 9th February 2018	Program Profesor Bersama Masyarakat Trengganu 2018	Volunteer	A community service programme organised by the National Council of Professors (MPN)
14.	4 <sup>th</sup> – 5 <sup>th</sup> September 2018	Health Screening Programme	Volunteer	A health screening programme for UiTM students and staff in Puncak Alam Campus organised by I- PPerForM